

3 June at 12 noon - Emerald Hill Hotel – see Lochlan 9 June at 1:30 pm – Stay on the Bus – see Rachel 17 June at 12 noon – Picnic – See Lochlan For bookings see Rachel and Lochlan	5 June at 10:30 am Anglican Mass (Cinema) 3 June at 10:30 am Greek Mass (1-1 Room Service) 4 June at 10:30 am Catholic Mass (Cinema) Holy Communion Every Thursday's (1-1 Room Service)	10 June at 4:00 pm Oyster Bar (Boardroom) 15 June at 2:00 pm Japanese Experience (Boardroom) 24 June at 4:00 pm Oyster Bar (Boardroom) For bookings see Lochlan
---	--	---

June 2026 Lifestyle Calendar South Port

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
1		2		3		4		5		6		7	
10:00 am	Reminiscing Music	10:00 am	Exercises	10:00 am	Exercises	10:00 am	Balloon Therapy	10:00 am	Intergenerational Program	10:00 am	Reminiscing Music	10:00 am	Livestream Mass
11:00 am	In-Chair Exercises	11:00 am	News & Views	11:00 am	News & Views	11:00 am	Parachute Games	11:00 am	Zumba Gold	11:00 am	Pampering	11:00 am	Garden Walks
2:00 pm	Greek Group	2:00 pm	Bingo	2:00 pm	Puppets Alive	1:30 pm	Bus Trip	3:00 pm	Happy Hour	2:00 pm	Table Games	2:00 pm	Coffee & Chat
8 Kings Birthday		9		10		11		12		13		14	
10:00 am	Music Melodies	10:00 am	Exercises	10:00 am	Exercises	10:00 am	Intergenerational Program	10:00 am	Intergenerational Program	10:00 am	Reminiscing Music	10:00 am	Livestream Mass
11:00 am	Garden Walks	11:00 am	News & Views	11:00 am	News & Views	11:00 am	In-Chair Yoga	11:00 am	Zumba Gold	11:00 am	Pampering	11:00 am	Garden Walks
2:00 pm	Greek Group	2:00 pm	Bingo	2:00 pm	Lina in Concert	1:30 pm	Bus Trip	3:00 pm	Happy Hour	2:00 pm	Floor Games	2:00 pm	Coffee & Chat
15		16		17		18		19		20		21	
10:00 am	Reminiscing Music	10:00 am	Exercises	10:00 am	Exercises	10:00 am	Balloon Therapy	10:00 am	Intergenerational Program	10:00 am	Reminiscing Music	10:00 am	Livestream Mass
11:00 am	In-Chair Exercises	11:00 am	News & Views	11:00 am	News & Views	11:00 am	Seated Dance	11:00 am	Zumba Gold	11:00 am	Pampering	11:00 am	Garden Walks
2:00 pm	Greek Group	2:00 pm	Bingo	2:00 pm	Creative Arts	1:30 pm	Bus Trip	3:00 pm	Happy Hour	2:00 pm	Table Games	2:00 pm	Coffee & Chat
22		23		24		25		26		27		28	
10:00 am	Reminiscing Music	10:00 am	Exercises	10:00 am	Exercises	10:00 am	Intergenerational Program	10:00 am	Intergenerational Program	10:00 am	Reminiscing Music	10:00 am	Livestream Mass
11:00 am	In-Chair Exercises	11:00 am	News & Views	11:00 am	News & Views	11:00 am	Music & Instruments	11:00 am	Zumba Gold	11:00 am	Pampering	11:00 am	Garden Walks
2:00 pm	Greek Group	2:00 pm	Bingo	2:00 pm	MasterChef	1:30 pm	Bus Trip	3:00 pm	Happy Hour	2:00 pm	Floor Games	2:00 pm	Coffee & Chat
29		30		Food Focus Group 12 June at 10:00am									
10:00 am	Reminiscing Music	10:00 am	Exercises										
11:00 am	In-Chair Exercises	11:00 am	News & Views										
2:00 pm	Greek Group	2:00 pm	Bingo										

Bus Trips Every Thursday at 1:30pm	Church Services 24 June at 10:30am Greek Mass
--	---