

# April 2026 LIFESTYLE CALENDAR Level 3

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
<b>Bus Trips</b> 1st April Rachel's bus trip 8th April Lochlan's bus trip 14th April Rachel's bus trip 22nd April Lochlan's bus trip 28th April Rachel's bus trip		<b>Church Services</b> 9th April Catholic Mass 2nd April Greek Mass Holy Communion Every Thursday In room Services		<b>1</b> 10:30am News & views David & Rick 2:00pm Armchair travel 4:00pm Oyster Bar Boardroom		<b>2</b> 09:30am Gessy's physio 10:15am Intergenerational P 11:00am choir 1:15pm Zumba Gold 2:00pm Bingo 3:00pm Knitting		<b>3 GOOD FRIDAY</b> 10:00am Morning TV shows 10:30am Pampering 11:00am Music Melodies 2:00pm Easter Movies 3:00pm Happy Hour 3:30pm Garden walks		<b>4</b> 09:30am Morning TV shows 10:30am Memory Lane Reminiscing Music 1:30pm Movie matinee 3:00pm Garden Walks		<b>5 EASTER</b> 10:00am Livestream Mass 10:30am Morning TV shows 11:00am Pampering 2:00pm Easter Movie 3:30pm Garden walks	
<b>6 PUBLIC HOLIDAY</b>		<b>7</b>		<b>8</b>		<b>9</b>		<b>10</b>		<b>11</b>		<b>12</b>	
10:00am Morning TV shows 10:30am Musical Melodies 11:00am Pampering 1:30pm Buddy Holly ( L2 ) 3:30pm Movie Matinee		09:30am Gessy's exercises 10:15am News & views 11:00am word Games 2:00pm Gardening 3:30pm yoga		10:30am News & views David & Rick 2:00pm Masterchef 3:15pm Walking group		09:30am Gessy's physio 10:15am News & views 11:00am choir 1:15pm Zumba Gold 2:00pm Bingo 3:00pm Knitting		10:00am News & views 10:30am Quizzes /word Games 2:00pm Floor games 3:00pm Happy Hour		09:30am Morning TV shows 10:30am Memory Lane Reminiscing Music 1:30pm Music & Instro ( L1 ) 3:00pm Creative arts ( L3 )		10:00am Livestream Mass 10:30am Morning TV shows 11:00am Pampering 2:00pm Movie Matinee 3:30pm Garden walk	
<b>13</b>		<b>14</b>		<b>15</b>		<b>16</b>		<b>17</b>		<b>18</b>		<b>19</b>	
10:00am News & views 10:30am Word Games 11:00am in Chair exercises 2:00pm Hollywood Collections 3:30pm Café visits		09:30am Gessy's exercises 10:15am News & views 11:00am word Games 2:00pm Armchair travel Alaska 3:30pm Yoga		10:30am News & views David & Rick 2:00pm Flower arranging 3:15pm Afternoon Tea		10:00am Gessy's physio 10:15am News & views 11:00am choir 1:15pm Zumba Gold 2:00pm Bingo 3:00pm Knitting		10:00am New & views 10:30am Quizzes /word Games 2:00pm Floor Games 3:00pm Happy Hour		09:30am Morning TV shows 10:30am Memory Lane Reminiscing Music 1:30pm Music & Instro ( L2 ) 3:00pm Bonus Trivia ( L4 )		10:00am Livestream Mass 10:30am Morning TV shows 11:00am Pampering 2:00pm Movie Matinee 3:30pm Garden walks	
<b>20</b>		<b>21</b>		<b>22</b>		<b>23</b>		<b>24</b>		<b>25 ANZAC DAY</b>		<b>26</b>	
10:00am News & views 10:30am Word Games 11:00am in Chair exercises 2:00pm Poetry 3:30pm Café visits		09:30am Gessy's exercises 10:15am News & views 11:00am word Games 2:00pm Bookclub 3:30pm yoga		10:30am News & views Davis & Rick 2:00pm Masterchef 3:15pm Walking group		09:30am Gessy's physio 10:15am News & views 11:00am choir 1:15pm Zumba Gold 2:00pm Bingo 3:00pm Knitting		10:00am News & views 10:30am Quizzes /word Games 2:00pm Floor Games 3:00pm Happy Hour		09:30am Morning TV shows 10:30am Anzac procession Tv 11:00am One minute silence 2:00pm Anzac Documentary 3:30pm Movie Matinee		10:00am Livestream Mass 10:30am Morning TV shows 11:00am Pampering 2:00pm Movie Matinee 3:30pm Garden walk	
<b>27</b>		<b>28</b>		<b>29</b>		<b>30</b>							
10:00am News & views 10:30am word Games 11:00am in Chair exercises 2:00pm Arts & crafts 3:30pm Café visits		09:30am Gessy's exercises 10:15am News & views 11:00am Word Games 2:00pm documentary 3:30pm yoga		10:30am News & views David & Rick 2:00pm Easter craft 3:15pm Walking group		09:30am Gessy's exercises 10:15am Intergenerational P 11:00am choir 1:15pm Zumba Gold 2:00pm Bingo 3:00pm Knitting							
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
11:00am Bridging Gaps 1:30pm Meditation ( Cinema ) 2:00pm Omega violinist ( L2 )		10:00am Gessy's physio 2:45pm yoga ( L1 )		11:00am Choir ( L2 ) 1:30pm Kimberly's art Therapy ( LM )		2:00pm Men's group Cinema		1:30pm Anzac Concert 24th ( L1 ) 3:15pm Friday Fiesta ( L4 )		1:30pm Floor Games ( L2 ) 3:00pm Creative Arts ( L3 )			