

February 2026

Level 1- House 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Bus Trips 3 Feb 1:30 pm Bayside Drive (Rachel)		Church Services (10:30am) 6 Feb Anglican Mass (Cinema)				1 10:00am Morning tv shows
11 Feb NGV Gallary (Lochlan)		5 Feb Greek Communion (in-room)				11:00am Memory Lane music
18 Feb NGV Gallary (Rachel)		12 Feb Catholic mass (Cinema)				(via youtube)
25 Feb Picnic (Lochlan)		Thursday's - Catholic Communion (in-room)				2:00pm Pampering 3:00pm Garden Walks
2	3	4	5	6	7	8
9:45am Memory Lane	9:45am Music Therapy	10:15am Relaxation Music	10:30am Reminiscing Music	10:30am In-chair Exercises	10:00am Morning tv shows	10:00am Morning Tv shows
11:00am Kalani Music Therapy	11:00am Reminscing music	11:00am Zumba Gold		11:00am Music & Instruments	11:00am Memory Lane	11:00am Memory Lane music
1:30pm Violetta and Annette Singalongs (H3)	2:00pm Armchair Travel	1:00pm Puppets Alive	2:00pm Kimberly's Sensory	2:00pm Therapeutic Music	1:30pm Creative arts (L2)	2:00pm Pampering
3:00pm Pampering	3:30pm puzzles or jigsaws	3:00pm Gardening / watering	3:00pm Doll or robotic cat	3:00pm Happy Hour	3:00pm Bonus trivia (L4)	3:00pm Garden Walks
9	10	11	12	13	14	15
9:45am Memory Lane	9:45am Music Therapy	10:15am relaxation music	10:30am reminiscing music	10:30am In-chair Exercises	10:00am Morning tv shows	10:00am Morning tv shows
11:00am Kalani music therapy	11:00am Reminscing music	11:00am Zumba Gold		11:00am Music & Instruments	11:00am Memory Lane	11:00am Memory Lane
1:30pm Violetta and Annette Singalongs (H3)	2:00pm Masterchef	2:00pm Connecting with Stories	2:00pm Kimberly's Sensory	2:00pm Therapeutic Music	2:00pm reminiscing music	2:00pm Pampering
3:00pm Pampering	3:00pm puzzles or jigsaws	3:00pm Gardening / watering	3:00pm Doll or robotic cat	3:00pm Happy Hour	3:00pm music& instruments	3:00pm Garden Walks
16	17	18	19	20	21	22
9:45am Memory Lane	9:45am Music Therapy youtube	10:15am relaxation music	10:30am reminiscing music	10:30am In-chair Exercises	10:00am Morning tv shows	10:00am morning tv shows
11:00am Balloon Therapy	11:00am Reminscing music	11:00am Zumba Gold			11:00am Memory Lane	11:00am Memory Lane Music
2:00pm Violetta and Annette Singalongs (H3)	2:00pm Masterchef	2:00pm Connecting with Stories	2:00pm kimberly's sensory	11:00am Music & Instruments		
3:00pm Pampering	3:00pm puzzles or jigsaws	3:00pm Gardening / watering	3:00pm Doll or robotic cat	2:00pm Puzzles	1:30pm Floor Games (L2)	2:00pm Pampering
23	24	25	26	27	28	
10:00am Memory Lane	9:45am Music Therapy	10:15am relaxation music	10:30am reminiscing music	10:30am In-chair Exercises	10:00am Morning tv shows	
11:00am Kalani music therapy	11:00am Reminscing music	11:00am Zumba Gold		11:00am Music & Instruments	11:00am Memory Lane	
2:00pm Violetta and Annette Singalongs (H3)	2:00pm Masterchef	2:00pm connecting with stories	2:00pm Kimberly's sensory	2:00pm Therapeutic Music	1:30pm Music & Instruments	
3:00pm Pampering	3:00pm puzzles or jigsaws	3:00pm Gardening / watering	3:00pm Doll or robotic cat	3:00pm Happy Hour	3:00pm bonus trivia (L3)	

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
11:00am Bridging the Journey (Cinema)		11:00am Choir (L2)	11:00am Choir (L3)			
1:30pm Meditation (Cinema)		1:30pm Kimberly's Art Therapy (LM)	2:00pm Men's Group (Cinema)			