

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
				1		2		3		4		5	
				10:30 am	News & Views	9 :30 am	Exercises	10:00 am	Music Therapy	10:00 am	Music Melodies	10:00 am	Livestream M
				11:00 am	9 Letter word	11:00 am	9 Letter word	11:30 pm	9 Letter word	11:00 am	Coffee & Chat	11:00 am	Pampering
				2 :00 pm	MasterChef	2:00 pm	Zumba Gold	3:00 pm	Happy hour Friday Fiesta	2:00 pm	Garden Walks	2 00 pm	Footy Match TV
6		7		8		9		10		11		12	
10:15 am	News & Views	09:30am	Exercises	10:00 am	News & Views	09:30 am	Exercises	10:00 am	Music Therapy	10:00 am	Music Melodies	10:00 am	Livestream M
11:00 am	9 Letter word	11:00 am	9 Letter word	11:00 am	9 Letter word	11:00 am	9 Letter word	11:00 am	9 Letter word	11:00 am	Coffee & Chat	11:00 am	Pampering
2 :00 pm	In Chair Pilates	2:00 pm	Bingo	2 :00 pm	MasterChef	2:00 pm	Zumba Gold	3:00 pm	Happy Hour Friday Fiesta	2 :00 pm	Garden Walks	2 :00 pm	Footy Match TV
13		14		15		16		17		18		19	
10:15 am	News & Views	09:30 am	Exercises	10:00 am	News & Views	10:00 am	Exercises	10:00 am	Music Therapy	10:00 am	Music Melodies	10:00 am	Livestream M
11:00 am	9 Letter word	11:00 am	9 Letter word	11:00 am	9 Letter word	11:00 am	9 Letter word	11:30 pm	9 Letter word	11:00 am	Coffee & Chat	11:00 am	Pampering
1:30 pm	In Chair Yoga	2:00 pm	Bingo	2 :00 pm	MasterChef	2 :00 pm	Zumba Gold	3 00 pm	Happy Hour Friday Fiesta	2 :00 pm	Garden Walks	2:00 pm	Footy Match TV
20		21		22		23		24		25		26	
10:15 am	News & Views	09:30 am	Exercises	10:00 am	News & Views	10:00 am	News & Views	10:00 am	Music Therapy	10:00 am	Music Melodies	10:00 am	Livestream M
11:00 am	9 Letter word	11:00 am	9 Letter word	11:00 am	9 Letter word	11:00 am	9 Letter word	11:00 am	9 Letter word	11:00 am	Coffee & Chat	11:00 am	Pampering
2 :00 pm	Seated Dance	2 :00 pm	Bingo	2:00 pm	MasterChef	2 :00 pm	Zumba Gold	3:00 pm	Happy Hour Friday Fiesta	2:00 pm	Garden Walks	2 :00 pm	Footy Match Tv
27		28		29		30		31					
10:15 am	News & Views	9:30 am	Exercises	10:00 am	News & Views	10:00 am	News & Views	10:00 am	Music Therapy				
11:00 am	9 Letter word	11:00 am	9 Letter word	11:00 am	9 Letter word	11:00am	9 Letter word	11:30 pm	9 Letter word				
2 :00 pm	Parachute Games	2 :00 pm	Bingo	3 :00 pm	MasterChef	2 :00 pm	Zumba Gold	3:00pm	Happy Hour Friday Fiesta				
Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
				11:00am	Choir (L2)	11:00am	Choir (L3)						
		2 :00 pm	Gardening Group	1:30pm	Kimberly's Art Therapy (LM)	1 :30 pm	Golden Girls Concert L1						
3 :00 pm	Japanese Experience (Boardroom 13 th)	2:45 pm	Yoga (L1)	2:00 pm	Community Program	2 :00 pm	Men's Group						
		3:00 pm	Yoga (L3)	4 :00 pm	Oyster Bar 8 th	2:00 pm	Walking Group						

Bus Trips						Church Services					
1 st of July Lochlan's Bus Trip			21 st of July Rachel's Bus Trip			Greek Mass 1 st of July (1-1 room visits)					
7 th of July Rachel's Bus Trip			29 th of July Lochlan's Bus Trip			Anglican Mass 3 rd of July 10:30 am (Cinema)					
15 th of July Lochlan's Bus Trip						Catholic Mass 10 th of July 10 :30 am (Cinema)					