

JANUARY 2026

SOUTH PORT

***SUBJECT TO CHANGE**



LIBRARY SERVICES AVAILABLE

CALENDARS CAN BE TRANSLATED IN OTHER LANGUAGE

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1 PUBLIC HOLIDAY
NEW YEARS DAY
9:30 AM WELCOME TO DAY
10:30 AM MUSIC MELODIES
11:00 AM PAMPERING
1:30 PM GARDEN WALKS
3:00 PM MOVIE MATINEE
6:00 PM NEW YEAR MOVIE

2
9:30 AM WELCOME TO THE DAY
10:15 AM NEWS BULLETIN & QUIZZES
11:00 AM ZUMBA GOLD
2:00 PM HAPPY HOUR
3:00 PM TOMMY'S SINGALONGS
4:00 PM 1-1 ROOM VISITS

3
9:30 AM MORNING TV SHOWS
11:00 AM PAMPERING
1:30 PM FLOOR OR BALL GAMES
3:00 PM GARDEN WATERING OR WALKS
6:00 PM SATURDAY NIGHT AT THE MOVIES

4
9:30 AM LIVESTREAM CHURCH MASS (BY REQUEST)
10:00 AM RELAXATION MUSIC
11:00 AM PAMPERING
1:30 PM AFTERNOON MOVIE MATINEE
3:00 PM GARDEN WATERING OR WALKS
6:00 PM SUNDAY NIGHT AT THE MOVIES

5
9:30 AM MORNING TV SHOWS
10:30 AM SUNRISES NEWS (M LIVESTREAM)
11:00 AM PAMPERING
1:30 PM SINGALONGS WITH LYRICS
3:00 PM GREEK GROUP
4:00 PM 1-1 ROOM VISITS

6
9:30 AM WELCOME TO THE DAY
9:30 AM SUMAN'S PHYSIO EXERCISES
10:15 AM MUSIC AND MELODIES
11:00 AM GARDEN WATERING OR WALKS
2:00 PM MASTERCHEF
3:00 PM BINGO
4:00 PM 1-1 ROOM VISITS

7
9:30 AM WELCOME TO THE DAY
10:30 AM BALLOON THERAPY
11:00 AM RESIDENTS CHOICE OF ARTIST
2:00 PM ARMCHAIR TRAVEL
3:00 PM CREATIVE ARTS
4:00 PM 1-1 ROOM VISITS

8
9:30 AM WELCOME TO THE DAY
9:30 AM SUMAN'S PHYSIO EXERCISES
10:15 AM MUSICAL MELODIES
11:00 AM GARDEN WALKS
1:30 PM BUS TRIPS
3:30 PM GREEK MOVIE OR MUSIC
4:00 PM 1-1 ROOM VISITS

9
9:30 AM WELCOME TO THE DAY
10:15 AM NEWS BULLETIN & QUIZZES
11:00 AM ZUMBA GOLD
2:00 PM HAPPY HOUR
3:00 PM TOMMY'S SINGALONGS
4:00 PM 1-1 ROOM VISITS

10
9:30 AM MORNING TV SHOWS
11:00 AM PAMPERING
1:30 PM FLOOR OR BALL GAMES
3:00 PM GARDEN WATERING OR WALKS
6:00 PM SATURDAY NIGHT AT THE MOVIES

11
9:30 AM LIVESTREAM CHURCH MASS (BY REQUEST)
10:00 AM RELAXATION MUSIC
11:00 AM PAMPERING
1:30 PM AFTERNOON MOVIE MATINEE
3:00 PM GARDEN WATERING OR WALKS
6:00 PM SUNDAY NIGHT AT THE MOVIES

12 LIFESTYLE FOCUS GROUP MEETING
9:30 AM MORNING TV SHOWS
10:30 AM SUNRISES NEWS (M LIVESTREAM)
11:00 AM PAMPERING
1:00 PM LIFESTYLE FOCUS GROUP MEETING
1:30 PM SINGALONGS WITH LYRICS
3:00 PM GREEK GROUP
4:00 PM 1-1 ROOM VISITS

13
9:30 AM WELCOME TO THE DAY
9:30 AM SUMAN'S PHYSIO EXERCISES
10:15 AM MUSIC AND MELODIES
11:00 AM GARDEN WATERING OR WALKS
2:00 PM MASTERCHEF
3:00 PM BINGO
4:00 PM 1-1 ROOM VISITS

14
9:30 AM LIFESTYLE HUDDLE MEETING
10:30 AM BALLOON THERAPY
11:00 AM RESIDENTS CHOICE OF ARTIST
2:00 PM ARMCHAIR TRAVEL
3:00 PM CREATIVE ARTS
4:00 PM 1-1 ROOM VISITS

15
9:30 AM WELCOME TO THE DAY
9:30 AM SUMAN'S PHYSIO EXERCISES
10:15 AM MUSICAL MELODIES
11:00 AM GARDEN WALKS
1:30 PM BUS TRIPS
3:30 PM GREEK MOVIE OR MUSIC
4:00 PM 1-1 ROOM VISITS

16
9:30 AM WELCOME TO THE DAY
10:15 AM NEWS BULLETIN & QUIZZES
11:00 AM ZUMBA GOLD
2:00 PM HAPPY HOUR
3:00 PM TOMMY'S SINGALONGS
4:00 PM 1-1 ROOM VISITS

17
9:30 AM MORNING TV SHOWS
11:00 AM PAMPERING
1:30 PM FLOOR OR BALL GAMES
3:00 PM GARDEN WATERING OR WALKS
6:00 PM SATURDAY NIGHT AT THE MOVIES



**LIBRARY SERVICES
AVAILABLE**

CALENDARS CAN BE TRANSLATED IN OTHER LANGUAGE

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY															
18	<p>9:30 AM LIVESTREAM CHURCH MASS (BY REQUEST)</p> <p>10:00 AM RELAXATION MUSIC</p> <p>11:00 AM PAMPERING</p> <p>1:30 PM AFTERNOON MOVIE MATINEE</p> <p>3 :00 PM GARDEN WATERING OR WALKS</p> <p>6 :00 PM SUNDAY NIGHT AT THE MOVIES</p>	19	<p>9:30 AM MORNING TV SHOWS</p> <p>10:30 AM SUNRISES NEWS (M LIVESTREAM)</p> <p>11:00 AM PAMPERING</p> <p>1:30 PM SINGALONGS WITH LYRICS</p> <p>3:00 PM GREEK GROUP</p> <p>4 :00 PM 1-1 ROOM VISITS</p>	20	<p>9:30 AM WELCOME TO THE DAY</p> <p>9:30 AM SUMAN'S PHYSIO EXERCISES</p> <p>10:15 AM MUSIC AND MELODIES</p> <p>11:00 AM GARDEN WATERING OR WALKS</p> <p>2 :00 PM MASTERCHEF</p> <p>3 :00 PM BINGO</p> <p>4 :00 PM 1-1 ROOM VISITS</p>	21	<p><small>AUSTRALIA DAY CONCERT</small></p> <p>9:30 AM WELCOME TO THE DAY</p> <p>10:30 AM BALLOON THERAPY</p> <p>11:00 AM RESIDENTS CHOICE OF ARTIST</p> <p>2 :00 PM FLOOR OR BALLOON GAMES</p> <p>3 :00 PM AUSTRALIA DAY CONCERT</p> <p>4:00 PM 1-1 ROOM VISITS</p>	22	<p>9:30 AM WELCOME TO THE DAY</p> <p>9:30 AM SUMAN'S PHYSIO EXERCISES</p> <p>10:15 AM MUSICAL MELODIES</p> <p>11:00 AM GARDEN WALKS</p> <p>1:30 PM BUS TRIPS</p> <p>3 :30 PM GREEK MOVIE OR MUSIC</p> <p>4 :00 PM 1-1 ROOM VISITS</p>	23	<p>9:30 AM WELCOME TO THE DAY</p> <p>10:15 AM NEWS BULLETIN & QUIZZES</p> <p>11:00 AM ZUMBA GOLD</p> <p>2 :00 PM HAPPY HOUR</p> <p>3 :00 PM TOMMY'S SINGALONGS</p> <p>4 :00 PM 1-1 ROOM VISITS</p>	24	<p>9:30 AM MORNING TV SHOWS</p> <p>11:00 AM PAMPERING</p> <p>1:30 PM FLOOR OR BALL GAMES</p> <p>3 :00 PM GARDEN WATERING OR WALKS</p> <p>6 :00 PM SATURDAY NIGHT AT THE MOVIES</p>	25	<p>9:30 AM LIVESTREAM CHURCH MASS (BY REQUEST)</p> <p>10:00 AM RELAXATION MUSIC</p> <p>11:00 AM PAMPERING</p> <p>1:30 PM AFTERNOON MOVIE MATINEE</p> <p>3 :00 PM GARDEN WATERING OR WALKS</p> <p>6 :00 PM SUNDAY NIGHT AT THE MOVIES</p>	26	<p><small>AUSTRALIA DAY PUBLIC HOLIDAY</small></p> <p>9:30 AM MORNING TV SHOWS</p> <p>10:30 AM SUNRISES NEWS (M LIVESTREAM)</p> <p>11:00 AM PAMPERING</p> <p>1:30 PM SINGALONGS WITH LYRICS</p> <p>3:00 PM AUSTRALIAN MOVIES</p> <p>6 :00 PM MOVIE NIGHT</p>	27	<p>9:30 AM WELCOME TO THE DAY</p> <p>9:30 AM SUMAN'S PHYSIO EXERCISES</p> <p>10:15 AM MUSIC AND MELODIES</p> <p>11:00 AM GARDEN WATERING OR WALKS</p> <p>2:00 PM MASTERCHEF</p> <p>3 :00 PM BINGO</p> <p>4 :00 PM 1-1 ROOM VISITS</p>	28	<p><small>GREEK MASS</small></p> <p>9:30 AM LIFESTYLE HUDDLE MEETING</p> <p>10:30 AM BALLOON THERAPY</p> <p>11:00 AM GREEK MASS</p> <p>2 :00 PM ARMCHAIR TRAVEL</p> <p>3 :00 PM CREATIVE ARTS</p> <p>4:00 PM 1-1 ROOM VISITS</p>	29	<p>9:30 AM WELCOME TO THE DAY</p> <p>9:30 AM SUMAN'S PHYSIO EXERCISES</p> <p>10:15 AM MUSICAL MELODIES</p> <p>11:00 AM GARDEN WALKS</p> <p>1:30 PM BUS TRIPS</p> <p>3 :30 PM GREEK MOVIE OR MUSIC</p> <p>4 :00 PM 1-1 ROOM VISITS</p>	30	<p>9:30 AM WELCOME TO THE DAY</p> <p>10:15 AM NEWS BULLETIN & QUIZZES</p> <p>11:00 AM ZUMBA GOLD</p> <p>2 :00 PM HAPPY HOUR</p> <p>3 :00 PM TOMMY'S SINGALONGS</p> <p>4 :00 PM 1-1 ROOM VISITS</p>	31	<p>9:30 AM MORNING TV SHOWS</p> <p>11:00 AM PAMPERING</p> <p>1:30 PM FLOOR OR BALL GAMES</p> <p>3 :00 PM GARDEN WATERING OR WALKS</p> <p>6 :00 PM SATURDAY NIGHT AT THE MOVIES</p>
25	<p>9:30 AM LIVESTREAM CHURCH MASS (BY REQUEST)</p> <p>10:00 AM RELAXATION MUSIC</p> <p>11:00 AM PAMPERING</p> <p>1:30 PM AFTERNOON MOVIE MATINEE</p> <p>3 :00 PM GARDEN WATERING OR WALKS</p> <p>6 :00 PM SUNDAY NIGHT AT THE MOVIES</p>	26	<p><small>AUSTRALIA DAY PUBLIC HOLIDAY</small></p> <p>9:30 AM MORNING TV SHOWS</p> <p>10:30 AM SUNRISES NEWS (M LIVESTREAM)</p> <p>11:00 AM PAMPERING</p> <p>1:30 PM SINGALONGS WITH LYRICS</p> <p>3:00 PM AUSTRALIAN MOVIES</p> <p>6 :00 PM MOVIE NIGHT</p>	27	<p>9:30 AM WELCOME TO THE DAY</p> <p>9:30 AM SUMAN'S PHYSIO EXERCISES</p> <p>10:15 AM MUSIC AND MELODIES</p> <p>11:00 AM GARDEN WATERING OR WALKS</p> <p>2:00 PM MASTERCHEF</p> <p>3 :00 PM BINGO</p> <p>4 :00 PM 1-1 ROOM VISITS</p>	28	<p><small>GREEK MASS</small></p> <p>9:30 AM LIFESTYLE HUDDLE MEETING</p> <p>10:30 AM BALLOON THERAPY</p> <p>11:00 AM GREEK MASS</p> <p>2 :00 PM ARMCHAIR TRAVEL</p> <p>3 :00 PM CREATIVE ARTS</p> <p>4:00 PM 1-1 ROOM VISITS</p>	29	<p>9:30 AM WELCOME TO THE DAY</p> <p>9:30 AM SUMAN'S PHYSIO EXERCISES</p> <p>10:15 AM MUSICAL MELODIES</p> <p>11:00 AM GARDEN WALKS</p> <p>1:30 PM BUS TRIPS</p> <p>3 :30 PM GREEK MOVIE OR MUSIC</p> <p>4 :00 PM 1-1 ROOM VISITS</p>	30	<p>9:30 AM WELCOME TO THE DAY</p> <p>10:15 AM NEWS BULLETIN & QUIZZES</p> <p>11:00 AM ZUMBA GOLD</p> <p>2 :00 PM HAPPY HOUR</p> <p>3 :00 PM TOMMY'S SINGALONGS</p> <p>4 :00 PM 1-1 ROOM VISITS</p>	31	<p>9:30 AM MORNING TV SHOWS</p> <p>11:00 AM PAMPERING</p> <p>1:30 PM FLOOR OR BALL GAMES</p> <p>3 :00 PM GARDEN WATERING OR WALKS</p> <p>6 :00 PM SATURDAY NIGHT AT THE MOVIES</p>														

