

# April 2026

# LIFESTYLE CALENDAR

# Level 1- House 3

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
<b>Bus Trips</b> 1st April Rachel's bus trip 8th April Lochlan's bus trip 14th April Rachel's bus trip 22nd April Lochlan's bus trip 28th April Rachel's bus trip		<b>Church Services</b> 9th April Catholic Mass 2nd April Greek Mass Holy Communion Every Thursday In Room Services		<b>1</b> 10:15am Relaxation Music 11:00am Zumba Gold 1:00pm Puppets Alive 3:00pm Gardening/watering	<b>2</b> 10:30am Reminiscing Music 2:00pm Kimberly's sensory Art Therapy 3:00pm Doll or Robotic Therapy	<b>3</b> <b>GOOD FRIDAY</b> 10:00am Livestream mass 10:30am Music Melodies 11:00am Garden walks 2:00pm Easter Movie 3:00pm Happy Hour 3:30pm Documentries	<b>4</b> 10:00am Morning TV shows 10:30am Music Melodies ( via ( youtube ) 1:30pm Garden Walks 3:00pm Movie Matinee	<b>5</b> <b>EASTER</b> 10:00am Livestream mass 10:30am Morning TV shows 11:00am Morning Melodies 2:00pm Pampering 3:30pm Easter Movies					
<b>6 PUBLIC HOLIDAY</b>		<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>						
10:00am Morning TV shows 10:30am Musical melodies 11:00am coffee & chat 1:30pm Buddy Holly ( L2 ) 3:30pm Movie Matinee	9:45am Music Therapy 11:00am Reminiscing Music 2:00pm Masterchef 3:30pm Puzzles or Jigsaws	10:15am Relaxation Music 11:00am Zumba Gold 2:00pm Connecting with stories 3:00pm Gardening / watering	10:30am Reminiscng Music 2:00pm Kimberly's sensory Art Therapy 3:00pm Doll or Robotic Therapy	10:30am In chair exercise 11:00am Music & instruments 2:00pm Therapeutic Music 3:00pm Happy Hour	10:00am Morning TV shows 10:30am Music Melodies (via youtube ) 1:30pm Music & Instro ( L1 ) 3:00pm Creative Arts ( L3 )	10:00am Morning TV shows 10:30am Memory Lane 2:00pm Pampering 3:30pm Garden walks							
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>							
09:45am Memory Lane 11:00am Music Therapy 1:30pm Violetta and Anette singalongs 3:00pm Pampering	9:45am Music Therapy 11:00am Reminiscing Music 2:00pm Masterchef 3:30pm Puzzles or Jigsaws	10:15am Relaxation Music 11:00am Zumba Gold 2:00pm Connecting with stories 3:00pm Gardening / watering	10:30am Reminiscing Music 2:00pm Kimberly's sensory Art Therapy 3:00pm Doll or Robotic Therapy	10:30am In Chair exercises 11:00am Music & Instruments 2:00pm Therapeutic Music 3:00pm Happy Hour	10:00am Morning Tv shows 10:30am Music Melodies via ( Youtube ) 1:30pm Music& Instro (L2) 3:00pm Bonus Trivia ( L4 )	10:00am Morning TV shows 10:30am Memory Lane 2:00pm Pampering 3:30pm Garden walks							
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25 ANZAC DAY</b>	<b>26</b>							
09:45am Memory Lane 11:00am Music Therapy 1:30pm Violetta and Anette singalongs 3:00pm Pampering	09:45am Music Therapy 11:00am Reminiscing Music 2:00pm Masterchef 3:30pm Puzzles or Jigsaws	10:15am Relaxation Music 11:00am Zumba Gold 2:00pm Connecting with stories 3:00pm Gardening / watering	10:30am Reminiscing Music 2:00pm Kimberly's sensory Art Therapy 3:00pm Doll or Robotic Therapy	10:30am In chair exercise 11:00am Music & Instruments 2:00pm Therapeutic Music 3:30pm Happy Hour	10:00am Morning shows Anzac Procession tv 11:00am One minute silence 1:30pm Anzac Documentary 3:00pm Movie Matinee	10:00am Morning TV shows 10:30am Memory Lane 2:00pm Pampering 3:30pm Garden walks							
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>										
09:45am Memory Lane 11:00am Music Therapy 1:30pm Violetta and Anette singalongs 3:00pm Pampering	09:45am Music Therapy 11:00am Reminiscing Music 2:00pm Masterchef 3:30pm Puzzles or Jigsaws	10:15am relaxation Music 11:00am Zumba Gold 2:00pm Connectiing with stories 3:00pm Gardening / watering	10:30am Reminiscing Music 2:00pm Kimberly's sensory Art Therapy 3:00pm Doll or Robotic Therapy										
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
11:00am Bridging gaps 1:30pm Mediation (Cinema ) 2:00pm Omega violinist ( L2 )	10:00am Gessy's Physio 3:30pm Yoga ( L3 )	11:00am Choir ( L2 ) 1:30pm Kimberlys' art ( LM)	10:15am Intergenerational Program ( L3 ) 11:00am Choir ( L3 )	3:00pm Happy Hour 3:15pm Friday Fiesta ( L4)	1:30pm Floor games ( L2 ) 3:00pm Creative Arts (L3)								