

May 2026

LIFESTYLE CALENDAR

Level 3

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
Bus Trips 6th May Lochlan's Bus Trip 12th May Rachel's Bus Trip 20th May Lochlan's Bus Trip 26th May Rachel's Bus Trip		Church Services 6th May Greek Mass (Cinema) 8th May Anglican Mass (Cinema) 14th May Catholic Mass (Cinema) Holy Communion Every Thursday's (in room Service						1 10:00am News & views 10:30am Word games or Quizzes 2:00pm Floor Games 3:00pm Happy Hour		2 10:00am Morning Tv shows 10:30am Memory Lane 11:00am Board /card Games 1:30pm Balloon Therapy (L1) 3:00pm Arts & crafts (L3)		3 10:00am Livestream Mass 10:30am Morning Tv shows 11:00am Pampering 2:00pm Movie Matinee 3:30pm Garden Walks	
4		5		6		7		8		9 Mother's day concert		10	
10:00am News & views 10:30am Word Games 11:00am In chair exercises 2:00pm Arts & crafts 3:15pm Café visit	09:30am Gessy's Physio 10:15am News & views 11:00am Word Games 2:00pm Cheese Tasting 3:30pm Yoga	10:30am News & views with Rick & David 2:00pm Masterchef 3:15pm Afternoon Tea	09:30am Gessy's Physio 10:15am News & views 11:00am Choir 2:00pm Bingo 3:00pm Knitting	10:00am News & views 10:30am Word Games or Quizzes 2:00pm Floor Games 3:00pm Happy Hour	10:00am Morning Tv shows 10:30am Memory Lane 11:00am Board /card Games 1:30pm Mother's day concert 3:00pm Bonus Trivia (L4)	10:00am Livestream Mass 10:30am Morning Tv shows 11:00am Pampering 2:00pm Movie Matinee 3:30pm Garden Walks							
11		12 Nurse's Day		13		14		15		16		17	
10:00am News & views 10:30am Word Games 11:00am Memory Lane 2:00pm Book club 3:15pm Café Visits	09:30am Gessy's Physio 10:15am International Nurse's Day 2:00pm Documentary 3:30pm Yoga	10:30am News & views with Rick & David 2:00pm Flower arranging walking Group 3:15pm	09:30am Gessy's Physio 10:15am Intergenerational P 11:00am Choir 1:30pm Resident Meeting 3:00pm Knitting	10:00am News & views 10:30am Word Games or Quizzes 2:00pm Floor Games 3:00pm Happy Hour	10:00am Morning Tv shows 10:30am Memory Lane 11:00am Board /card Games 1:30pm Balloon Games (1) 3:00pm Bingo (L3)	10:00am Livestream Mass 10:30am Morning Tv shows 11:00am Pampering 2:00pm Movie Matinee 3:30pm Garden Walks							
18		19		20		21		22		23		24	
10:00am News & views 10:30am Word Games 11:00am In chair exercises 2:00pm Poetry 3:15pm Café visits	09:30am Gessy's Physio 10:15am News & views 11:00am Word Games 2:00pm Wheel of Fortune 3:30pm Yoga	10:30am News & views with Rick & David 2:00pm Masterchef 3:30pm Afternoon Tea	09:30am Gessy's Physio 10:15am News & views 11:00am Choir 2:00pm Bingo 3:00pm Knitting	10:00am News & views 10:30am Word Games or Quizzes 2:00pm Floor Games 3:00pm Happy Hour	10:00am Morning Tv shows 10:30am Memory Lane 11:00am Board /card Games 1:30pm Bingo (L2) 3:00pm Floor Games (L4)	10:00am Livestream Mass 10:30am Morning Tv shows 11:00am Pampering 2:00pm Movie Matinee 3:30pm Garden Walks							
25		26		27		28		29		30		31	
10:00am News & views 10:30am Word Games 11:00am In chair exercises 2:00pm Art & crafts 3:15pm Café visits	09:30am Gessy's Physio 10:15am News & views 11:00am Word Games 2:00pm Documentary 3:30pm Yoga	10:30am News & views with Rick & David 2:00pm Gardening 3:30pm Walking Group	09:30am Gessy's Physio 10:15am Intergenerational P 11:00am Choir 2:00pm Bingo 3:00pm Knitting	10:00am News & views 10:30am Word Games or Quizzes 2:00pm Floor Games 3:00pm Happy Hour	10:00am Morning Tv shows 10:30am Memory Lane 11:00am Board /card Games 1:30pm Music & movement L1 3:00pm Arts & crafts (L3)	10:00am Livestream Mass 10:30am Morning Tv shows 11:00am Pampering 2:00pm Movie Matinee 3:30pm Garden Walks							
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
2:00pm Omega (11th L2) 3:00pm Japanese experience (Boardroom 18th)	10:15am Nurses day 1:30pm Vossanova Choir (L2) 2:45pm Yoga (L1)	11:00am Choir (L2 (Kemberly's art (LM) 3:00pm Oyster Bar 13th /27th	11:00am Choir (L3) 2:00pm Men's Group (Cinema)	3:15pm Friday Fiesta (L4)	1:30pm Mpther's day concert (L2)								