

April 2026

LIFESTYLE CALENDAR

Level 1- House 1 & 2

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
Bus Trips 1st April Rachel's bus trip 8th April Lochlan's bus trip 14th April Rachel's bus trip 22nd April Lochlan's bus trip 28th April Rachel's bus trip		Church Service 9th April Catholic Mass 2nd April Greek Mass Holy Communion Every Thursday in room Service		1 10:15am News & views 11:00am Zumba Gold (H3) 2:00pm Giselle's Singalongs 3:00pm Walking Group 4:00pm Oyster Bar Boardroom		2 10:00am Gessy's physio (L2) 10:15am News & views 11:15am Zumba Gold 2:45pm Singalongs with Lyrics		3 PUBLIC HOLIDAY 10:00am Morning TV shows 10:30am Music Melodies 11:00am Garden walks 2:00pm Easter Movie 3:00pm Happy Hour 3:30pm Documentries		4 10:00am Morning TV shows 10:30am Memory Lane 11:00am Garden walks 1:30pm Pampering 3:00pm Movie Matinee		5 Easter 10:00am Livestream church 10:30am Morning chat groups 11:00am Walking groups 2:00pm Pampering 3:30pm Movie Matinee	
6 PUBLIC HOLIDAY		7		8		9		10		11		12	
10:00am Morning TV shows 10:30am Reminiscing Music 11:00am Coffee & chat 1:30pm Buddy Holly (L2) 3:30pm Movie Matinee		10:00am Gessy's Physio (L2) 10:15am News & views 11:00am In chair exercises 2:00pm Masterchef 2:45pm Yoga		10:15am News & views 11:00am Zumba Gold (H3) 2:00pm Giselle's Singalongs 3:00pm Café Visits		10:00am Gessy's physio (L2) 10:15am News & views 11:15am Zumba Gold 2:45pm Singlaongs with Lyrics		10:00am News & views 10:45am Music Melodies via (youtube) 2:00pm Floor games 3:00pm Happy Hour		10:00am Morning TV shows 10:30am Memory Lane 11:00am Garden walks 1:30pm Music & Instro (L1) 3:00pm Creative arts (L3)		10:00am Livestream church 10:30am Morning chat groups 11:00am walking groups 2:00pm Pampering 3:30pm Movie Matinee	
13		14		15		16		17		18		19	
10:00am New & views 10:30am Music & Instruments 1:30pm Violetta & Anette Singalongs 3:00pm Bingo		10:00am Gessy's Physio (L2) 10:15am News & views 11:00am In chair exercises 2:00pm Masterchef 2:45pm Yoga		10:15am News & views 11:00am Zumba Gold 2:00pm Giselle's singalongs 3:00pm Walking group 4:00pm Oyster Bar Boardroom		10:00am Gessy's physio (L2) 10:15am News & views 11:15am Zumba Gold 2:45pm Singalongs with Lyrics		10:00am News & views 10:30am Music Melodies via (youtube) 2:00pm Floor games 3:00pm Happy Hour		10:00am Morning TV shows 10:30am Memory Lane 11:00am Garden walks 1:30pm Music & instro (L2) 3:00pm Bonus Trivia (L4)		10:00am Livestream church 10:30am Morning chat groups 11:00am walking groups 2:00pm Pampering 3:30pm Movie Matinee	
20		21		22		23		24		25 ANZAC DAY		26	
10:00am New & views 10:30am Music & Instruments 1:30pm Violetta & Anette Singalongs 3:00pm Bingo		10:00am Gessy's Physio (L2) 10:15am News & views 11:00am In chair exercises 2:00pm Masterchef 2:45pm Yoga		10:15am News & views 11:00am Zumba Gold 2:00pm Giselle's singalongs 3:00pm Café Visits		10:00am Gessy's physio (L2) 10:15am News & views 11:15am Zumba Gold 2:45pm Singalongs with Lyrics		10:00am News & views 10:30am Music Melodies (via youtube) 1:30pm Anzac Day Concert 3:00pm Happy Hour		10:00am Morning TV shows 10:30am Music Melodies 11:00am one minute silence 2:00pm Anzac Documentary 3:30pm Movie Matinee		10:00am Livestream church 10:30am Morning chat groups 11:00am walsking groups 2:00pm Pampering 3:30pm Movie Matinee	
27		28		29		30							
10:00am News & views 10:30am Music appreciation 1:30pm Violetta & Anette Singalong 3:00pm Bingo		10:00am Gessy's physio (L2) 10:15am News & views 11:00am in chair exercise 2:00pm Masterchef 2:45pm Yoga		10:15am News & views 11:00am Zumba Gold 2:00pm Giselle's singalongs 3:00pm alking group 4:00pm Oyster Bar Boardroom		10:00am Gessy's physio (L2) 10:15am News & views 11:15am Zumba Gold 2:45pm Singalongs with Lyrics							
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
11:00am Bridging gap cinema 1:30pm Meditation cinema 2:00pm OmegaViolinist (L2)		10:00am Gessy's physio (L2) 3:30pm Yoga (L3)		11:00am Choir (L2) 1:30pm Kimberly art (LM)		10:15am Intergenerational Program (L3) 11:00am Choir (L3)		3:15pm Friday Fiesta		1:30pm floor Games (L2) 3:00pm Creative Arts (L3)			