

# February 2026

# Level 1- House 3

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
<b>Bus Trips</b>				<b>Church Services (10:30am)</b>								<b>1</b>	
3 Feb 1:30 pm Bayside Drive (Rachel)				6 Feb Anglican Mass (Cinema)								10:00am Morning tv shows	
11 Feb NGV Gallary (Lochlan)				5 Feb Greek Communion (in-room)								11:00am Memory Lane music	
18 Feb NGV Gallary (Rachel)				12 Feb Catholic mass (Cinema)								( via youtube)	
25 Feb Picnic (Lochlan)				Thursday's - Catholic Communion (in-room)								2:00pm Pampering	
												3:00pm Garden Walks	
<b>2</b>		<b>3</b>		<b>4</b>		<b>5</b>		<b>6</b>		<b>7</b>		<b>8</b>	
9:45am	Memory Lane	9:45am	Music Therapy	10:15am	Relaxation Music	10:30am	Reminiscing Music	10:30am	In-chair Exercises	10:00am	Morning tv shows	10:00am	Morning Tv shows
11:00am	Kalani Music Therapy	11:00am	Reminscing music	11:00am	Zumba Gold			11:00am	Music & Instruments	11:00am	Memory Lane	11:00am	Memory Lane music
1:30pm	Violetta and Annette Singalongs (H3)	2:00pm	Armchair Travel	1:00pm	Puppets Alive	2:00pm	Kimberly's Sensory	2:00pm	Therapeutic Music	1:30pm	Creative arts (L2)	2:00pm	Pampering
3:00pm	Pampering	3:30pm	puzzles or jigsaws	3:00pm	Gardening / watering	3:00pm	Doll or robotic cat	3:00pm	Happy Hour	3:00pm	Bonus trivia (L4)	3:00pm	Garden Walks
<b>9</b>		<b>10</b>		<b>11</b>		<b>12</b>		<b>13</b>		<b>14</b>		<b>15</b>	
9:45am	Memory Lane	9:45am	Music Therapy	10:15am	relaxation music	10:30am	reminiscing music	10:30am	In-chair Exercises	10:00am	Morning tv shows	10:00am	Morning tv shows
11:00am	Kalani music therapy	11:00am	Reminscing music	11:00am	Zumba Gold			11:00am	Music & Instruments	11:00am	Memory Lane	11:00am	Memory Lane
						1:30pm	Valentine's day concert	2:00pm	Therapeutic Music		reminiscing music	2:00pm	Pampering
1:30pm	Violetta and Annette Singalongs (H3)	2:00pm	Masterchef	2:00pm	Connecting with Stories	2:00pm	Kimberly's Sensory	3:00pm	Happy Hour	1:30pm	music& instruments	3:00pm	Garden Walks
3:00pm	Pampering	3:00pm	puzzles or jigsaws	3:00pm	Gardening / watering	3:00pm	Doll or robotic cat			3:00pm	Floor Games (L3)		
<b>16</b>		<b>17</b>		<b>18</b>		<b>19</b>		<b>20</b>		<b>21</b>		<b>22</b>	
9:45am	Memory Lane	9:45am	Music Therapy youtube	10:15am	relaxation music	10:30am	reminiscing music	10:30am	In-chair Exercises	10:00am	Morning tv shows	10:00am	morning tv shows
11:00am	Balloon Therapy	11:00am	Reminscing music	11:00am	Zumba Gold					11:00am	Memory Lane	11:00am	Memory Lane Music
2:00pm	Violetta and Annette Singalongs (H3)	2:00pm	Masterchef	2:00pm	Connecting with Stories	2:00pm	kimberly's sensory	11:00am	Music & Instruments				
3:00pm	Pampering	2:00pm	Masterchef	3:00pm	Gardening / watering	3:00pm	Doll or robotic cat	2:00pm	Puzzles	1:30pm	Floor Games (L2)	2:00pm	Pampering
		3:00pm	puzzles or jigsaws				or Dog Therapy	3:00pm	Happy Hour	3:00pm	Creative arts (L4)	3:00pm	Garden Walks
<b>23</b>		<b>24</b>		<b>25</b>		<b>26</b>		<b>27</b>		<b>28</b>			
10:00am	Memory Lane	9:45am	Music Therapy	10:15am	relaxation music	10:30am	reminiscing music	10:30am	In-chair Exercises	10:00am	Morning tv shows		
11:00am	Kalani music therapy	11:00am	Reminscing music	11:00am	Zumba Gold			11:00am	Music & Instruments	11:00am	Memory Lane		
2:00pm	Violetta and Annette Singalongs (H3)	2:00pm	Masterchef	2:00pm	connecting with stories	2:00pm	kimberly's sensory	2:00pm	Therapeutic Music	1:30pm	Music & Instruments		
3:00pm	Pampering	3:00pm	puzzles or jigsaws	3:00pm	Gardening / watering	3:00pm	Doll or robotic cat	3:00pm	Happy Hour	3:00pm	bonus trivia ( L3 )		

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
11:00am	Bridging the Journey (Cinema)			11:00am	Choir (L2)	11:00am	Choir (L3)						
1:30pm	Meditation (Cinema)			1:30pm	Kimberly's Art Therapy (LM)	2:00pm	Men's Group (Cinema)						