

OCTOBER 2025

LEVEL 2- HOUSE 4, 5 & 6

***SUBJECT TO CHANGE**



**LIBRARY SERVICES
AVAILABLE**

CALENDARS CAN BE TRANSLATED IN OTHER LANGUAGE

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



5
**SHARE & CARE
CASPA CARE CONCERT**
9:30 AM LIVESTREAM CHURCH MASS
BY REQUEST
10:00 AM COFFEE AND CHAT
11:00 AM PAMPERING
12:00 PM LUNCH FINE DINING
MUSIC EXPERIENCE
1:30 PM TABLE OR FLOOR
GAMES
2:00 PM SHARE & CARE CASPA CARE
CONCERT (L3)
3:30 PM WALKING GROUPS
5:00 PM DINNER FINE MUSIC
EXPERIENCE
6:00 PM SUNDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

6
LADIES GROUP
9:30 AM WELCOME TO THE DAY
10:15 AM NEWS AND VIEWS
WITH QUIZZES
11:15 AM IN CHAIR EXERCISES
WITH MUSIC
11:00 AM BRIDGING THE JOURNEY
CHAT GROUP (LM)
1:30 PM MEDITATION
(CINEMA)
1:30 PM CREATIVE ARTS
3:00 PM LADIES GROUP
4:00 PM 1-1 ROOM VISITS

7
9:30 AM WELCOME TO THE
DAY
10:00 AM GESSY'S PHYSIO
EXERCISES
10:30 AM NEWS AND VIEWS
WITH QUIZZES
11:00 AM MUSIC
APPRECIATION
1:30 PM MASTERCHEF
2:45 PM YOGA (L1)
3:15 PM FLOOR GAMES
4:00 PM 1-1 ROOM VISITS

8
OYSTER BAR
9:30 AM WELCOME TO THE DAY
10:15 AM ZUMBA GOLD
11:00 AM CHOIR
1:30 PM COMMUNITY VISITORS
1:30 PM AUGUSTINE'S ART THERAPY
(LM)
1:30 PM TOMMY'S SINGALONGS
WITH HIGH TEA (L1)
2:30 PM BINGO
3:30 PM COMMUNITY / INDOOR
OUTDOOR WALKING
4:00 PM OYSTER BAR
(BOARDROOM)
4:00 PM 1-1 ROOM VISITS

9
CATHOLIC MASS
9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'S PHYSIO
EXERCISES
10:30 AM CATHOLIC MASS
(CINEMA)
10:30 AM NEWS AND VIEWS
WITH QUIZZES
11:00 AM SINGALONGS
11:00 AM CHOIR (L3)
1:30 PM MEN'S GROUP
(CINEMA)
1:30 PM PAMPERING AND MAKEOVERS
3:00 PM KNITTING GROUP
4:00 PM 1-1 ROOM VISITS

10
FIRE DEBRIEFING
9:30 AM WELCOME TO THE
DAY
10:00 AM NEWS AND VIEWS
WITH QUIZZES
11:45 AM FIRE DEBRIEFING
11:00 AM SINGALONGS
2:00 PM ZUMBA GOLD
3:00 PM HAPPY HOUR
3:15 PM LOCHLAN'S FRIDAY
FIESTA
(L4)
4:00 PM 1-1 ROOM VISITS

11
9:30 AM MORNING TV SHOWS
10:30 AM REMINISCING MUSIC
(VIA YOUTUBE)
12:30 AM MORNING TV SHOWS
10:30 AM REMINISCING MUSIC
11:15 AM IN CHAIR EXERCISES
(VIA YOUTUBE)
12:00 PM LUNCH FINE DINING
MUSIC EXPERIENCE
1:30 PM MUSIC AND
INSTRUMENTS WITH GIA (L1)
3:00 PM FLOOR GAMES
WITH GIA L4)
3:00 PM MOVIE MATINEE
5:00 PM DINNER FINE DINING
MUSIC EXPERIENCE
6:00 PM SATURDAY AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

12
9:30 AM LIVESTREAM CHURCH MASS
BY REQUEST
10:00 AM COFFEE AND CHAT
11:00 AM PAMPERING
12:00 PM LUNCH FINE DINING
MUSIC EXPERIENCE
1:30 PM TABLE OR FLOOR
GAMES
3:30 PM WALKING GROUPS
5:00 PM DINNER FINE MUSIC
EXPERIENCE
6:00 PM SUNDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

13
OMEGA VIOLINIST
9:30 AM WELCOME TO THE DAY
10:15 AM NEWS AND VIEWS
WITH QUIZZES
11:15 AM IN CHAIR EXERCISES
WITH MUSIC
11:00 AM SHOPPING TROLLEY
CHAT GROUP (LM)
1:30 PM MEDITATION
(CINEMA)
2:00 PM OMEGA VIOLINIST
3:00 PM GARDENING
4:00 PM 1-1 ROOM VISITS

14
9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'S PHYSIO
EXERCISES
10:30 AM NEWS AND VIEWS
WITH QUIZZES
11:00 AM MUSIC APPRECIATION
1:30 PM RACHEL'S BUS TRIP
(RICKETTS POINT)
1:30 PM MASTERCHEF
2:45 PM YOGA (L1)
3:15 PM FLOOR GAMES
4:00 PM 1-1 ROOM VISITS

15
RON IN CONCERT
9:30 AM LIFESTYLE HUDDLE MEETING
10:15 AM ZUMBA GOLD
11:00 AM CHOIR
12:00 PM LOCHLAN'S
EMERALD HILL LUNCHEON
1:30 PM RON IN CONCERT (L1)
1:30 PM COMMUNITY VISITORS
1:30 PM AUGUSTINE'S ART THERAPY
(LM)
2:30 PM BINGO
3:15 PM MUSIC & INSTRUMENTS
3:15 PM COMMUNITY / INDOOR
OUTDOOR WALKING
4:00 PM 1-1 ROOM VISITS

16
9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'S PHYSIO
EXERCISES
10:30 AM CATHOLIC COMMUNION
(1-1 ROOM VISITS)
10:30 AM NEWS AND VIEWS
WITH QUIZZES
11:00 AM SINGALONGS
11:00 AM CHOIR (L3)
1:30 PM MEN'S GROUP
(CINEMA)
1:30 PM PAMPERING AND MAKEOVERS
3:00 PM KNITTING GROUP
4:00 PM 1-1 ROOM VISITS

17
9:30 AM WELCOME TO THE
DAY
10:00 AM NEWS AND VIEWS
WITH QUIZZES
11:00 AM SINGALONGS
2:00 PM ZUMBA GOLD
3:00 PM HAPPY HOUR
3:15 PM LOCHLAN'S FRIDAY
FIESTA (L4)
4:00 PM 1-1 ROOM VISITS

18
9:30 AM MORNING TV SHOWS
10:30 AM REMINISCING MUSIC
11:15 AM IN CHAIR EXERCISES
(VIA YOUTUBE)
12:30 AM MORNING TV SHOWS
10:30 AM REMINISCING MUSIC
11:15 AM IN CHAIR EXERCISES
(VIA YOUTUBE)
12:00 PM LUNCH FINE DINING
MUSIC EXPERIENCE
1:30 PM CREATIVE ARTS WITH GIA
3:00 PM BONUS TRIVIA (L4)
3:00 PM MOVIE MATINEE
5:00 PM DINNER FINE DINING
MUSIC EXPERIENCE
6:00 PM SATURDAY AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

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SUNDAY

19

9:30 AM LIVESTREAM CHURCH MASS
BY REQUEST
10:00 AM COFFEE AND CHAT
11:00 AM PAMPERING
12:00 PM LUNCH FINE DINING
MUSIC EXPERIENCE
1:30 PM TABLE OR FLOOR
GAMES
3:30 PM WALKING GROUPS
5:00 PM DINNER FINE MUSIC
EXPERIENCE
6:00 PM SUNDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

MONDAY

20

EMERALD HILL
AFTERNOON TEA
9:30 AM WELCOME TO THE DAY
10:15 AM NEWS AND VIEWS
WITH QUIZZES
11:15 AM IN CHAIR EXERCISES
WITH MUSIC
11:00 AM BRIDGING THE JOURNEY
CHAT GROUP (LM)
1:30 PM MEDITATION
(CINEMA)
1:30 PM EMERALD HILL
AFTERNOON TEA
(BOARDROOM)
3:15 PM BONUS TRIVA
4:00 PM 1-1 ROOM VISITS

TUESDAY

21

PET THERAPY
DIWALI DAY
CELEBRATIONS
9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'S PHYSIO
EXERCISES
10:30 AM PET THERAPY
10:30 AM NEWS AND VIEWS
WITH QUIZZES
11:00 AM MUSIC APPRECIATION
1:30 PM DIWALI DAY
POWERPOINT AND CELEBRATIONS
(L3)
1:30 PM MASTERCHEF
2:45 PM YOGA (L1)
3:15 PM FLOOR GAMES
4:00 PM 1-1 ROOM VISITS

WEDNESDAY

22

OYSTER BAR
GARDENING
9:30 AM WELCOME TO THE DAY
10:15 AM ZUMBA GOLD
11:00 AM CHOIR
1:30 PM COMMUNITY VISITORS
1:30 PM AUGUSTINE'S ART THERAPY
(LM)
2:00 PM BINGO
3:00 PM GARDENING (L3)
3:15 PM COMMUNITY / INDOOR
OUTDOOR WALKING
4:00 PM OYSTER BAR
(BOARDROOM)
4:00 PM 1-1 ROOM VISITS

THURSDAY

23

LIFESTYLE FOCUS GROUP
9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'S PHYSIO
EXERCISES
10:30 AM CATHOLIC COMMUNION
(1-1 ROOM VISITS)
10:30 AM NEWS AND VIEWS
WITH QUIZZES
11:00 AM SINGALONGS
11:00 AM CHOIR (L3)
1:00 PM LIFESTYLE FOCUS GROUP
1:30 PM MEN'S GROUP
(CINEMA)
1:30 PM PAMPERING AND MAKEOVERS
3:00 PM KNITTING GROUP
4:00 PM 1-1 ROOM VISITS

FRIDAY

24

9:30 AM WELCOME TO THE
DAY
10:00 AM NEWS AND
VIEWS WITH QUIZZES
11:00 AM SINGALONGS
2:00 PM ZUMBA GOLD
3:00 HAPPY HOUR
3:15 PM LOCHLAN'S
FRIDAY FIESTA (L4)
4:00 PM 1-1 ROOM VISITS

SATURDAY

25

9:30 AM MORNING TV SHOWS
10:30 AM REMINISCING MUSIC
11:15 AM IN CHAIR EXERCISES
(VIA YOUTUBE)
12:30 AM MORNING TV SHOWS
10:30 AM REMINISCING MUSIC
11:15 AM IN CHAIR EXERCISES
(VIA YOUTUBE)
12:00 PM LUNCH FINE DINING
MUSIC EXPERIENCE
1:30 PM FLOOR AND BALLOON GAMES
WITH GIA (L1)
3:00 PM BONUS TRIVA
WITH GIA L3)
3:00 PM MOVIE MATINEE
5:00 PM DINNER FINE DINING
MUSIC EXPERIENCE
6:00 PM SATURDAY AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

26

KIDKO PERFORMING ARTS
MUSICAL
9:30 AM LIVESTREAM CHURCH MASS
BY REQUEST
10:00 AM COFFEE AND CHAT
11:00 AM PAMPERING
12:00 PM LUNCH FINE DINING
MUSIC EXPERIENCE
1:30 PM TABLE OR FLOOR
GAMES
2:00 PM KIDKO MUSICAL
CONCERT (L1)
3:30 PM WALKING GROUPS
5:00 PM DINNER FINE MUSIC
EXPERIENCE
6:00 PM SUNDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

27

LOCHLAN'S JAPANESE
EXPERIENCE
LADIES GROUP
9:30 AM WELCOME TO THE DAY
10:15 AM NEWS AND VIEWS
WITH QUIZZES
11:15 AM IN CHAIR EXERCISES
WITH MUSIC
11:00 AM BRIDGING THE JOURNEY
CHAT GROUP (LM)
1:30 PM MEDITATION
(CINEMA)
1:30 PM CREATIVE ARTS
3:00 PM LADIES GROUP
3:00 PM LOCHLAN'S JAPANESE
EXPERIENCE
4:00 PM 1-1 ROOM VISITS

28

FOOD FOCUS GROUP
9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'S PHYSIO
EXERCISES
10:30 AM NEWS AND VIEWS
WITH QUIZZES
11:00 AM MUSIC APPRECIATION
1:00 PM FOOD FOCUS GROUP
1:30 PM RACHEL'S BUS TRIP
(ROSSTOWN HOTEL)
1:30 PM MASTERCHEF
2:45 PM YOGA (L1)
3:15 PM FLOOR GAMES
4:00 PM 1-1 ROOM VISITS

29

9:30 AM LIFESTYLE HUDDLE
MEETING
10:15 AM ZUMBA GOLD
11:00 AM CHOIR
1:30 PM COMMUNITY VISITORS
1:30 PM AUGUSTINE'S ART THERAPY
(LM)
1:30 PM LOCHLAN'S BUS TRIP
(PICNIC)
2:00 PM BINGO
3:15 PM COMMUNITY / INDOOR
OUTDOOR WALKING
4:00 PM 1-1 ROOM VISITS

30

9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'S PHYSIO
EXERCISES
10:30 AM CATHOLIC COMMUNION
(1-1 ROOM VISITS)
10:30 AM NEWS AND VIEWS
WITH QUIZZES
11:00 AM SINGALONGS
11:00 AM CHOIR (L3)
1:30 PM MEN'S GROUP
(CINEMA)
1:30 PM PAMPERING AND MAKEOVERS
3:00 PM KNITTING GROUP
4:00 PM 1-1 ROOM VISITS

31

GENERATIONS IN
HARMONY CONCERT
ANAM MUSICAL CONCERT
9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
WITH QUIZZES
11:00 AM ANAM MUSICAL
CONCERT (L4)
11:00 AM SINGALONGS
1:30 PM GENERATIONS IN
HARMONY CONCERT (L3)
2:00 PM ZUMBA GOLD
3:00 HALLOWEEN HAPPY HOUR
3:15 PM LOCHLAN'S FRIDAY
FIESTA (L4)
4:00 PM 1-1 ROOM VISITS

