

April 2026 LIFESTYLE CALENDAR Level 4

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
Bus trip 1st April Rachel's bus trip		Church services 9th April Catholic Mass		1 10:30 am News & views		2 09:30am Gessy's Physio		3 GOOD FRIDAY 10:00am Livestream Mass		4 10:00am Morning TV shows		5 EASTER 10:00am Livestream Mass	
8th April Lochlan's bus trip		2nd April Greek Mass		with Quizzes		10:15am News & views		10:30am Music Melodies		10:30am Memory Lane		10:30am Musical Melodies (youtube)	
14th April Rachel's bus trip		Holy Communion		11:00am 9 Letter word games		11:00am 9 Letter word games		11:00am Garden walks		11:00am Garden walks		2:00pm Easter Movie	
22nd April Lochlan's bus trip		Every Thursday		2:00pm Floor/ Balloon Games		2:00pm ZumbaGold		2:00pm Good Friday Movie		1:30pm Movie Matinee		3:30pm Pampering	
28th April Rachel's bus trip		In room services		4:00pm Oyster Bar (boardroom)		3:30pm Footy Tipping		3:00pm Happy hour		3:00pm Pampering			
								3:30pm Documentary Easter					
6 PUBLIC HOLIDAY		7		8		9		10		11		12	
10:00am Morning TV shows		09:30am Gessy's Physio		10:30am News & views		09:30am Gessy's Physio		10:00am News & Views		10:00am Morning TV shows		10:00am Livestream Mass	
10:30am Musical Melodies		10:15am News & views		with Quizzes		10:15am News & views		with quizzes		10:30am Memory Lane		10:30am Musical Melodies (youtube)	
11:00am pampering		11:00am 9 Letter wod games		11:00am 9 Letter word games		11:00am 9 Letter word games		11:00am 9 Letter word games		11:00am Garden walks		2:00pm Movie Matinee	
1:30pm Buddy Holly (L2)		2:00pm Bingo		2:00pm Armchair Travel to Spain		2:00pm Zumba Gold		2:00pm Trivia		1:30pm Music & instro (L1)		3:30pm Pampering	
3:30pm Movie Matinee		3:15pm Music appreciation				3:30pm Footy Tipping		3:00pm Happy hour		3:00pm Creative arts (L3)			
								3:15pm Friday Fiesta					
13		14		15		16		17		18		19	
10:00am News & views		09:30am Gessy's Physio		10:30am News & views		09:30am Gessy's Physio		10:00am News & views		10:00am Morning TV shows		10:00am Livestream Mass	
10:30am in chair exercises		10:15am News & views		with Quizzes		10:15am News & views		with quizzes		10:30am Memory Lane		10:30am Musical Melodies (youtube)	
11:00am 9 Letter word games		11:00am 9 Letter wod games		11:00am 9 Letter word games		11:00am 9 Letter word games		11:00am 9 Letter word games		11:00am Garden walks		2:00pm Movie Matinee	
2:00pm Movie Matinee		2:00pm Bingo		2:00pm Floor/ Balloon Games		2:00pm Zumba Gold		2:00pm Trivia		2:00pm Music & instro (L2)		3:30pm Pampering	
3:00pm Japanese Experience (Boardrom)		3:15pm Music appreciation		4:00pm Oyster Bar (boardroom)		3:30pm Footy Tipping		3:00pm Happy hour		3:00pm Bonus trivia (L4)			
								3:15pm Friday Fiesta					
20		21		22		23		24		25 ANZAC DAY		26	
10:00am News & views		09:30am Gessy's Physio		10:30am News & views		09:30am Gessy's Physio		10:00am News & Views		10:00am Morning TV shows		10:00am Livestream Mass	
10:30am in chair exercises		10:15am News & views		with Quizzes		10:15am News & views		with quizzes		10:30am Musical Melodies		10:30am Musical Melodies (youtube)	
11:00am 9 Letter word games		11:00am 9 Letter wod games		11:00am 9 Letter word games		11:00am 9 Letter word games		11:00am 9 Letter word games		11:00am one minute silence		2:00pm Movie Matinee	
2:00pm Masterchef		2:00pm Bingo		2:00pm Armchair Travel to England		2:00pm Zumba Gold		2:00pm Trivia		2:00pm Anzac documentary		3:30pm Pampering	
3:30pm Bonus Trivia		3:15pm Music appreciation				3:30pm Footy Tipping		3:00pm Happy hour		3:30pm Movie Matinee			
								3:15pm Friday Fiesta					
27		28		29		30							
10:00am News & views		10:00am Gessy's Physio		10:30am News & views		09:30am Gessy's Physio							
10:30am in chair exercises		10:15am News & views		with Quizzes		10:15am News & views							
11:00am 9 Letter word games		11:00am 9 Letter wod games		11:00am 9 Letter word games		11:00am 9 Letter word games							
2:00pm Classical Composer		2:00pm Bingo		2:00pm Floor/ Balloon Games		2:00pm Zumba Gold							
3:30pm Walking group		3:15pm Music appreciation		4:00PM Oyster Bar (boardroom)		3:30pm Footy Tipping							

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
11:00am Bridging gap(cinema)		10:00am Gessy's Physio (L2)		11:00am Choir (L2)		11:00am Choir (L3)		1:30pm Anzac day Concert		1:30pm Floor Games (L2)			
1:30pm Meditation (cinema)		2:45PM Yoga (L1)		4:00pm Oyster Bar (Boardroom)		2 :00pm Men's Group Cinema		24th (L 1)		3:00pm Creative Arts (L3)			
2:00pm Omega (L2)		3:30pm Yoga (L3)						3:00pm Happy Hour					