For bookings see Rachel and Lochlan		

June 2026 Lifestyle Calendar Level 4

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
1		**2**		**3**		**4**		**5**		**6**		**7**	
10:00 am	Trivia	9:30 am	Exercises	10:00 am	News & Views	9:30 am	Exercises	10:00 am	Music Therapy	10:00 am	Music Melodies	10:00 am	Livestream Mass
11:00 am	9 Letter Word Game	11:00 am	9 Letter Word Game	11:00 am	9 Letter Word Game	11:00 am	9 Letter Word Game	11:00 am	9 Letter Word Game	11:00 am	Coffee & Chat	11:00 am	Pampering
2:00 pm	Seated Dance	2:00 pm	Bingo	2:00 pm	MasterChef	2:00 pm	Zumba Gold	3:00 pm	Happy Hour Friday Fiesta	2:00 pm	Garden Walks	2:00 pm	TV Footy Match
8 Kings Birthday		**9**		**10**		**11**		**12**		**13**		**14**	
10:00 am	Music Melodies	9:30 am	Exercises	10:00 am	News & Views	9:30 am	Exercises	10:00 am	Music Therapy	10:00 am	Music Melodies	10:00 am	Livestream Mass
11:00 am	Garden Walks	11:00 am	9 Letter Word Game	11:00 am	9 Letter Word Game	11:00 am	9 Letter Word Game	11:00 am	9 Letter Word Game	11:00 am	Coffee & Chat	11:00 am	Pampering
2:00 pm	Movie Matinee	2:00 pm	Bingo	2:00 pm	Armchair Travel	2:00 pm	Zumba Gold	3:00 pm	Happy Hour Friday Fiesta	2:00 pm	Garden Walks	2:00 pm	TV Footy Match
15		**16**		**17**		**18**		**19**		**20**		**21**	
10:00 am	News & Views	10:00 am	News & Views	10:00 am	News & Views	10:00 am	News & Views	10:00 am	Music Therapy	10:00 am	Music Melodies	10:00 am	Livestream Mass
11:00 am	9 Letter Word Game	11:00 am	9 Letter Word Game	11:00 am	9 Letter Word Game	11:00 am	9 Letter Word Game	11:00 am	9 Letter Word Game	11:00 am	Coffee & Chat	11:00 am	Pampering
2:00 pm	Parachute Games	2:00 pm	Bingo	2:00 pm	MasterChef	2:00 pm	Zumba Gold	3:00 pm	Happy Hour Friday Fiesta	2:00 pm	Garden Walks	2:00 pm	TV Footy Match
22		**23**		**24**		**25**		**26**		**27**		**28**	
10:00 am	News & Views	10:00 am	News & Views	10:00 am	News & Views	10:00 am	News & Views	10:00 am	Music Therapy	10:00 am	Music Melodies	10:00 am	Livestream Mass
11:00 am	9 Letter Word Game	11:00 am	9 Letter Word Game	11:00 am	9 Letter Word Game	11:00 am	9 Letter Word Game	11:00 am	9 Letter Word Game	11:00 am	Coffee & Chat	11:00 am	Pampering
2:00 pm	In-Chair Pilates	2:00 pm	Bingo	2:00 pm	Documentary	2:00 pm	Zumba Gold	3:00 pm	Happy Hour Friday Fiesta	2:00 pm	Garden Walks	2:00 pm	TV Footy Match
29		**30**											
10:00 am	News & Views	10:00 am	News & Views										
11:00 am	9 Letter Word Game	11:00 am	9 Letter Word Game										
2:00 pm	Trivia	2:00 pm	Bingo										

Frank in Concert
Friday 19 June at 2:00 pm on Level 1

		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
		2:00 pm	Gardening Group	11:00 am 1:30 pm	Choir (L2) Kimberly's Art Therapy (LM)	11:00 am 2:00 pm	Choir (L3) Men's Group (Cinema)						

Bus Trips	Church Services	Special Experiences