

NOVEMBER 2025

LEVEL 2- HOUSE 4, 5 & 6

*subject to change



**LIBRARY SERVICES
AVAILABLE**

CALENDARS CAN BE TRANSLATED IN OTHER LANGUAGE

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Remembrance Day

Lest We Forget



9:30 AM MORNING TV SHOWS
10:30 AM MEMORY LANE
REMINISCING MUSIC
11:00 AM IN CHAIR
EXERCISES
(VIA YOUTUBE)
1:30 PM, BALLOON OR FLOOR
GAMES
WITH GIA (L2)
3 :00 PM CREATIVE ARTS
WITH GIA (L4)
6 :00 PM SATURDAY NIGHT AT
THE MOVIES
NETFLIX AVAILABLE ALL DAY

2

9:30 AM LIVESTREAM
CHURCH MASS
10:00 AM COFFEE AND
CHAT
11:00 AM PAMPERING
1:30 PM. PAMPERING
3 :00 PM WALKING
GROUP
6 :00 PM SUNDAY NIGHT
AT THE MOVIES '

3

9:30 AM WELCOME TO THE DAY
10:15 AM NEWS AND VIEWS
WITH QUIZZES
11:00 AM BRIDGING THE
JOURNEY
(CINEMA)
11:15 AM IN CHAIR EXERCISES
WITH MUSIC
1:30 PM MEDITATION
(CINEMA)
1:30 PM MELBOURNE CUP
DOCUMENTARY & SWEEP
3:00 PM BINGO
4 :00 PM 1-1 ROOM VISITS

4

**PUBLIC HOLIDAY
MELBOURNE CUP**

9:30 AM MORNING TV
SHOWS
10:30 AM MUSIC
MELODIES
1:30 PM MOVIE MATINEE
3 :00 PM MELBOURNE
CUP
RACES (VIA CHANNEL 7)
6 :00 PM MOVIE NIGHT
NETFLIX AVAILABLE ALL
DAY

5

GREEK HOLY MASS

9:30 AM WELCOME TO THE DAY
10:15 AM ZUMBA GOLD
11:00 AM CHOIR
11:00 AM GREEK HOLY COMMUNION
(1- 1 ROOM VISITS)
11:30 PM RACHEL'S BUS TRIP
ST PATRICK'S CATHEDRAL
CLASSICAL CONCERT
1:30 PM AUGUSTINE ART THERAPY
(LM)
1:30 PM FLOOR GAMES
3:00 PM KNITTING GROUP
4:00 PM 1-1 ROOM VISITS

6

**MELBOURNE CUP
SWEEP PRIZES**

**OAKS DAY
HAT PARADE**

9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'S PHYSIO
EXERCISES
10:30 AM CATHOLIC COMMUNION
(1-1 ROOM VISITS)
10:30 AM NEWS AND VIEWS
11:00 AM SINGALONGS
1:30 PM MEN'S GROUP
(CINEMA)
1:30 PM MELBOURNE CUP
SWEEP DRAW & PRIZES
1:45 PM OAKS DAY
HAT PARADE WITH BUBBLES
3:00 PM BALLOON /FLOOR GAMES
4 :00 PM 1-1 ROOM VISITS

7

**ANGLICAN MASS SPRING CARNIVAL
CONCERT**

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
WITH QUIZZES OR WORD GAMES
10:30 AM ANGLICAN MASS
(CINEMA)
11:00 AM SINGALONGS
1:00 PM ZUMBA GOLD
1:30 PM SPRING CARNIVAL
CONCERT (L3)
3 :00 PM HAPPY HOUR
3 :15 PM LOCHLAN'S FRIDAY
FIESTA (L4)
4 :00 PM 1-1 ROOM
VISITS

8

9:30 AM MORNING TV SHOWS
10:30 AM MEMORY LANE
REMINISCING MUSIC
11:00 AM IN CHAIR EXERCISES
(VIA YOUTUBE)
1:30 PM MUSIC AND
INSTRUMENTS
WITH GIA (L1)
3 :00 PM FLOOR /BALLOON
GAMES WITH GIA (L3)
6 :00 PM SATURDAY NIGHT AT
THE MOVIES
NETFLIX AVAILABLE ALL DAY

9

9:30 AM LIVESTREAM
CHURCH MASS
10:00 AM COFFEE AND
CHAT
11:00 AM PAMPERING
1:30 PM. PAMPERING
3 :00 PM WALKING
GROUP
6 :00 PM SUNDAY NIGHT
AT THE MOVIES '

10

RSL COMMEMORATIVE SPEECH

9:30 AM WELCOME TO THE DAY
10:15 AM NEWS AND VIEWS
WITH QUIZZES
11:00 AM BRIDGING THE JOURNEY
(CINEMA)
11:00 AM REMEMBRANCE DAY
COMMEMORATIVE SPEECH
RSL
11:15 AM IN CHAIR EXERCISES
WITH MUSIC
1:15 PM SHOPPING TROLLEY
1:30 PM MEDITATION
(CINEMA)
2:00 PM OMEGA VIOLINIST
3:00 PM BINGO
4 :00 PM 1-1 ROOM VISITS

11

REMEMBRANCE DAY



9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'S PHYSIO
EXERCISES
10:30 AM NEWS AND VIEWS
11:00 AM MUSIC APPRECIATION
11:00 AM OBSERVING ONE SILENT
SILENCE 1:30 PM MASTERCHEF
(CURRY PUFFS)
2:45 PM YOGA (L1)
3:15 PM CREATIVE ARTS
4:00 PM 1-1 ROOM VISITS

12

9:30 AM LIFESTYLE HUDDLE
MEETING

10:15 AM ZUMBA GOLD
11:00 AM CHOIR
1:30 PM AUGUSTINE ART THERAPY
((LM)
1:30 PM LOCHLAN'S OUTING
(EMERALD HILL HOTEL)
1:30 PM COMMUNITY /INDOOR
OR OUTDOOR WALKING
3:00 PM KNITTING GROUP
4:00 PM 1-1 ROOM VISITS

13

**LIFESTYLE FOCUS GROUP INTERGENERATION
AL PROGRAM, CATHOLIC MASS**

9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'S PHYSIO
EXERCISES
10:30 AM INTERGENERATIONAL
PROGRAM (L3)
10:30 AM CATHOLIC MASS
(CINEMA)
10:30 AM NEWS AND VIEWS
11:00 AM SINGALONGS
1:00 PM LIFESTYLE FOCUS GROUP
1:30 PM MEN'S GROUP
(CINEMA)
1:30 PM PAMPERING & MAKEOVERS
WITH BUBBLES
3:00 PM BALLOON /FLOOR GAMES
4 :00 PM 1-1 ROOM VISITS

14

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
WITH QUIZZES OR WORD
GAMES
11:00 AM SINGALONGS
2 :00 PM ZUMBA GOLD
3 :00 PM HAPPY HOUR
3 :15 PM LOCHLAN'S FRIDAY
FIESTA (L4)
4 :00 PM 1-1 ROOM
VISITS

15

9:30 AM MORNING TV SHOWS
10:30 AM MEMORY LANE
REMINISCING MUSIC
11:00 AM IN CHAIR EXERCISES
(VIA YOUTUBE)
1:30 PM CREATIVE ARTS
WITH GIA (L2)
3 :00 PM FLOOR OR BALLOON
GAMES WITH GIA (L4)
6 :00 PM SATURDAY NIGHT AT
THE MOVIES
NETFLIX AVAILABLE ALL DAY

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SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

16

9:30 AM LIVESTREAM
CHURCH MASS
10:00 AM COFFEE AND
CHAT
11:00 AM PAMPERING
1:30 PM. PAMPERING
3:00 PM WALKING GROUP
6:00 PM SUNDAY NIGHT
AT THE MOVIES '

17

EMERALD HILL
AFTERNOON TEA
9:30 AM WELCOME TO THE DAY
10:15 AM NEWS AND VIEWS
WITH QUIZZES
11:00 AM BRIDGING THE
JOURNEY
(CINEMA)
11:15 AM IN CHAIR EXERCISES
WITH MUSIC
1:30 PM MEDITATION
(CINEMA)
1:30 PM EMERALD HILL
AFTERNOON TEA (BOARDROOM)
3:00 PM BINGO
4:00 PM 1-1 ROOM VISITS

18

9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'S PHYSIO
EXERCISES
10:30 AM NEWS AND VIEWS
11:00 AM MUSIC APPRECIATION
11:30 PM RACHEL'S BUS TRIP
(PIER 35 BAR & GRILL)
1:30 PM MASTERCHEF
(GOLDEN SYRUP)
2:45 PM YOGA (L1)
3:15 PM CREATIVE ARTS
4:00 PM 1-1 ROOM VISITS

19

OYSTER BAR
9:30 AM WELCOME TO THE DAY
10:15 AM ZUMBA GOLD
11:00 AM CHOIR
1:30 PM KIMBERLY'S ART THERAPY
(LM)
1:30 PM TOMMY'S SINGALONGS
WITH HIGH TEA (L1)
2 PM FLOOR GAMES
3:00 PM KNITTING GROUP
4:00 PM OYSTER BAR
(BOARDROOM)
4:00 PM 1-1 ROOM VISITS

20

AGM MEETING
9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'S PHYSIO
EXERCISES
10:30 AM CATHOLIC COMMUNION
(1-1 ROOM VISITS)
10:30 AM NEWS AND VIEWS
11:00 AM SINGALONGS
1:30 PM MEN'S GROUP
(CINEMA)
1:30 PM CREATIVE ARTS
3:00 PM BALLOON /FLOOR GAMES
3:30 PM AGM MEETING
(TEMPERANCE HALL STH MELB)
4:00 PM 1-1 ROOM VISITS

21

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
WITH QUIZZES OR WORD
GAMES
11:00 AM SINGALONGS
2:00 PM ZUMBA GOLD
3:00 PM HAPPY HOUR
3:15 PM LOCHLAN'S FRIDAY
FIESTA (L4)
4:00 PM 1-1 ROOM
VISITS

22

9:30 AM MORNING TV SHOWS
10:30 AM MEMORY LANE
REMINISCING MUSIC
11:00 AM IN CHAIR EXERCISES
(VIA YOUTUBE)
1:30 PM FLOOR OR BALLOON
GAMES WITH GIA (L1)
3:00 PM CREATIVE ARTS
WITH GIA (L3)
6:00 PM SATURDAY NIGHT AT
THE MOVIES
NETFLIX AVAILABLE ALL DAY

23

9:30 AM LIVESTREAM
CHURCH MASS
10:00 AM COFFEE AND
CHAT
11:00 AM PAMPERING
1:30 PM. PAMPERING
3:00 PM WALKING GROUP
6:00 PM SUNDAY NIGHT
AT THE MOVIES '

24

LOCHLAN'S JAPANESE
EXPERIENCE
9:30 AM WELCOME TO THE DAY
10:15 AM NEWS AND VIEWS
WITH QUIZZES
11:00 AM BRIDGING THE JOURNEY
(CINEMA)
11:15 AM IN CHAIR EXERCISES
WITH MUSIC
1:30 PM MEDITATION
(CINEMA)
1:30 PM BONUS TRIVIA
3:00 PM BINGO
3:00 PM LOCHLAN'S JAPANESE
EXPERIENCE
(BOARDROOM)
4:00 PM 1-1 ROOM VISITS

25

FOOD FOCUS GROUP PET THERAPY
9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'S PHYSIO
EXERCISES
10:30 AM NEWS AND VIEWS
10:30 AM PET THERAPY
11:00 AM MUSIC
APPRECIATION
1:00 PM FOOD FOCUS GROUP
1:30 PM MASTERCHEF
(CROQUE MONSIEUR)
(2:45 PM YOGA (L1)
3:15 PM CREATIVE ARTS
4:00 PM 1-1 ROOM VISITS

26

RESIDENT AND RELATIVE
MEETING
9:30 AM LIFESTYLE HUDDLE MEETING
10:15 AM ZUMBA GOLD
11:00 AM CHOIR
1:30 PM KIMBERLY'S ART THERAPY
(LM)
1:30 PM TOMMY'S SINGALONG
WITH HIGH TEA (L1)
1:30 PM LOCHLAN'S
(STAY ON BUS TRIP)
1:30 PM RESIDENT AND RELATIVE
MEETING
3:00 PM KNITTING GROUP
4:00 PM 1-1 ROOM VISITS

27

INTERGENERATIONAL PROGRAM
CHRISTMAS PARTY
9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'S PHYSIO
EXERCISES
10:15 AM INTERGENERATIONAL
PROGRAM CHRISTMAS PARTY (L3)
10:30 AM CATHOLIC COMMUNION
(1-1 ROOM VISITS)
10:30 AM NEWS AND VIEWS
11:00 AM SINGALONGS
1:30 PM MEN'S GROUP
(CINEMA)
1:30 PM CREATIVE ARTS
3:00 PM BALLOON /FLOOR GAMES
4:00 PM 1-1 ROOM VISITS

28

9:30 AM WELCOME TO THE
DAY
10:00 AM NEWS AND VIEWS
WITH QUIZZES OR WORD
GAMES
11:00 AM SINGALONGS
2:00 PM ZUMBA GOLD
3:00 PM HAPPY HOUR
3:15 PM LOCHLAN'S FRIDAY
FIESTA (L4)
4:00 PM 1-1 ROOM
VISITS

29

9:30 AM MORNING TV SHOWS
10:30 AM MEMORY LANE
REMINISCING MUSIC
11:00 AM IN CHAIR EXERCISES
(VIA YOUTUBE)
1:30 PM CREATIVE ARTS
WITH GIA (L2)
3:00 PM TRIVIA
WITH GIA (L4)
6:00 PM SATURDAY NIGHT AT
THE MOVIES
NETFLIX AVAILABLE ALL DAY

30

9:30 AM LIVESTREAM
CHURCH MASS
10:00 AM COFFEE AND
CHAT
11:00 AM PAMPERING
1:30 PM. PAMPERING
3:00 PM WALKING GROUP
6:00 PM SUNDAY NIGHT
AT THE MOVIES '

