

OCTOBER 2025

LEVEL 1- HOUSE 3 MSU



LIBRARY SERVICES
AVAILABLE

CALENDARS CAN BE TRANSLATED IN OTHER LANGUAGE

SUNDAY MONDAY

10NDAY TUESDAY



WEDNESDAY

9:30 AM LIFESTYLE
HUDDLE MEETING
10:15 AM RELAXATION
MUSIC
11:00 AM ZUMBA GOLD
1:30 PM EMBARACING
SENCSES
3:00 PM MEMORY BOX
4:00 PM 1-1 ROOM VISITS

THURSDAY

9:30 AM WELCOME TO THE DAY
10:30 AM REMINISCING MUSIC
10:30 AM CATHOLIC
COMMUNION
(1-1 ROOM VISITS)
1:00 PM PUPPETS ALIVE
1:30 PM AUGUSTINE'S SENSORY
ART THERAPY SESSIONS
3:00 PM OCTABAND BALL
THERAPY
4:00 PM 1-1 ROOM VISITS

CATHOLIC MASS

FRIDAY

SATURDAY

ANGLICAN MASS

9:30 AM WELCOME TO THE DAY
10:30 AM IN CHAIR EXERCISES
10:30 AM ANGLICAN MASS
(CINEMA)
11:00 AM MUSIC THERAPY
WITH MOVEMENT
1:30 PM THERAPEUTIC MUSIC
THERAPY
3:00 PM HAPPY HOUR
4:00 PM 1-1 ROOM VISITS

10

17

9:30 AM MORNING TV SHOWS 10:30 AM MEMORY LANE MUSIC

11:00 AM IN CHAIR EXERCISES
(VIA YOUTUBE)

12:00 PM LUNCH FINE DINING
MUSIC EXPERIENCE

1:30 PM FLOOR /BALLOON GAMES WITH GIA (L2)

2:30 PM WALKING GROUPS 3:00 PM CREATIVE ARTS WITH GIA (L4)

5:00 PM DINNER FINE DINING
MUSIC EXPERIENCE

6 :00 PM SATURDAY NIGHT AT THE MOVIES NETFLIX AVAILABLE ALL DAY

SHARE & CARE CASPA CARE CONCERT

9:30 AM LIVESTREAM CHURCH MASS
(BY REQUEST)

10:00 AM MORNING CHAT GROUP
12:00 PM LUNCH FINE DINING
MUSIC EXPERIENCE
1:30 PM REMINISCING MUSIC
2:00 PM SHARE & CARE
CASPA CARE CONCERT (L3)
3:30 PM PAMPERING
5:00 PM DINNER FINE DINING
MUSIC EXPERIENCE
6:00 PM SUNDAY NIGHT AT THE
MOVIES

9:30 AM WELCOME TO THE
DAY
9:45 AM MEMORY LANE
MUSIC (VIA YOUTUBE)
11:00 AM BALLOON & BALL
GAMES
1:30 PM VIOLETTA AND
ANETTE
SINGALONGS
3:00 PM PAMPERING OR
WALKING GROUPS
4:00 PM 1-1 ROOM VISITS

13

9:30 AM WELCOME TO THE
DAY
9:45 AM MUSICAL
MELODIES
(VIA YOUTUBE)
11:00 AM RECEPTIVE
MUSIC
THERAPY
1:30 PM MASTERCHEF
(MANGO SAGO)
3:00 PM DOCUMENTARY

9:30 AM WELCOME TO THE
DAY
10:15 AM MUSIC
MELODIES
11:00 AM ZUMBA GOLD
1:30 PM OCTABAND BALL
THERAPY
3:00 PM DOCUMENTARY
4:00 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE DAY
10:30 AM MUSICAL
INSTRUMENTS
10:30 AM CATHOLIC MASS
(CINEMA)
1:30 PM AUGUSTINE'S
SENSORY
ART THERAPY SESSIONS
3:00 PM MATCHING CARD
GAMES
4:00 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE
DAY
10:30 AM IN CHAIR
EXERCISES
11:00 AM MUSIC THERAPY
WITH MOVEMENT
1:30 PM THERAPEUTIC
MUSIC THERAPY
3:00 PM HAPPY HOUR
4:00 PM 1-1 ROOM VISITS

9:30 AM MORNING TV SHOWS 10:30 AM MEMORY LANE MUSIC 11:00 AM IN CHAIR EXERCISES

1:00 AM IN CHAIR EXERCISES
(VIA YOUTUBE)

12:00 PM LUNCH FINE DINING
MUSIC EXPERIENCE

MUSIC EXPERIENCE

1:30 PM MUSIC & INSTRUMENTS

GAMES WITH GIA (L 1)

2:30 PM WALKING GROUPS
3:00 PM FLOOR OR BALL GAMES

3:00 PM FLOOR OR BALL GAME WITH GIA (L 3)

5:00 PM DINNER FINE DINING
MUSIC EXPERIENCE

MUSIC EXPERIENCE
6:00 PM SATURDAY NIGHT
AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

12
9:30 AM LIVESTREAM CHURCH MASS
(BY REQUEST)
10:00 AM MORNING CHAT GROUP

NETFLIX AVAILABLE ALL DAY

12:00 PM LUNCH FINE DINING

MUSIC EXPERIENCE

1:30 PM REMINISCING MUSIC

3:30 PM PAMPERING

5 :00 PM DINNER FINE DINING MUSIC EXPERIENCE

6 :00 PM SUNDAY NIGHT AT THE

MOVIES

NETFLIX AVAILABLE ALL DAY

MUSIC (VIA YOUTUBE)
11:00 AM BALLOON & BALL
GAMES
1:30 PM VIOLETTA AND ANETTE
SINGALONGS
3:00 PM STORY TIME
AND ARTIST EXPRESSION
4:00 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE DAY

9:45 AM MEMORY LANE

9:30 AM WELCOME TO THE DAY 9:45 AM MUSICAL

ON ANIMALS

4:00 PM 1-1 ROOM VISITS

MELODIES
(VIA YOUTUBE)
11:00 AM RECEPTIVE
MUSIC THERAPY

1:30 PM MASTERCHEF (ANZAC COOKIES) 3:00 PM ARMCHAIR TRAVEL

RON IN CONCERT

9:30 AM LIFESTYLE HUDDLE
MEETING
10:15 AM MUSIC RELAXATION
11:00 AM ZUMBA GOLD
1:30 PM ENCOUNTER PUPPETS
1:30 PM RON IN CONCERT
(H1 & 2)
3:00 PM TABLE GAMES

4:00 PM 1-1 ROOM VISITS

10:30 AM SINGALONG
SESSION
10:30 AM CATHOLIC
COMMUNION
(1-1 ROOM VISITS)
1:30 PM AUGUSTINE'S
SENSORY
ART THERAPY SESSIONS
3:00 PM OCTABAND BALL
THERAPY
4:00 PM 1-1 ROOM VISITS

16 9:30 AM WELCOME TO THE DAY

9:30 AM WELCOME TO THE
DAY
10:30 AM IN CHAIR EXERCISES
11:00 AM MUSIC THERAPY
WITH MOVEMENT
1:30 PM THERAPEUTIC MUSIC
THERAPY
3:00 PM HAPPY HOUR
4:00 PM 1-1 ROOM VISITS

9.30 AM MORNING TV SHOWS
10:30 AM MEMORY LANE
MUSIC
11:00 AM IN CHAIR EXERCISES
(VIA YOUTUBE)
12:00 PM LUNCH FINE DINING
MUSIC EXPERIENCE
1:30 PM CREATIVE ARTS
GAMES WITH GIA (L2)
2:30 PM WALKING GROUPS

3:00 PM BONUS TRIVIA
WITH GIA (L4)
5:00 PM DINNER FINE DINING
MUSIC EXPERIENCE
6:00 PM SATURDAY NIGHT
AT THE MOVIES

NETFLIX AVAILABLE ALL DAY



OCTOBER 2025

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LIBRARY SERVICES
AVAILABLE

CALENDARS CAN BE TRANSLATED IN OTHER LANGUAGE

SUNDAY

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KIDKO PERFORMING

9:30 AM LIVESTREAM CHURCH MASS
(8Y REQUEST)

10:00 AM MORNING CHAT GROUP
12:00 PM LUNCH FINE DINING
MUSIC EXPERIENCE
1:30 PM REMINISCING MUSIC
2:00 PM KIDKO PERFORMING OF
ARTS MUSICAL (L1)
3:30 PM PAMPERING
5:00 PM DINNER FINE DINING
MUSIC EXPERIENCE

6:00 PM SUNDAY NIGHT AT THE

MOVIES

NETFLIX AVAILABLE ALL DAX

MONDAY

20

9:30 AM WELCOME TO THE
DAY
9:45 AM MEMORY LANE
MUSIC (VIA YOUTUBE)
11:00 AM BALLOON & BALL
GAMES
1:30 PM VIOLETTA AND
ANETTE
SINGALONGS
3:00 PM PAMPERING OR
WALKING GROUPS
4:00 PM 1-1 ROOM VISITS

TUESDAY

9:30 AM WELCOME TO THE
DAY
9:45 AM MUSICAL
MELODIES
(VIA YOUTUBE)
11:00 AM RECEPTIVE MUSIC
THERAPY
1:30 PM MASTERCHEF
(TIRAMISU)
3:00 PM DOCUMENTARY
ON NATURE AND WILDLIFE
4:00 PM 1-1 ROOM VISITS

28

WEDNESDAY

9:30 AM WELCOME TO THE
DAY
10:15 AM MUSICAL
RELAXATION
11:00 AM ZUMBA GOLD
1:30 PM SINGALONGS
WITH LYRICS
3:00 PM TABLE GAMES
4:00 PM 1-1 ROOM VISITS

29

THURSDAY

9:30 AM WELCOME TO THE
DAY

10:30 AM REMINISCING
MUSIC

10:30 AM CATHOLIC
COMMUNION
(1-1 ROOM VISITS)

1:30 PM AUGUSTINE'S
SENSORY
ART THERAPY SESSIONS
3:00 PM BALLOON OR
BALL GAMES
4:00 PM 1-1 ROOM VISITS

FRIDAY

9:30 AM WELCOME TO
THE DAY
10:30 AM IN CHAIR
EXERCISES
11:00 AM MUSIC THERAPY
WITH MOVEMENT
1:30 PM THERAPEUTIC
MUSIC THERAPY
3:00 PM HAPPY HOUR
4:00 PM 1-1 ROOM
VISITS

SATURDAY

9:30 AM MORNING TV SHOWS 10:30 AM MEMORY LANE MUSIC 11:00 AM IN CHAIR EXERCISES (VIA YOUTUBE) 12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE 1:30 PM FLOOR OR BALLOON GAMES WITH GIA (L1) 2:30 PM WALKING GROUPS 3:00 PM BONUS TRIVIA WITH GIA (L3) 5:00 PM DINNER FINE DINING MUSIC EXPERIENCE 6:00 PM SATURDAY NIGHT AT THE MOVIES NETFLIX AVAILABLE ALL DAY

2

9:30 AM LIVESTREAM CHURCH MASS
(BY REQUEST)

10:00 AM MORNING CHAT GROUP
12:00 PM LUNCH FINE DINING
MUSIC EXPERIENCE
1:30 PM REMINISCING MUSIC
3:30 PM PAMPERING
5:00 PM DINNER FINE DINING
MUSIC EXPERIENCE
6:00 PM SUNDAY NIGHT AT THE
MOVIES
NETFLIX AVAILABLE ALL DAY

9:30 AM WELCOME TO THE
DAY
9:45 AM MEMORY LANE
MUSIC (VIA YOUTUBE)
11:00 AM BALLOON & BALL
GAMES
1:30 PM VIOLETTA AND
ANETTE
SINGALONGS
3:00 PM STORY TIME
AND ARTIST EXPRESSION

4:00 PM 1-1 ROOM VISITS

DAY
9:45 AM MUSICAL
MELODIES
(VIA YOUTUBE)
11:00 AM RECEPTIVE
MUSIC THERAPY
1:30 PM MASTERCHEF
(GREEK YOGURT FRUIT
SALAD BOWL)
3:00 PM ARMCHAIR
TRAVEL
4:00 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE

9:30 AM LIFESTYLE HUDDLE

MEETING

10:15 AM RELAXATION

MUSIC

11:00 AM ZUMBA GOLD

1:30 PM SINGALONGS WITH

LYRICS

3:00 PM TABLE GAMES

4:00 PM 1-1 ROOM VISITS

9:30 AM WELCOME TO THE
DAY
10:30 AM REMINISCING
MUSIC
10:30 AM CATHOLIC
COMMUNION
(1-1 ROOM VISITS)
1:30 PM AUGUSTINE'S
SENSORY
ART THERAPY SESSIONS
3:00 PM MATCHING CARD
GAMES
4:00 PM 1-1 ROOM VISITS

HALLOWEEN

31

9:30 AM WELCOME TO THE
DAY
10:30 AM IN CHAIR
EXERCISES
11:00 AM MUSIC THERAPY
WITH MOVEMENT
1:30 PM THERAPEUTIC
MUSIC THERAPY
3:00 PM HALLOWEEN
HAPPY HOUR
4:00 PM 1-1 ROOM VISITS





