

June 2026 **Lifestyle Calendar** **Level 1 – House 1 and 2**

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
1		2		3		4		5		6		7	
10:00 am	News & Views	10:00 am	Music & Movement	10:00 am	News & Views	10:00 am	Word Games	10:00 am	Word Games	10:00 am	Music Melodies	10:00 am	Livestream Mass
11:00 am	Music & Instruments	11:00 am	Video Trivia	11:00 am	Zumba Gold (H3)	11:00 am	Zumba Gold	11:00 am	Music Melodies	11:00 am	Coffee & Chat	11:00 am	Pampering
2:00 pm	Word Games	2:45 pm	Yoga	2:00 pm	Singalongs	2:00 pm	Bingo	3:00 pm	Happy Hour	2:00 pm	Garden Walks	2:00 pm	TV Footy Match
8 Kings Birthday		9		10		11		12		13		14	
10:00 am	Morning TV	10:00 am	Seated Dance	10:00 am	Food Focus (boardroom)	10:00 am	Word Games	10:00 am	Word Games	10:00 am	Music Melodies	10:00 am	Livestream Mass
11:00 am	Coffee & Chat	11:00 am	Video Trivia	11:00 am	Zumba Gold (H3)	11:00 am	Zumba Gold	11:00 am	Music Melodies	11:00 am	Coffee & Chat	11:00 am	Pampering
2:00 pm	Movie Matinee	2:45 pm	Yoga	2:00 pm	Singalongs	2:00 pm	Bingo	3:00 pm	Happy Hour	2:00 pm	Garden Walks	2:00 pm	TV Footy Match
15		16		17		18		19		20		21	
10:00 am	News & Views	10:00 am	Music & Instruments	10:00 am	News & Views	10:00 am	Word Games	10:00 am	Word Games	10:00 am	Music Melodies	10:00 am	Livestream Mass
11:00 am	Music & Instruments	11:00 am	Video Trivia	11:00 am	Zumba Gold (H3)	11:00 am	Zumba Gold	11:00 am	Music Melodies	11:00 am	Coffee & Chat	11:00 am	Pampering
2:00 pm	Armchair Travel	2:45 pm	Yoga	2:00 pm	Singalongs	2:00 pm	Bingo	3:00 pm	Happy Hour	2:00 pm	Garden Walks	2:00 pm	TV Footy Match
22		23		24		25		26		27		28	
10:00 am	News & Views	10:00 am	Music & Instruments	10:00 am	News & Views	10:00 am	Word Games	10:00 am	Word Games	10:00 am	Music Melodies	10:00 am	Livestream Mass
11:00 am	Music & Instruments	11:00 am	Video Trivia	11:00 am	Zumba Gold (H3)	11:00 am	Zumba Gold	11:00 am	Music Melodies	11:00 am	Coffee & Chat	11:00 am	Pampering
2:00 pm	Word Games	2:45 pm	Yoga	2:00 pm	Singalongs	2:00 pm	Bingo	3:00 pm	Happy Hour	2:00 pm	Garden Walks	2:00 pm	TV Footy Match
29		30		Frank in Concert Friday 19 June at 2:00 pm on Level 1									
10:00 am	News & Views	10:00 am	News & Views										
11:00 am	Music & Instruments	11:00 am	Video Trivia										
2:00 pm	Word Games	2:45 pm	Yoga										
Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
		2:00 pm	Gardening Group	11:00 am	Choir (L2)	11:00 am	Choir (L3)						
				1:30 pm	Kimberly's Art Therapy (LM)	2:00 pm	Men's Group (Cinema)						
						2:00 pm	Bingo (L3)						

<p>Bus Trips</p> <p>3 June at 12 noon - Emerald Hill Hotel – see Lochlan 9 June at 1:30 pm – Stay on the Bus – see Rachel 17 June at 12 noon – Picnic – See Lochlan</p> <p>For bookings see Rachel and Lochlan</p>	<p>Church Services</p> <p>5 June at 10:30 am Anglican Mass (Cinema) 3 June at 10:30 am Greek Mass (1-1 Room Service) 4 June at 10:30 am Catholic Mass (Cinema) Holy Communion Every Thursday's (1-1 Room Service)</p>	<p>Special Experiences</p> <p>10 June at 4:00 pm Oyster Bar (Boardroom) 15 June at 2:00 pm Japanese Experience (Boardroom) 24 June at 4:00 pm Oyster Bar (Boardroom)</p> <p>For bookings see Lochlan</p>
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