

# NOVEMBER 2025

## LEVEL 1- HOUSE 1 & 2

\*subject to change



**LIBRARY SERVICES  
AVAILABLE**

CALENDARS CAN BE TRANSLATED IN OTHER LANGUAGE

**SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

# Remembrance Day

## Lest We Forget



**1**

9:30 AM MORNING TV SHOWS  
10:30 AM MEMORY LANE  
REMINISCING MUSIC  
11:15 AM IN CHAIR EXERCISES  
( VIA YOUTUBE )  
1:30 PM BALLOON OR FLOOR GAMES  
WITH GIA ( L2 )  
2:00 PM MOVIE MATINEE  
3:00 PM CREATIVE ARTS WITH GIA  
( L4 )  
6:00 PM SATURDAY NIGHT AT THE  
MOVIES  
NETFLIX AVAILABLE ALL DAY

**2**

9:30 AM LIVESTREAM CHURCH  
MASS  
( BY REQUEST )  
10:00 AM MORNING CHAT  
GROUP  
11:00 AM WALKING GROUP  
1:30 PM MUSIC MELODIES  
( VIA YOUTUBE )  
3:00 PM PAMPERING  
6:00 PM SUNDAY NIGHT AT  
THE MOVIES

**3**

9:30 AM WELCOME TO THE  
DAY  
10:00 AM NEWS AND VIEWS  
10:30 AM MUSIC &  
INSTRUMENTS  
11:00 AM BRIDGING THE  
JOURNEY  
( CINEMA )  
1:30 PM MEDITATION  
1:30 PM GISELLE'S  
SINGALONGS  
3:00 PM PAMPERING OR  
AROMATHERAPY  
4:00 PM 1-1 ROOM VISITS

**4**

**PUBLIC HOLIDAY  
MELBOURNE CUP**

9:30 AM MORNING TV  
SHOWS  
10:30 AM MUSIC  
MELODIES  
1:30 PM MOVIE MATINEE  
3:00 PM MELBOURNE  
CUP  
RACES ( VIA CHANNEL 7 )  
6:00 PM MOVIE NIGHT  
NETFLIX AVAILABLE ALL  
DAY

**5**

**GREEK HOLY  
COMMUNION**

9:30 AM WELCOME TO THE DAY  
10:15 AM NEWS AND VIEWS  
11:00 AM GREEK HOLY COMMUNION  
( 1-1 ROOM VISITS )  
11:00 AM 9 LETTER WORD GAMES  
( L4 )  
11:00 AM ZUMBA GOLD (H3 )  
11:30 PM RACHEL'S BUS TRIP  
PATRICK'S CATHEDRAL  
( CLASSICAL CONCERT )  
1:30PM AUGUSTINE'S ART  
THERAPY ( LM )  
2:00PM BALLOON OR BALL  
THERAPY  
3:00 PM WALKING GROUPS/  
GARDENING  
4:00 PM 1-1 ROOM VISITS

**6**

**MELBOURNE CUP DRAW OAKS DAY PARADE**

9:30 AM WELCOME TO THE DAY  
10:00 AM GESSY'S PHYSIO EXERCISES  
10:15 AM NEWS AND VIEWS  
WITH QUIZZES  
10:30 AM CATHOLIC COMMUNION  
( 1-1 ROOM VISITS )  
11:00 AM MEMORY LANE  
SINGALONGS ( VIA YOUTUBE )  
11:00 AM CHOIR ( L3 )  
11:15 AM ZUMBA GOLD  
1:30 PM MEN'S GROUP  
( CINEMA )  
1:30 PM MELBOURNE CUP  
DRAW SWEEP & PRIZES  
1:45 PM OAKS DAY PARADE  
HAT COMPETITION  
3:00 PM CREATIVE ARTS  
4:00 PM 1-1 ROOM VISITS

**7**

**ANGLICAN MASS SPRING CARNIVAL  
CONCERT**

9:30 AM WELCOME TO THE DAY  
10:00 AM NEWS AND VIEWS  
WITH QUIZZES  
10:30 AM ANGLICAN MASS  
( CINEMA )  
10:45 AM MUSICAL MELODIES  
( YOUTUBE )  
1:30 PM SPRING CARNIVAL  
CONCERT ( L3 )  
1:30 PM FLOOR GAMES  
3:00 PM HAPPY HOUR  
4:00 PM 1-1 ROOM VISITS

**8**

9:30 AM MORNING TV SHOWS  
10:30 AM MEMORY LANE  
REMINISCING MUSIC  
11:15 AM IN CHAIR EXERCISES  
( VIA YOUTUBE )  
1:30 PM MUSIC & INSTRUMENTS  
WITH GIA ( L1 )  
2:00 PM MOVIE MATINEE  
3:00 PM FLOOR OR BALLOON  
GAMES WITH GIA  
( L3 )  
6:00 PM SATURDAY NIGHT AT THE  
MOVIES  
NETFLIX AVAILABLE ALL DAY

**9**

9:30 AM LIVESTREAM CHURCH  
MASS  
( BY REQUEST )  
10:00 AM MORNING CHAT GROUP  
11:00 AM WALKING GROUP  
1:30 PM MUSIC MELODIES  
( VIA YOUTUBE )  
3:00 PM PAMPERING  
6:00 PM SUNDAY NIGHT AT THE  
MOVIES

**10**

**OMEGA VIOLINIST RSL COMMEMORATIVE SPEECH**

9:30 AM WELCOME TO THE DAY  
10:00 AM NEWS AND VIEWS  
10:30 AM MUSIC & INSTRUMENTS  
11:00 AM BRIDGING THE JOURNEY  
( CINEMA )  
11:00 AM REMEMBRANCE  
COMMEMORATIVE SPEECH  
RSL ( L2 )  
1:30 PM MEDITATION  
1:30 PM GISELLE'S SINGALONGS  
2:00 PM OMEGA VIOLINIST ( L2 )  
3:00 PM PAMPERING OR  
AROMATHERAPY  
4:00 PM 1-1 ROOM VISITS

**11**

**REMEMBRANCE DAY  
LIFESTYLE FOCUS GROUP**

9:30 AM WELCOME TO THE DAY  
10:00 AM GESSY'S PHYSIO  
EXERCISES ( L2 H4 )  
10:00 AM NEWS AND VIEWS  
WITH QUIZZES  
10:30 AM MUSIC AND MOVEMENT  
11:00 AM OBSERVING ONE MINUTE SILENCE  
1:00 PM LIFESTYLE FOCUS GROUP  
1:15 PM ARTS & CRAFTS  
1:30 PM MASTERCHEF  
CHOCOLATE SOUFFLE( H3 )  
2:45 PM YOGA  
3:15 PM MUSIC THERAPY  
4:00 PM 1-1 ROOM VISITS

**12**

9:30 AM LIFESTYLE HUDDLE MEETING  
10:15 AM NEWS AND VIEWS  
11:00 AM 9 LETTER WORD GAMES  
( L4 )  
11:00 AM ZUMBA GOLD (H3 )  
1:30PM AUGUSTINE'S ART  
THERAPY ( LM )  
1:30 PM LOCHLAN'S OUTING  
( EMERALD HILL )  
1:30 PM BALLOON OR BALL  
THERAPY  
3:00 PM WALKING GROUPS/  
GARDENING  
4:00 PM 1-1 ROOM VISITS  
4:00 PM OYSTER BAR  
( BOARDROOM )

**13**

**INTERGENERATIONAL PROGRAM CATHOLIC MASS**

9:30 AM WELCOME TO THE DAY  
10:00 AM GESSY'S PHYSIO EXERCISES  
10:15 AM NEWS AND VIEWS  
WITH QUIZZES  
10:15 AM INTERGENERATIONAL PROGRAM  
( L3 )  
10:30 AM CATHOLIC MASS  
( CINEMA )  
11:00 AM MEMORY LANE  
SINGALONGS ( VIA YOUTUBE )  
11:00 AM CHOIR ( L3 )  
11:15 AM ZUMBA GOLD  
1:30 PM MEN'S GROUP  
( CINEMA )  
1:30 PM BINGO  
3:00 PM CREATIVE ARTS  
4:00 PM 1-1 ROOM VISITS

**14**

9:30 AM WELCOME TO THE  
DAY  
10:00 AM NEWS AND VIEWS  
WITH QUIZZES  
10:45 AM MUSICAL  
MELODIES  
( YOUTUBE )  
1:30 PM FLOOR GAMES  
3:00 PM HAPPY HOUR  
4:00 PM 1-1 ROOM VISITS

**15**

9:30 AM MORNING TV SHOWS  
10:30 AM MEMORY LANE  
REMINISCING MUSIC  
11:15 AM IN CHAIR EXERCISES  
( VIA YOUTUBE )  
1:30 PM CREATIVE ARTS  
WITH GIA ( L2 )  
2:00 PM MOVIE MATINEE  
3:00 PM FLOOR /BALLOON  
GAMES WITH GIA  
( L4 )  
6:00 PM SATURDAY NIGHT AT THE  
MOVIES  
NETFLIX AVAILABLE ALL DAY



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### SUNDAY

### MONDAY

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### THURSDAY

### FRIDAY

### SATURDAY

**16**

9:30 AM LIVESTREAM CHURCH MASS  
( BY REQUEST )  
10:00 AM MORNING CHAT GROUP  
11:00 AM WALKING GROUP  
1:30 PM MUSIC MELODIES  
( VIA YOUTUBE )  
3 :00 PM PAMPERING  
6 :00 PM SUNDAY NIGHT AT THE MOVIES

**17**

EMERALD HILL AFTERNOON TEA

9:30 AM WELCOME TO THE DAY  
10:00 AM NEWS AND VIEWS  
10:30 AM MUSIC & INSTRUMENTS  
11:00 AM BRIDGING THE JOURNEY  
( CINEMA )  
1:30 PM MEDITATION  
1:30 PM EMERALD HILL AFTERNOON TEA  
( BOARDROOM )  
1:30 PM GISELLE SINGALONGS  
3 :00 PM PAMPERING OR AROMATHERAPY  
4 :00 PM 1-1 ROOM VISITS

**18**

9:30 AM WELCOME TO THE DAY  
10:00 AM GESSY'S PHYSIO EXERCISES ( L2 H4 )  
10:00 AM NEWS AND VIEWS WITH QUIZZES  
10:30 AM MEMORY LANE SINGALONGS WITH LYRICS  
11 :30 PM RACHEL'S BUS TRIP  
( PIER 35 BAR & GRILL )  
1:30 PM ARTS & CRAFTS  
2 :45 PM YOGA  
3:15 PM MATCHING CARD GAMES  
4:00 PM 1-1 ROOM VISITS

**19**

OYSTER BAR

9:30 AM WELCOME TO THE DAY  
10:15 AM NEWS AND VIEWS  
11:00 AM 9 LETTER WORD GAMES  
( L4 )  
11:00 AM ZUMBA GOLD (H3 )  
1:30PM KIMBERLY'S ART THERAPY ( LM )  
1:30 PM TOMMY'S SINGALONGS WITH HIGH TEA  
3 :00 PM WALKING GROUPS/ GARDENING  
4 :00 PM 1-1 ROOM VISITS  
4 :00 PM OYSTER BAR  
( BOARDROOM )

**20**

AGM MEETING

9:30 AM WELCOME TO THE DAY  
10:00 AM GESSY'S PHYSIO EXERCISES  
10:15 AM NEWS AND VIEWS WITH QUIZZES  
10:30 AM CATHOLIC COMMUNION  
( 1-1 ROOM VISITS )  
11:00 AM MEMORY LANE SINGALONGS ( VIA YOUTUBE )  
11:00 AM CHOIR ( L3 )  
11:15 AM ZUMBA GOLD  
1:30 PM MEN'S GROUP  
( CINEMA )  
1:30 PM BINGO  
3 :00 PM CREATIVE ARTS  
3 :30 PM AGM MEETING  
( TEMPERANCE HALL STH MELB )  
4 :00 PM 1-1 ROOM VISITS

**21**

9:30 AM WELCOME TO THE DAY  
10:00 AM NEWS AND VIEWS WITH QUIZZES  
10:45 AM MUSICAL MELODIES  
( YOUTUBE )  
1:30 PM FLOOR GAMES  
3 :00 PM HAPPY HOUR  
4 :00 PM 1-1 ROOM VISITS

**22**

9:30 AM MORNING TV SHOWS  
10:30 AM MEMORY LANE REMINISCING MUSIC  
11:15 AM IN CHAIR EXERCISES  
( VIA YOUTUBE )  
1:30 PM FLOOR OR BALLOON GAMES WITH GIA ( L 1 )  
2:00 PM MOVIE MATINEE  
3:00 PM CREATIVE ARTS GAMES WITH GIA  
( L 3 )  
6 :00 PM SATURDAY NIGHT AT THE MOVIES  
NETFLIX AVAILABLE ALL DAY

**23**

9:30 AM LIVESTREAM CHURCH MASS  
( BY REQUEST )  
10:00 AM MORNING CHAT GROUP  
11:00 AM WALKING GROUP  
1:30 PM MUSIC MELODIES  
( VIA YOUTUBE )  
3 :00 PM PAMPERING  
6 :00 PM SUNDAY NIGHT AT THE MOVIES

**24**

LOCHLAN'S JAPANESE EXPERIENCE



9:30 AM WELCOME TO THE DAY  
10:00 AM NEWS AND VIEWS  
10:30 AM MUSIC & INSTRUMENTS  
11:00 AM BRIDGING THE JOURNEY  
( CINEMA )  
1:30 PM MEDITATION  
1:30 PM GISELLE'S SINGALONGS  
3 :00 PM LOCHLAN'S JAPANESE EXPERIENCE  
( BOARDROOM )  
3 :00 PM PAMPERING OR AROMATHERAPY  
4 :00 PM 1-1 ROOM VISITS

**25**

FOOD FOCUS GROUP PET THERAPY

9:30 AM WELCOME TO THE DAY  
10:00 AM GESSY'S PHYSIO EXERCISES ( L2 H4 )  
10:00 AM NEWS AND VIEWS WITH QUIZZES  
10:30 AM PET THERAPY  
10:40 AM MUSIC AND MOVEMENT  
1:00 PM FOOD FOCUS GROUP  
1:15 ARTS & CRAFTS  
1:30 PM MASTERCHEF CHEESE TOAST ( H3 )  
2 :45 PM YOGA  
3:15 PM MUSIC THERAPY  
4:00 PM 1-1 ROOM VISITS

**26**

9:30 AM LIFESTYLE HUDDLE MEETING  
10:15 AM NEWS AND VIEWS  
11:00 AM 9 LETTER WORD GAMES  
( L4 )  
11:00 AM ZUMBA GOLD (H3 )  
1:30PM KIMBERLY'S ART THERAPY ( LM )  
1:30 PM LOCHLAN'S STAY ON BUS TRIP  
1:30 PM TOMMY'S SINGALONGS WITH HIGH TEA  
3 :00 PM WALKING GROUPS/ GARDENING  
4 :00 PM 1-1 ROOM VISITS  
4 :00 PM OYSTER BAR  
( BOARDROOM )

**27**

INTERGENERATIONAL PROGRAM CHRISTMAS PARTY

9:30 AM WELCOME TO THE DAY  
10:00 AM GESSY'S PHYSIO EXERCISES  
10:15 AM NEWS AND VIEWS WITH QUIZZES  
10:15 AM INTERGENERATIONAL CHRISTMAS PARTY ( L3 )  
10:30 AM CATHOLIC COMMUNION  
( 1-1 ROOM VISITS )  
11:00 AM MEMORY LANE SINGALONGS ( VIA YOUTUBE )  
11:00 AM CHOIR ( L3 )  
11:15 AM ZUMBA GOLD  
1:30 PM MEN'S GROUP  
( CINEMA )  
1:30 PM BINGO  
3 :00 PM CREATIVE ARTS  
4 :00 PM 1-1 ROOM VISITS

**28**

RESIDENT AND RELATIVE MEETING

9:30 AM WELCOME TO THE DAY  
10:00 AM NEWS AND VIEWS WITH QUIZZES  
10:45 AM MUSICAL MELODIES  
( YOUTUBE )  
1:30 PM RESIDENT & RELATIVE MEETING  
3 :00 PM HAPPY HOUR  
4 :00 PM 1-1 ROOM VISITS

**29**

9:30 AM MORNING TV SHOWS  
10:30 AM MEMORY LANE REMINISCING MUSIC  
11:15 AM IN CHAIR EXERCISES  
( VIA YOUTUBE )  
1:30 PM CREATIE ARTS WITH GIA ( L2 )  
2:00 PM MOVIE MATINEE  
3:00 PM TRIVIA GAMES WITH GIA  
( L4 )  
6 :00 PM SATURDAY NIGHT AT THE MOVIES  
NETFLIX AVAILABLE ALL DAY

**30**

9:30 AM LIVESTREAM CHURCH MASS  
( BY REQUEST )  
10:00 AM MORNING CHAT GROUP  
11:00 AM WALKING GROUP  
1:30 PM MUSIC MELODIES  
( VIA YOUTUBE )  
3 :00 PM PAMPERING  
6 :00 PM SUNDAY NIGHT AT THE MOVIES

