

May 2026

LIFESTYLE CALENDAR

Level 1- House 3

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
Bus Trips 6th May Lochlan's Bus Trip 12th May Rachel's Bus Trip 20th May Lochlan's Bus Trip 26th May Rachel's Bus Trip		Church Services 6th May 8th May 14th May Holy Communion		Greek Mass (Cinema) Anglican Mass (Cinema) Catholic Mass (Cinema) Thursday' In Room Service				1 10:30am In chair exercises 11:00am Music & instruments 2:00pm Therapeutic Music 3:00pm Happy Hour		2 10:00am Morning Tv shows 10:30am Music Melodies (Youtube) 1:30pm Balloon Therapy (L1) 3:00pm Arts & crafts (L3)		3 10:00am Livestream Mass 10:30am coffee & chat 11:00am Reminiscing Music 2:00pm Board or Card games 3:30pm Garden Walks	
4		5		6		7		8		9 Concert		10 Mother's Day	
09:45am Memory Lane 11:00am Balloon Therapy with Music 1:30pm Violetta & Annette Singalongs 3:00pm Bingo	9:45am Music Therapy 11:00am Reminiscing Music 2:00pm Masterchef 3:30pm Puzzles or Jigsaws	10:15am Relaxation Music 11:00am Zumba Gold 1:00pm Puppets Alive 2:00pm Giselle's singalongs 3:00pm Divisional Therapy Home Based Activities	10:00am Balloon Therapy 10:30am Reminiscing Music (via youtube) 2:00pm Kimberly's sensory 3:00pm Doll or Robotic Therapy	10:30am In chair exercises 11:00am Music & Instruments 2:00pm Therapeutic Music 3:00pm Happy Hour	10:00am Morning Tv shows 10:30am Music Melodies (youtube) 1:30pm Mother's day Concert 3:00pm Bonus Trivia (L4)	10:00am Livestream Mass 10:30am Coffee & chat 11:00am Rminiscing Music 2:00pm Pampering 3:30pm Garden Walks							
11		12 Nurses Day		13		14		15		16		17	
09:45am Memory Lane 11:00am Balloon Therapy with Music 1:30pm Resident meeting 3:00pm Bingo	9:45am Music Therapy 11:00am Nurses Day (L3) 2:00pm Masterchef 3:00pm Connecting with stories	10:15am Relaxation Music 11:00am Zumba Gold 2:00pm Giselle's singalongs 3:30pm Pampering	10:00am Balloon Therapy 10:30am Reminiscing Music (via youtube) 2:00pm Kimberly's sensory 3:00pm Doll or Robotic Therapy	10:30am In chair exercises 11:00am Music & instruments 2:00pm Therapeutic Music 3:00pm Happy Hour	10:00am Morning Tv shows 10:30am Music Melodies (Youtube) 1:30pm Balloon Games (L1) 3:00pm Bingo (L3)	10:00am Livestream Mass 10:30am Coffee & chat 11:00am Reminiscing Music 2:00pm Board or card games 3:30pm Garden Walks							
18		19		20		21		22		23		24	
09:45am Memory Lane 11:00am Balloon Therapy with Music 1:30pm Violetta & Annette Singalongs 3:00pm Bingo	09:45am Music Therapy 11:00am Reminiscing Music 2:00pm Masterchef 3:00pm Puzzles or Jigsaws	10:15am Relaxation Music 11:00am Zumba Gold 2:00pm Giselle's singalongs 3:00pm Divisional Therapy Home Based Activities	10:00am Balloon Therapy 10:30am Reminiscing Music (via youtube) 2:00pm Kinmberly's sensory 3:00pm Doll or Robotic Therapy	10:30am In chair exercises 10:30am Music & Instruments 2:00pm Therapeutic Music 3:00pm Happy Hour	10:00am Morning Tv shows 10:30am Music Melodies (youtube) 1:30pm Bingo (L2) 3:00pm Floor games (L4)	10:00am Livestream Mass 10:30am Coffee & Chat 11:00am Reminiscing Music 2:00pm Pampering 3:30pm Garden Walks							
25		26		27		28		29		30		31	
09:45am Memory Lane 11:00am Balloon Therapy with Music 1:30pm Violetta & Annette 3:00pm Singalongs Bingo	09:45am Music Therapy 11:00am Reminiscing Music 2:00pm Masterchef 3:00pm Puzzles or Jigsaws	10:15am Relaxation Music 11:00am Zumba Gold 2:00pm Giselle's singalongs 3:00pm Pampering	10:00am Balloon Therapy 10:30am Reminiscing Music (youtube) 2:00pm Kimberly's sensory 3:00pm Doll or Robotic Therapy	10:30am In chair exercises 11:00am Music & Instruments 2:00pm Therapeutic Music 3:00pm Happy Hour	10:00am Morning Tv shows 10:30am Music Melodies (Youtube) 1:30pm Music&movements(L1) 3:00pm Arts & crafts (L3)	10:00am Livestream Mass 10:30am Coffee & Chat 11:00am Reminiscing Music 2:00pm Board or Card games 3:30pm Garden Walks							
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
2:00pm Omega (13th L2) 3:00pm Japanese experience (Boardroom 18th)	1:30pm Vossanova Choir (L2) 2:45pm Yoga (L1) 3:30pm Yoga (L3)	11:00am Choir (L2) 1:30pm Kimberly's art (LM) 4:00pm Oyster bar 13th /27th	11:00am Choir (L3) 2:00pm Men's group Cinema	3:15pm Friday Fiesta (L4)	1:30pm Mother's day concert (L2)								