

LEVEL 2- HOUSE 4, 5 & 6



**LIBRARY SERVICES
AVAILABLE**

CALENDARS CAN BE TRANSLATED IN OTHER LANGUAGE

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1 PUBLIC HOLIDAY
NEW YEARS DAY
9:30 AM MORNING TV SHOWS
10:30 AM MUSIC MELODIES
11:00 AM PAMPERING
1:30 PM GARDEN WALKS
3:00 PM MOVIE MATINEE
6:00 PM NEW YEAR MOVIE

2
9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS WITH QUIZZES
11:00 AM SINGALONGS
2:00 PM ZUMBA GOLD
3:00 PM HAPPY HOUR
3:15 PM LOCHLAN'S FRIDAY FIESTA (L4)
4:00 PM 1-1 ROOM VISITS

3
9:30 AM MORNING TV SHOWS
10:30 AM MEMORY LANE REMINSCING
11:00 AM IN CHAIR EXERCISES (VIA YOUTUBE)
1:30 PM MUSIC & INSTRUMENTS (WITH GIA (L1))
2:00 PM MOVIE MATINEE
3:00 PM FLOOR OR BALLOON GAMES WITH GIA (L3)
6:00 SATURDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

4
9:30 AM LIVESTREAM CHURCH MASS (BY REQUEST)
10:00 AM COFFEE AND CHAT
11:00 AM GARDEN WALKS
2:00 PM MOVIE MATINEE
3:30 PM MUSIC MELODIES (VIA YOUTUBE)
6:00 PM SUNDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

5 EMERALD HILL
AFTERNOON TEA
9:30 AM WELCOME TO THE DAY
10:15 AM NEWS AND VIEWS
11:15 AM IN CHAIR EXERCISES
2:00 PM EMERALD HILL AFTERNOON TEA (BOARDROOM)
3:15 PM BINGO
4:00 PM 1-1 ROOM VISITS

6
9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'SPHYSIO
10:30 AM NEWS AND VIEWS WITH QUIZZES
11:00 AM MUSIC APPRECIATION 
12:00 PM RACHEL'S BUS TRIP (ROSTOWN HOTEL)
2:00 PM MASTERCHEF (CREME BRULEE)
2:45 PM YOGA (L1)
3:15 PM CREATIVE ARTS
4:00 PM 1-1 ROOM VISITS

7 **GREEK MASS**
9:30 AM WELCOME TO THE DAY
10:15 AM ZUMBA GOLD
11:00 AM CHOIR
11:00 AM GREEK COMMUNION (1-1 ROOM VISITS)
1:30 PM KIMBERLY'S ART THERAPY (LM)
2:00 PM TOMMY'S SINGALONGS AND HIGH TEA (L1)
2:00 PM COMMUNITY OR INDOOR /OUTDOOR WALKING
3:00 PM KNITTING GROUP
4:00 PM 1-1 ROOM VISITS
4:00 PM OYSTER BAR (BOARDROOM)

8 **CATHOLIC MASS**
9:30 AM GESSY'S PHYSIO EXERCISES
10:30 AM CATHOLIC MASS (CINEMA)
10:30 AM NEWS AND VIEWS
11:00 AM CHOIR (L3)
11:00 AM SINGALONGS
2:00 PM MEN'S GROUP (CINEMA)
2:00 PM PAMPERING & MAKEOVERS WITH BUBBLES & CHEESE PLATTER
3:00 PM BALLOON OR FLOOR GAMES
4:00 PM 1-1 ROOM VISITS

9
9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS WITH QUIZZES
11:00 AM SINGALONGS
2:00 PM ZUMBA GOLD
3:00 PM HAPPY HOUR
3:15 PM LOCHLAN'S FRIDAY FIESTA (L4)
4:00 PM 1-1 ROOM VISITS

10
9:30 AM MORNING TV SHOWS
10:30 AM MEMORY LANE REMINSCING
11:00 AM IN CHAIR EXERCISES (VIA YOUTUBE)
1:30 PM CREATIVE ARTS (L2)
2:00 PM MOVIE MATINEE
3:00 PM BONUS TRIVIA WITH GIA (L4)
6:00 SATURDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

11
9:30 AM LIVESTREAM CHURCH MASS (BY REQUEST)
10:00 AM COFFEE AND CHAT
11:00 AM GARDEN WALKS
2:00 PM MOVIE MATINEE
3:30 PM MUSIC MELODIES (VIA YOUTUBE)
6:00 PM SUNDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

12 OMEGA VIOLINIST
COCKTAIL AFTERNOON
9:30 AM WELCOME TO THE DAY
10:15 AM NEWS AND VIEWS
11:00 AM SHOPPING TROLLEY
11:15 AM IN CHAIR EXERCISES
2:00 PM OMEGA VIOLINIST
3:00 PM BINGO
3:00 PM COCKTAILS AFTERNOON (L3)
4:00 PM 1-1 ROOM VISITS

13 **THE RESONANCE ROOM**
9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'SPHYSIO
10:30 AM NEWS AND VIEWS WITH QUIZZES
11:00 AM RESONANCE ROOM (CINEMA)
11:00 AM MUSIC APPRECIATION
2:00 PM MASTERCHEF (POTATO DAUPHINOISE)
2:45 PM YOGA (L1)
3:15 PM CREATIVE ARTS
4:00 PM 1-1 ROOM VISITS

14 LIFESTYLE FOCUS GROUP
MEETING
9:30 AM LIFESTYLE HUDDLE MEETING
10:15 AM ZUMBA GOLD
11:00 AM CHOIR
1:30 PM KIMBERLY'S ART THERAPY (LM)
2:00 PM TOMMY'S SINGALONGS AND HIGH TEA (L1)
12:00 PM LOCHLAN'S BUS OUTING (EMERALD HOTEL LUNCHEON)
1:30 PM LIFESTYLE FOCUS GROUP MEETING
2:00 PM COMMUNITY OR INDOOR /OUTDOOR WALKING
3:00 PM KNITTING GROUP
4:00 PM 1-1 ROOM VISITS 

15
9:30 AM GESSY'S PHYSIO EXERCISES
10:30 AM CATHOLIC MASS (CINEMA)
10:30 AM NEWS AND VIEWS
11:00 AM CHOIR (L3)
11:00 AM SINGALONGS
2:00 PM MEN'S GROUP (CINEMA)
2:00 PM PAMPERING & MAKEOVERS WITH BUBBLES & CHEESE PLATTER
3:00 PM BALLOON OR FLOOR GAMES
4:00 PM 1-1 ROOM VISITS

16
9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS WITH QUIZZES
11:00 AM SINGALONGS
2:00 PM ZUMBA GOLD
3:00 PM HAPPY HOUR
3:15 PM LOCHLAN'S FRIDAY FIESTA (L4)
4:00 PM 1-1 ROOM VISITS

17
9:30 AM MORNING TV SHOWS
10:30 AM MEMORY LANE REMINSCING
11:00 AM IN CHAIR EXERCISES (VIA YOUTUBE)
1:30 PM FLOOR GAMES WITH GIA (L1)
2:00 PM MOVIE MATINEE
3:00 PM BOARD GAMES OR TABLE WITH GIA (L3)
6:00 SATURDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

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SATURDAY

18

9:30 AM LIVESTREAM CHURCH MASS (BY REQUEST)
10:00 AM COFFEE AND CHAT
11:00 AM GARDEN WALKS
2:00 PM MOVIE MATINEE
3:30 PM MUSIC MELODIES (VIA YOUTUBE)
6:00 PM SUNDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

19

LOCHLAN'S JAPANESE EXPERIENCE

9:30 AM WELCOME TO THE DAY
10:15 AM NEWS AND VIEWS
11:15 AM IN CHAIR EXERCISES
2:00 PM BOOK CLUB (L3)
2:00 PM PAMPERING
3:00 PM BINGO
3:00 PM LOCHLAN'S JAPANESE EXPERIENCE
 (BOARDROOM)
4:00 PM 1-1 ROOM VISITS

20

9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'SPHYSIO
10:30 AM NEWS AND VIEWS WITH QUIZZES
11:00 AM MUSIC APPRECIATION
1:30 PM RACHEL'S BUS TRIP (SACRED HEART MISSION)
 2:00 PM MASTERCHEF (CHOCOLATE PUDDING)
2:45 PM YOGA (L1)
3:15 PM CREATIVE ARTS
4:00 PM 1-1 ROOM VISITS

21

AUSTRALIA DAY CONCERT

9:30 AM WELCOME TO THE DAY
10:15 AM ZUMBA GOLD
11:00 AM CHOIR
1:30 PM KIMBERLY'S ART THERAPY (LM)
1:30 PM AUSTRALIA DAY CONCERT (L1)
2:00 PM COMMUNITY OR INDOOR /OUTDOOR WALKING
3:00 PM KNITTING GROUP
4:00 PM 1- 1 ROOM VISITS
4:00 PM OYSTER BAR (BOARDROOM)

22

9:30 AM GESSY'S PHYSIO EXERCISES (1-1 ROOM VISITS)
10:30 AM CATHOLIC COMMUNION
10:30 AM NEWS AND VIEWS
11:00 AM CHOIR (L3)
11:00 AM SINGALONGS
2:00 PM MEN'S GROUP (CINEMA)
2:00 PM PAMPERING & MAKEOVERS WITH BUBBLES & CHEESE PLATTER
3:00 PM BALLOON OR FLOOR GAMES
4:00 PM 1-1 ROOM VISITS

23

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS WITH QUIZZES
11:00 AM SINGALONGS
2:00 PM ZUMBA GOLD
3:00 PM HAPPY HOUR
3:15 PM LOCHLAN'S FRIDAY FIESTA (L4)
4:00 PM 1-1 ROOM VISITS

24

9:30 AM MORNING TV SHOWS
10:30 AM MEMORY LANE REMINSCING
11:00 AM IN CHIAR EXERCISES (VIA YOUTUBE)
1:30 PM CREATIVE ARTS (L2)
2:00 PM MOVIE MATINEE
3:00 PM FLOOR GAMES WITH GIA (L4)
6:00 SATURDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

25

9:30 AM LIVESTREAM CHURCH MASS (BY REQUEST)
10:00 AM COFFEE AND CHAT
11:00 AM GARDEN WALKS
2:00 PM MOVIE MATINEE
3:30 PM MUSIC MELODIES (VIA YOUTUBE)
6:00 PM SUNDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

26

AUSTRALIA DAY PUBLIC HOLIDAY

9:30 AM MORNING TV SHOWS
10:30 AM SUNRISSES NEWS (M LIVESTREAM)
11:00 AM PAMPERING
2:00 PM SINGALONGS WITH LYRICS
3:00 PM AUSTRALIAN MOVIES
6:00 PM MOVIE NIGHT

27

9:30 AM WELCOME TO THE DAY
10:00 AM GESSY'SPHYSIO
10:30 AM NEWS AND VIEWS WITH QUIZZES
11:00 AM MUSIC APPRECIATION
2:00 PM WALKING GROUP OR WATERING GARDEN
2:45 PM YOGA (L1)
3:15 PM CREATIVE ARTS
4:00 PM 1-1 ROOM VISITS

28

FLOWER ARRANGING

9:30 AM LIFESTYLE HUDDLE MEETING
10:15 AM ZUMBA GOLD
11:00 AM CHOIR
1:30 PM KIMBERLY'S ART THERAPY (LM)
2:00 PM TOMMY'S SINGALONGS AND HIGH TEA (L1)
12:00 PM LOCHLAN'S BUS OUTING (PICNIC BUS TRIP)
2:00 PM FLOWER ARRANGING (L2 & 3)
 3:00 PM KNITTING GROUP
4:00 PM 1- 1 ROOM VISITS

29

9:30 AM GESSY'S PHYSIO EXERCISES (1-1 ROOM VISITS)
10:30 AM CATHOLIC COMMUNION
10:30 AM NEWS AND VIEWS
11:00 AM CHOIR (L3)
11:00 AM SINGALONGS
2:00 PM MEN'S GROUP (CINEMA)
2:00 PM PAMPERING & MAKEOVERS WITH BUBBLES & CHEESE PLATTER
3:00 PM BALLOON OR FLOOR GAMES
4:00 PM 1-1 ROOM VISITS

30

9:30 AM WELCOME TO THE DAY
10:00 AM NEWS AND VIEWS WITH QUIZZES
11:00 AM SINGALONGS
2:00 PM ZUMBA GOLD
3:00 PM HAPPY HOUR
3:15 PM LOCHLAN'S FRIDAY FIESTA (L4)
4:00 PM 1-1 ROOM VISITS

31

9:30 AM MORNING TV SHOWS
10:30 AM MEMORY LANE REMINSCING
11:00 AM IN CHIAR EXERCISES (VIA YOUTUBE)
1:30 PM MUSIC & INSTRUMENTS (WITH GIA (L1))
2:00 PM MOVIE MATINEE
3:00 PM FLOOR OR BALLOON GAMES WITH GIA (L3)
6:00 SATURDAY NIGHT AT THE MOVIES
NETFLIX AVAILABLE ALL DAY

