



**LIBRARY SERVICES
AVAILABLE**

CALENDARS CAN BE TRANSLATED IN OTHER LANGUAGE

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1 9:30 AM LIFESTYLE HUDDLE MEETING
10:30 AM NEWS BULLETIN AND QUIZZES
11:00 AM MUSIC MELODIES
1:30 PM DOCUMENTARIES
3:00 PM PUZZLES OR MEMORY / MATCHING CARD GAMES
4:00 PM 1-1 ROOM VISITS

2 9:30 AM WELCOME TO THE DAY
10:15 AM MORNING NEWS BULLETIN & QUIZZES
11:00 AM SUMAN'S PHYSIO EXERCISES
1:30 PM BUS TRIPS
2:15 PM PUPPETS ALIVE
3:00 PM MUSIC THERAPY
4:00 PM 1-1 ROOM VISITS

3 9:30 AM WELCOME TO THE DAY
10:15 AM MORNING MELODIES
11:00 AM ZUMBA GOLD
2:00 PM HAPPY HOUR
3:00 PM SINGALONGS
4:00 PM 1-1 ROOM VISITS

4 9:00 AM MORNING TV SHOWS
11:00 AM PAMPERING
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM FLOOR OR BALL GAMES
3:00 PM GARDEN WALKS
5:00 PM DINNER FINE DINING MUSIC EXPERIENCE
6:00 PM SATURDAY NIGHT AT THE MOVIES
NETLIX AVAILABLE ALL DAY

5 9:30 AM LIVESTREAM CHURCH MASS (BY REQUEST)
10:00 AM SENIOR IN CHAIR VIA YOUTUBE
11:00 AM PAMPERING
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM SINGALONGS WITH LYRICS
3:00 PM GARDEN WALKS
5:00 PM DINNER FINE DINING MUSIC EXPERIENCE
6:00 PM SUNDAY NIGHT AT THE MOVIES

6 9:30 AM WELCOME TO THE DAY
10:15 AM MORNING NEWS BULLETIN & QUIZZES
11:00 AM IN CHAIR EXERCISES
1:30 PM BINGO
3:00 PM CREATIVE ARTS
4:00 PM 1-1 ROOM VISITS

7 9:30 AM WELCOME TO THE DAY
9:30 AM SUMAN'S PHYSIO EXERCISES
10:15 AM MUSIC MELODIES
11:00 AM GARDEN WALKS
1:30 PM DOCUMENTARY
3:00 PM GREEK GROUP
4:00 PM 1-1 ROOM VISITS

8 9:30 AM WELCOME TO THE DAY
10:00 AM NEWS BULLETIN AND QUIZZES
11:00 AM RESIDENT CHOICE OF ARTIST
1:30 PM DOCUMENTARIES
3:00 PM CREATIVE ART THERAPY
4:00 PM 1-1 ROOM VISITS

9 9:30 AM WELCOME TO THE DAY
10:15 AM INTERGENERATIONAL PROGRAM
11:00 AM SUMAN'S PHYSIO EXERCISES
1:30 PM BUS TRIPS
2:00 PM GREEK MUSIC OR MOVIE
3:00 PM MUSIC THERAPY
4:00 PM 1-1 ROOM VISITS

10 **BBQ**
9:30 AM WELCOME TO THE DAY
10:15 AM INTERGENERATIONAL PROGRAM
11:00 AM ZUMBA GOLD
2:00 PM BBQ
3:00 PM SINGALONGS
4:00 PM 1-1 ROOM VISITS

11 9:00 AM MORNING TV SHOWS
11:00 AM PAMPERING
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM FLOOR OR BALL GAMES
3:00 PM GARDEN WALKS
5:00 PM DINNER FINE DINING MUSIC EXPERIENCE
6:00 PM SATURDAY NIGHT AT THE MOVIES
NETLIX AVAILABLE ALL DAY

12 9:30 AM LIVESTREAM CHURCH MASS (BY REQUEST)
10:00 AM SENIOR IN CHAIR VIA YOUTUBE
11:00 AM PAMPERING
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM SINGALONGS WITH LYRICS
3:00 PM GARDEN WALKS
5:00 PM DINNER FINE DINING MUSIC EXPERIENCE
6:00 PM SUNDAY NIGHT AT THE MOVIES

13 9:30 AM WELCOME TO THE DAY
10:15 AM MORNING NEWS BULLETIN & QUIZZES
11:00 AM IN CHAIR EXERCISES
1:30 PM BINGO
3:00 PM CREATIVE ARTS
4:00 PM 1-1 ROOM VISITS

14 **LIFESTYLE FOCUS GROUP MEETING** **PET THERAPY**
9:30 AM WELCOME TO THE DAY
9:30 AM SUMAN'S PHYSIO EXERCISES
10:30 AM PET THERAPY
11:00 AM GARDEN WALKS
1:00 PM LIFESTYLE FOCUS GROUP MEETING
1:30 PM DOCUMENTARY
3:00 PM GREEK GROUP
4:00 PM 1-1 ROOM VISITS

15 **RON IN CONCERT**
9:30 AM LIFESTYLE HUDDLE MEETING
10:30 AM BALLOON & BALL THERAPY
11:00 AM MUSIC AND INSTRUMENTS
1:30 PM MASTERCHEF (MANGO SAGO)
3:00 PM RON IN CONCERT
4:00 PM 1-1 ROOM VISITS

16 **FIRE DEBRIEFING**
9:30 AM WELCOME TO THE DAY
10:00 AM MORNING NEWS BULLETIN & QUIZZES
10:45 AM FIRE DEBRIEFING
11:00 AM SUMAN'S PHYSIO EXERCISES
1:30 PM FLOOR OR BALL GAMES
3:00 PM MUSIC THERAPY
4:00 PM 1-1 ROOM VISITS

17 9:30 AM WELCOME TO THE DAY
10:15 AM INTERGENERATIONAL PROGRAM
11:00 AM ZUMBA GOLD
2:00 PM HAPPY HOUR
3:00 PM SINGALONGS
4:00 PM 1-1 ROOM VISITS

18 9:00 AM MORNING TV SHOWS
11:00 AM PAMPERING
12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE
1:30 PM FLOOR OR BALL GAMES
3:00 PM GARDEN WALKS
5:00 PM DINNER FINE DINING MUSIC EXPERIENCE
6:00 PM SATURDAY NIGHT AT THE MOVIES
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SATURDAY

| | | | | | | |
|--|---|--|--|---|---|---|
| 19 SHARE & CARE CASPA CARE CONCERT 9:30 AM LIVESTREAM CHURCH MASS (BY REQUEST) 10:00 AM SENIOR IN CHAIR VIA YOUTUBE 11:00 AM PAMPERING 12 :00 PM LUNCH FINE DINING MUSIC EXPERIENCE 2:00 PM SHARE & CARE CONCERT 3 :30 PM GARDEN WALKS 5 :00 PM DINNER FINE DINING MUSIC EXPERIENCE 6 :00 PM SUNDAY NIGHT AT THE MOVIES | 20 DIWALI DAY 9:30 AM WELCOME TO THE DAY 10:15 AM MORNING NEWS BULLETIN & QUIZZES 11:00 AM IN CHAIR EXERCISES 1:30 PM BINGO 3 :00 PM DIWALI DAY POWERPOINT AND CELEBRATIONS 4 :00 PM 1-1 ROOM VISITS | 21 9:30 AM WELCOME TO THE DAY 9:30 AM SUMAN'S PHYSIO EXERCISES 10:15 AM MUSIC MELODIES 11:00 AM GARDEN WALKS 1:30 PM DOCUMENTARY 3 :00 PM GREEK GROUP 4 :00 PM 1-1 ROOM VISITS | 22 9:30 AM WELCOME TO THE DAY 10:00 AM MORNING NEWS BULLETIN AND QUIZZES 11:00 AM MUSIC AND INSTRUMENTS 1:30 PM MASTERCHEF (ANZAC COOKIES) 3:00 PM CREATIVE ART THERAPY 4 :00 PM 1-1 ROOM VISITS | 23 9 :30 AM WELCOME TO THE DAY 10:15 AM INTERGENERATIONAL PROGRAM 11:00 AM SUMAN'S PHYSIO EXERCISES 1:30 PM FLOOR OR BALL GAMES 3:00 PM MUSIC THERAPY 4 :00 PM 1-1 ROOM VISITS | 24 9:30 AM WELCOME TO THE DAY 10:15 AM INTERGENERATIONAL PROGRAM 11:00 AM ZUMBA GOLD 2 :00 PM HAPPY HOUR 3:00 PM SINGALONGS 4 :00 PM 1-1 ROOM VISITS | 25 9:00 AM MORNING TV SHOWS 11:00 AM PAMPERING 12:00 PM LUNCH FINE DINING MUSIC EXPERIENCE 1:30 PM FLOOR OR BALL GAMES 3 :00 PM GARDEN WALKS 5 :00 PM DINNER FINE DINING MUSIC EXPERIENCE 6 :00 PM SATURDAY NIGHT AT THE MOVIES NETLIX AVAILABLE ALL DAY |
| 26 9:30 AM LIVESTREAM CHURCH MASS (BY REQUEST) 10:00 AM SENIOR IN CHAIR VIA YOUTUBE 11:00 AM PAMPERING 12 :00 PM LUNCH FINE DINING MUSIC EXPERIENCE 1:30 PM SINGALONGS WITH LYRICS 3 :00 PM GARDEN WALKS 5 :00 PM DINNER FINE DINING MUSIC EXPERIENCE 6 :00 PM SUNDAY NIGHT AT THE MOVIES | 27 9:30 AM WELCOME TO THE DAY 10:15 AM MORNING NEWS BULLETIN & QUIZZES 11:00 AM IN CHAIR EXERCISES 1:30 PM BINGO 3 :00 PM CREATIVE ARTS 4 :00 PM 1-1 ROOM VISITS | 28 9:30 AM WELCOME TO THE DAY 9:30 AM SUMAN'S PHYSIO EXERCISES 10:15 AM MUSIC MELODIES 11:00 AM GARDEN WALKS 1:30 PM DOCUMENTARY 3 :00 PM GREEK GROUP 4 :00 PM 1-1 ROOM VISITS | 29 9:30 AM LIFESTYLE HUDDLE MEETING 10:30 AM BALLOON /OR BALL THERAPY 11:00 AM MUSIC AND INSTRUMENTS 1:30 PM MASTERCHEF (TIRAMISU) 3:00 PM PUZZLES & MEMORY MATCHING GAMES 4 :00 PM 1-1 ROOM VISITS | 30 FOOD FOCUS GROUP 9 :30 AM WELCOME TO THE DAY 10:15 AM MORNING NEWS BULLETIN & QUIZZES 11:00 AM SUMAN'S PHYSIO EXERCISES 11:30 AM FOOD FOCUS GROUP 1:30 PM FLOOR OR BALL GAMES 3:00 PM MUSIC THERAPY 4 :00 PM 1-1 ROOM VISITS | 31 HALLOWEEN 9:30 AM WELCOME TO THE DAY 10:15 AM INTERGENERATIONAL PROGRAM 11:00 AM ZUMBA GOLD 2 :00 PM HALLOWEEN HAPPY HOUR 3:00 PM SINGALONGS 4 :00 PM 1-1 ROOM VISITS |  |

