

May 2026

LIFESTYLE CALENDAR

Level 2

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
Bus Trip 6th May Lochlan's Bus Trip 12th May Rachel's Bus Trip 20th May Lochlan's Bus Trip 26th May Rachel's Bus Trip		Church Services 6th May Greek Mass (Cinema) 8th May Anglican Mass (Cinema) 14th May Catholic Mass (Cinema) Holy Communion Every Thursday's(in room) Sevice						1 10:00am News & views with quizzes 11:00am Singalongs 2:00pm Zumba Gold 3:00pm Happy Hour		2 10:00am Morning Tv shows 10:30am Memory Lane 11:00am Pampering 1:30pm Balloon Therapy (L3) 3:00pm Arts & crafts (L3)		3 10:00am Livestream Mass 10:30am Morning Tv shows 11:00am Garden Walks 2:00pm Card or board games 3:30pm Footy match of day	
4 10:00am News & views 10:30am Music & Melodies 11:00am Kalani Music Therapy 2:00pm Music Therapy 3:00pm Armchair Travel		5 10:00am Gessy's Physio 10:30am News & views 11:00am Music appreciation 2:00pm Bingo 3:30pm Café visits		6 10:15am Zumba Gold 11:00am Choir 2:00pm Balloon Therapy 3:00pm Masterchef		7 10:00am Gessy's Physio 10:30am News & views 11:00am Singalongs 2:00pm Pampering /Makeover 3:00pm Knitting Group		8 10:00am News & views with quizzes 11:00am Singalongs 2:00pm Zumba Gold 3:00pm Happy Hour		9 Concert 10:00am Morning Tv shows 10:30am Memory Lane 11:00am Pampering 1:30pm Mother's day concert 3:00pm Bonus Trivia (L4)		10 Mother's Day 10:00am Livestream Mass 10:30am Morning Tv shows 11:00am Garden Walks 2:00pm Card /board games 3:30pm Moher's day Movie	
11 10:00am News & views 10:30am Music & Melodies 11:00am Kalani Music Therapy 2:00pm Omega Violinist 3:00pm Armchair Travel		12 Nurse's Day 10:00am Gessy's Physio 10:15am Nurse's Day (L3) 11:00am Music appreciation 1:30pm Resident Meeting 3:30pm Documentary		13 10:15am Zumba Gold 11:00am Choir 2:00pm Balloon Therapy 3:00pm Masterchef 4:00pm Oyster Bar Boardroom		14 10:00am Gessy's Physio 10:30am News & views 11:00am Singalongs 2:00pm Pampering / Makeover 3:00pm Knitting Group		15 10:00am News & views with quizzes 11:00am Singalongs 2:00pm Zumba Gold 3:00pm Happy Hour		16 10:00am Morning Tv shows 10:30am Memory Lane 11:00am Pampering 1:30pm Balloon games (L1) 3:00pm Bingo (L3)		17 10:00am Livestream Mass 10:30am Morning Tv shows 11:00am Garden Walks 2:00pm Card /board games 3:30pm Footy match of the day	
18 10:00am News & views 10:30am Music & Melodies 11:00am Kalani Music Therapy 2:00pm Music Therapy 3:30pm Armchair Travel		19 10:00am Gessy's Physio 10:30am News & views 11:00am Music appreciation 2:00pm Vossanova Choir 3:30pm Café Visits		20 10:15am Zumba Gold 11:00am Choir 2:00pm Balloon Therapy 3:00pm Masterchef		21 10:00am Gessy's Physio 10:30am News & views 11:00am Singalongs 2:00pm Pampering / Makeover 3:00pm Knitting Group		22 10:00am News & views with quizzes 11:00am Singalongs 2:00pm Zumba Gold 3:00pm Happy Hour		23 10:00am Morning Tv shows 10:30am Memory Lane 11:00am Pampering 1:30pm Bingo (L2) 3:00pm Floor Games (L4)		24 10:00am Livestream Mass 10:30am Morning Tv shows 11:00am Garden Walks 2:00pm Card /board games 3:30pm Footy match of the day	
25 10:00am News & views 10:30am Music & Melodies 11:00am Kalani Music Therapy 2:00pm Music Therapy 3:30pm Armchair Travel		26 10:00am Gessy's Physio 10:30am News & views 11:00am Music appreciation 2:00pm Bingo 3:30pm Documentary		27 10:15am Zumba Gold 11:00am Choir 2:00pm Balloon Therapy 3:00pm Masterchef 4:00pm Oyster Bar Boardroom		28 10:00am Gessy's Physio 10:30am News & views 11:00am Singalongs 2:00pm Pampering / Makeover 3:00pm Knitting		29 10:00am News & views with quizzes 11:00am Singalongs 2:00pm Zumba Gold 3:00pm Happy Hour		30 10:00am Morning Tv shows 10:30am Memory Lane 11:00am Pampering 1:30pm Music & movement L1 3:00pm Arts & crafts (L3)		31 10:00am Livestream Mass 10:30am Morning Tv shows 11:00am Garden Walks 2:00pm Card /board games 3:30pm Footy match of the day	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
2:00pm	Omega (11th (L2)	1:30pm	Vossanova Choir(L 2)	1:30pm	Kimberly's art (LM)	11:00pm	Choir (L3)						
3:00pm	Japanese experience (Boardroom 18th)	2:45pm	yoga (L1)	4 :00pm	Oyster Bar 13th /27th	2:00pm	Men's Group (cinema)	3:15pm	Friday Fiesta (L4)	1:30pm	Mother's day concert (L2)		