

DECEMBER 2025

LEVEL 3- HOUSE 7 & 8



***subject to change**



**LIBRARY SERVICES
AVAILABLE**

CALENDARS CAN BE TRANSLATED IN OTHER LANGUAGE

SUNDAY



1 EMERALD HILL
AFTERNOON TEA
9:30 AM WELCOME TO THE DAY
10:15 AM NEWS AND VIEWS
WITH QUIZZES
11:00 AM IN CHAIR EXERCISES
WITH MUSIC
11:00 AM BRIDGING THE JOURNEY
(CINEMA)
1:30 PM MEDITATION
WITH ATITHI (CINEMA)
1:30 PM EMERALD HILL
AFTERNOON TEA
(BOARDROOM)
1:30 PM HOLLOWOOD COLLECTIONS
3 :00 PM CAFE VISITS
4 :00 PM 1-1 ROOM VISITS

MONDAY

2 CHRISTMAS TREE DECORATING
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO
EXERCISES
10:15 AM NEWS AND VIEWS
WITH QUIZZES
11:00 AM 9 LETTER WORD
GAMES
1:30 PM CHRISTMAS TREE
DECORATIONS
3 :30 PM YOGA
4 :00 PM 1-1 ROOM VISITS

WEDNESDAY

3 GREEK COMMUNION OYSTER BAR
9:30 AM WELCOME TO THE DAY
10:30 AM NEWS AND VIEWS
WITH QUIZZES
DAVID & RICK
11:00 AM GREEK COMMUNION
(1-1 ROOM VISITS)
11:00 AM CHOIR (L2)
12:00 PM RACHEL'S BUS TRIP
(MC DONALDS LUNCH & BUNNINGS)
1:30 PM KIMBERLY'S ART THERAPY
(LM)
1:30 PM TOMMY'S SINGALONGS
WITH HIGH TEA (L1)
1:30 PM SINGALONGS WITH LYRICS
(VIA YOUTUBE)
3:00 PM WALKING GROUPS
4 :00 PM 1-1 ROOM VISITS
4 :00 PM OYSTER BAR
(BOARDROOM)

THURSDAY

4 CHRISTMAS RAFFLE
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO
EXERCISES
10:15 AM NEWS AND VIEWS
WITH QUIZZES
10:30 AM CATHOLIC COMMUNION
(1-1 ROOM VISITS)
11:00 AM CHOIR
1:15 PM ZUMBA GOLD
1:30 PM CHRISTMAS RAFFLE
2 :00 PM BINGO
3:00 PM KNITTING GROUP
4:00 PM 1-1 ROOM VISITS

FRIDAY

5
9:30 AM WELCOME TO THE
DAY
10:00 AM NEWS AND
VIEWS
10:30 AM IN CHAIR
EXERCISES
11:00 AM 9 LETTER WORD
GAMES
1:30 PM FLOOR /BALLOON
GAMES
3 :00 PM HAPPY HOUR
4 :00 PM 1-1 ROOM VISITS

SATURDAY

6
9:30 AM MORNING TV SHOWS
10:30 AM MEMORY LANE
WITH REMINISCING
1:30 PM FLOOR OR BALLOON
THERAPY WITH GIA (L1)
2 :00 PM MOVIE MATINEE
3 :00 PM CREATIVE ARTS
WITH GIA (L3)
6 :00 PM SATURDAY NIGHT AT
THE MOVIES
NETFLIX AVAILABLE ALL DAY

7
9:30 AM LIVESTREAM
CHURCH MASS
(BY REQUEST)
10:00 AM MORNING TV
SHOWS
11:00 AM PAMPERING
2 :00 PM MOVIE MATINEE
3 :30 PM GARDEN WALKS
6 :00 PM SUNDAY NIGHT AT
THE MOVIES
NETFLIX AVAILABLE ALL DAY

8
9:30 AM WELCOME TO THE
DAY
10:15 AM NEWS AND VIEWS
WITH QUIZZES
11:00 AM IN CHAIR
EXERCISES
WITH MUSIC
11:00 AM BRIDGING THE
JOURNEY (CINEMA)
1:30 PM MEDITATION
WITH ATITHI (CINEMA)
2 :00 PM MOVIE MATINEE
4 :00 PM 1-1 ROOM VISITS

9 RESIDENT AND RELATIVES
CHRISTMAS PARTY
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO
EXERCISES
10:15 AM NEWS AND VIEWS
WITH QUIZZES
11:00 AM 9 LETTER WORD
GAMES
2 :00 PM RESIDENT AND
RELATIVE CHRISTMAS PARTY
3 :30 PM YOGA (L2)
4 :00 PM 1-1 ROOM VISITS

10
9:30 AM LIFESTYLE HUDDLE
MEETING
10:30 AM NEWS AND VIEWS
WITH QUIZZES
DAVID & RICK
11:00 AM CHOIR (L2)
1 :30 PM
1:30 PM KIMBERLY'S ART THERAPY
(LM)
2 :00 PM SINGALONGS WITH
LYRICS
4 :00 PM 1-1 ROOM VISITS

11 CATHOLIC MASS
9:30 AM WELCOME TO THE
DAY
9:30 AM GESSY'S PHYSIO
EXERCISES
10:15 AM NEWS AND VIEWS
WITH QUIZZES
10:30 AM CATHOLIC MASS
(CINEMA)
11:00 AM CHOIR
1:15 PM ZUMBA GOLD
2 :00 PM DOCUMENTARY
4:00 PM 1-1 ROOM VISITS

12
9:30 AM WELCOME TO THE
DAY
10:00 AM NEWS AND
VIEWS
10:30 AM IN CHAIR
EXERCISES
11:00 AM 9 LETTER WORD
GAMES
1:30 PM FLOOR /BALLOON
GAMES
3 :00 PM HAPPY HOUR
4 :00 PM 1-1 ROOM VISITS

13
9:30 AM MORNING TV SHOWS
10:30 AM MEMORY LANE
WITH REMINISCING
1:30 PM FLOOR OR BALLOON
GAMES WITH GIA (L2)
2 :00 PM MOVIE MATINEE
3 :00 PM CREATIVE ARTS
WITH GIA (L3)
6 :00 PM SATURDAY NIGHT AT
THE MOVIES
NETFLIX AVAILABLE ALL DAY

14 KIDKO CONCERT
9:30 AM LIVESTREAM CHURCH
MASS
(BY REQUEST)
10:00 AM MORNING TV SHOWS
11:00 AM PAMPERING
2 :00 PM KIDKO CONCERT
(L1)
2 :00 PM MOVIE MATINEE
3 :30 PM GARDEN WALKS
6 :00 PM SUNDAY NIGHT AT
THE MOVIES
NETFLIX AVAILABLE ALL DAY

15 LADIES GROUP OMEGA VIOLINIST
9:30 AM WELCOME TO THE DAY
10:15 AM NEWS AND VIEWS
WITH QUIZZES
11:00 AM IN CHAIR EXERCISES
WITH MUSIC
11:00 AM BRIDGING THE JOURNEY
(CINEMA)
1:30 PM MEDITATION
WITH ATITHI (CINEMA)
2 :00 PM OMEGA VIOLINIST (L2)
1:30 PM LADIES GROUP
3 :00 PM GARDENING OR
WALKING GROUP
4 :00 PM 1-1 ROOM VISITS

16
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO
EXERCISES
10:15 AM NEWS AND VIEWS
WITH QUIZZES
11:00 AM 9 LETTER WORD
GAMES
2 :00 PM CREATIVE ARTS
3 :30 PM YOGA
4 :00 PM 1-1 ROOM VISITS

17 BOOK CLUB
9:30 AM WELCOME TO THE DAY
10:30 AM NEWS AND VIEWS
WITH QUIZZES
DAVID & RICK
11:00 AM CHOIR (L2)
12:00M LOCHLAN'S
EMERALD HILL
LUNCHEON
1:30 PM KIMBERLY'S ART THERAPY
(LM)
1:30 PM TOMMY'S SINGALONGS
WITH HIGH TEA (L1)
1:30 PM BOOK CLUB
3:00 PM PAMPERING
4 :00 PM 1-1 ROOM VISITS

18 CHRISTMAS INTERGENERATIONAL
PROGRAM
9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO
EXERCISES
10:15 AM CHRISTMAS
INTERGENERATIONAL PROGRAM
10:30 AM CATHOLIC COMMUNION
(1-1 ROOM VISITS)
11:00 AM CHOIR
1:15 PM ZUMBA GOLD
2 :00 PM BINGO
3:00 PM KNITTING GROUP
4:00 PM 1-1 ROOM VISITS

19
9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS
10:30 AM IN CHAIR EXERCISES
11:00 AM 9 LETTER WORD
GAMES
1:30 PM FLOOR /BALLOON
GAMES
3 :00 PM HAPPY HOUR
3 :15 PM LOCHLAN'S FRIDAY
FIESTA (L4)
4 :00 PM 1-1 ROOM VISITS

20
9:30 AM MORNING TV SHOWS
10:30 AM MEMORY LANE
WITH REMINISCING
1:30 PM MUSIC & INSTRUMENTS
THERAPY WITH GIA (L1)
2 :00 PM MOVIE MATINEE
3 :00 PM FLOOR OR BALLOON GAMES
WITH GIA (L3)
6 :00 PM SATURDAY NIGHT AT THE
MOVIES
NETFLIX AVAILABLE ALL DAY

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SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

21

9:30 AM LIVESTREAM
CHURCH MASS
(BY REQUEST)
10:00 AM MORNING TV
SHOWS
11:00 AM PAMPERING
2:00 PM MOVIE MATINEE
3:30 PM GARDEN WALKS
6:00 PM SUNDAY NIGHT AT
THE MOVIES
NETFLIX AVAILABLE ALL DAY

22

LOCHLAN'S JAPANESE
EXPERIENCE
9:30 AM WELCOME TO THE DAY
10:15 AM NEWS AND VIEWS
WITH QUIZZES
11:00 AM IN CHAIR EXERCISES
WITH MUSIC
11:00 AM BRIDGING THE JOURNEY
(CINEMA)
1:30 PM MEDITATION
WITH ATITHI (CINEMA)
1:30 PM BALLOON THERAPY
WITH MUSIC
3:00 PM CAFE VISITS
3:00 PM LOCHLAN'S JAPANESE
EXPERIENCE (BOARDROOM)
4:00 PM 1-1 ROOM VISITS

23

9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO
EXERCISES
10:15 AM NEWS AND VIEWS
WITH QUIZZES
11:00 AM 9 LETTER WORD
GAMES
1:30 PM MASTERCHEF
(SHORTBREAD)
3:30 PM YOGA
4:00 PM 1-1 ROOM VISITS

24

9:30 AM LIFESTYLE HUDDLE MEETING
10:30 AM NEWS AND VIEWS
WITH QUIZZES
DAVID & RICK
11:00 AM CHOIR (L2)
1:30 PM RACHEL'S BUS TRIP
(IAN POTTER GALLERY)
1:30 PM KIMBERLY'S ART THERAPY
(LM)
1:30 PM TOMMY'S SINGALONGS
WITH HIGH TEA (L1)
2:00 PM SINGALONGS WITH LYRICS
4:00 PM 1-1 ROOM VISITS

25

PUBLIC HOLIDAY
CHRISTMAS DAY
9:30 AM MORNING TV SHOWS
10:30 AM CHRISTMAS SONGS
(VIA YOUTUBE)
11:15 AM GARDEN WALKS OR
OUTDOOR TIME
12:00 PM CHRISTMAS LUNCH
1:30 PM IN CHAIR
EXERCISES
(VIA YOUTUBE)
3:00 PM TABLE GAMES
6:00 PM CHRISTMAS
MOVIES
NETFLIX AVAILABLE ALL DAY

26

BOXING DAY
PUBLIC HOLIDAY
9:30 AM MORNING TV SHOWS
10:30 AM PAMPERING
11:15 AM GARDEN WALKS OR
OUTDOOR TIME
1:30 PM IN CHAIR
EXERCISES
(VIA YOUTUBE)
3:00 PM TABLE OR FLOOR
GAMES
6:00 PM RESIDENT CHOICE
OF MOVIES
NETFLIX AVAILABLE ALL DAY

27

9:30 AM MORNING TV SHOWS
10:30 AM MEMORY LANE
WITH REMINISCING
1:30 PM CREATIVE ARTS
WITH GIA (L2)
2:00 PM MOVIE MATINEE
3:00 PM BONUS TRIVIA
WITH GIA (L4)
6:00 PM SATURDAY NIGHT AT
THE MOVIES
NETFLIX AVAILABLE ALL DAY

28

9:30 AM LIVESTREAM
CHURCH MASS
(BY REQUEST)
10:00 AM MORNING TV
SHOWS
11:00 AM PAMPERING
2:00 PM MOVIE MATINEE
3:30 PM GARDEN WALKS
6:00 PM SUNDAY NIGHT AT
THE MOVIES
NETFLIX AVAILABLE ALL DAY

29

LADIES GROUP
9:30 AM WELCOME TO THE DAY
10:15 AM NEWS AND VIEWS
WITH QUIZZES
11:00 AM IN CHAIR EXERCISES
WITH MUSIC
11:00 AM BRIDGING THE
JOURNEY
(CINEMA)
1:30 PM MEDITATION
WITH ATITHI (CINEMA)
1:30 PM LADIES GROUP
3:00 PM GARDENING OR
WALKING GROUP
4:00 PM 1-1 ROOM VISITS

30

9:30 AM WELCOME TO THE DAY
9:30 AM GESSY'S PHYSIO
EXERCISES
10:15 AM NEWS AND VIEWS
WITH QUIZZES
11:00 AM 9 LETTER WORD
GAMES
12:00 PM LOCHLAN'S BUS TRIP
CHRISTMAS PICNIC LUNCH
2:00 PM POETRY
3:30 PM YOGA
4:00 PM 1-1 ROOM VISITS

31

NEW YEARS EVE CONCERT
9:30 AM WELCOME TO THE
DAY
10:30 AM NEWS AND VIEWS
WITH QUIZZES
DAVID & RICK
11:00 AM CHOIR (L2)
1:30 PM KIMBERLY'S ART
THERAPY
(LM)
1:30 PM NEW YEARS CONCERT
WITH JANE & ROY (L2)
3:00PM NEW YEAR
CELEBRATIONS
4:00 PM 1-1 ROOM VISITS

