April 2026 LIFESTYLE CALENDAR South Port

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1:30pm Bus trips Every Thursdays	**1**	**2**	**3 Good Friday**	**4**	**5 Easter**
11:00am Greek mass 29th		09:30am Physio exercises 10:30am Balloon Therapy 11:00am Memory Lane 02:15pm Puppets Alive 3:30pm Creative arts	10:00am News & views 10:30am Music & melodies 11:00am Pampering 2:00pm Movie Matinee 3:30pm Documentary	10:00am Morning Tv shows 10:30am pampering 11:00am Zumba Gold 2:00pm Easter Movie 3:30pm Reminiscing Music	10:00am Morning TV shows 10:30am Pampering 11:00am Garden walks 2:00pm Table or Floor Games 3:30pm Reminiscing Music	10:00am Morning TV shows 10:30am Relaxing music 11:00am Garden walks 2:00pm Easter Movie 3:30pm Pampering
6 Public Holiday	**7**	**8**	**9**	**10**	**11**	**12**
10:00am Morning TV shows 10:30am Garden walks 11:00am Pampering 2:00pm Movie Matinee 3:00pm Buddy Holly Easter Concert	10:00am News & views 10:30am Music melodies 11:00am Garden walks 2:00pm Masterchef 3:30pm Bingo	10:00am Physio exercises 10:30am Balloon Therapy 11:00am Memory Lane 2:00pm Armchair Travel 3:30pm Creative arts	10:00am News & views 10:30am Music & melodie 11:00am Pampering 2:00pm Movie Matinee 3:30pm Documentary	10:00am News & views 10:30am Word Games/Quizzes 11:00am Zumba Gold 2:00pm Happy Hour 3:30pm Singalongs	10:00am Morning TV shows 10:30am Pampering 11:00am Garden walks 2:00pm Table or Floor Games 3:30pm Reminiscing Music	10:00am Morning TV shows 10:30am Relaxing music 11:00am Garden walks 2:00pm Afternoon Movie 3:30pm Pampering
13	**14**	**15**	**16**	**17**	**18**	**19**
09:30am Physio exercise 10:30am Sunrise News 11:00am Pampering 2:00pm Singalong 3:30pm Greek group	10:00am News & views 10:30am Music melodies 11:00am Garden walks 2:00pm Masterchef 3:30pm Bingo	10:00am Physio exercises 10:30am Balloon Therapy 11:00am Memory Lane 2:00pm Armchair Travel 3:30pm Creative arts	10:00am News & views 10:30am Music & melodies 11:00am Pampering 2:00pm Movie Matinee 3:30pm Documentary	10:00am News & views 10:30am Word Games /Quizzes 11:00am Zumba Gold 2:00pm Happy Hour 3:30pm Singalongs	10:00am Morning TV shows 10:30am Pampering 11:00am Garden walks 2:00pm Table or Floor Games 3:30pm Reminiscing Music	10:00am Morning TV shows 10:30am Relaxing music 11:00am Garden walks 2:00pm Afternoon Movie 3:30pm Pampering
20	**21**	**22**	**23**	**24**	**25 ANZAC DAY**	**26**
09:30am Physio exercises 10:30am Sunrise News 11:00am Pampering 2:00pm Singalongs 3:30pm Greek group	10:00am News & views 10:30am Music melodies 11:00am Garden walks 2:00pm Masterchef 3:30pm Bingo	10:00am Physio exercises 10:30am Balloon Therapy 11:00am Memory Lane 2:00pm Armchair Travel 3:30pm Creative arts	10:00am News & view 10:15am Intergenerational P 11:00am Pampering 2:00pm Movie Matinee 3:30pm Documentary	10:00am News & views 10:30am Word Games /Quizzes 11:00am Zumba Gold 2:00pm Happy Hour 3:00pm Anzac Day Concert	10:00am Morning TV shows 10:30am Reminiscing Music 11:00am One minute silence 2:00pm Movie Matinee 3:30pm Garden walks	10:00am Morning TV shows 10:30am Relaxing music 11:00am Garden walks 2:00pm Afternoon Movie 3:30pm Pampering
27	**28**	**29**	**30**			
10:00am Physio exercises 10:30am Sunrise News 11:00am Pampering 2:00pm Singalongs 3:30pm Greek group	10:00am News & views 10:30am Music melodies 11:00am Garden walks 2:00pm Masterchef 3:30pm Bingo	10:00am Physio exercises 10:30am Balloon Therapy 11:00am Memory Lane 2:00pm Archair Travel 3:30pm Creative arts	10:00am News & views 10:30am Music & melodies 11:00am Pampering 2:00pm Movie Matinee 3:30pm Documentary			

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