

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
		1		2		3		4		5 Father's Day Concert		6	Father's Day
		10:00 am	Exercises	10:15 am	Zumba Gold	10:00 am	Exercises	10:00 am	News & Views	10:00 am	Music Melodies	10:00 am	Livestream Mass
		11:00 am	News & views	11:00 am	Choir	11:00 am	News & Views	11:00 am	Singalongs	11:00 am	Coffee & Chat	11:00 am	Pampering
		2:00 pm	Bingo (L4)	2:00 pm	MasterChef	2:00 pm	Pampering/Knitting	2:00 pm 3:00 pm	Zumba Gold Happy Hour	1:30 pm	Concert (L 3)	2:00 pm	Tv Footy Match
7		8	Choir	9		10		11		12		13	
10:30 am	News & views	10:00 am	Exercises	10:15 am	Zumba Gold	10:00 am	Exercises	10:00 am	News & Views	10:00 am	Music Melodies	10:00 am	Livestream Mass
11:00 am	Seated Dance	11:00 am	Music Therapy	11:00 am	Choir	11:00 am	News & Views	11:00 am	Singalongs	11:00 am	Coffee & Chat	11:00 am	Pampering
2:00 pm	Songwriting	2:00 pm	Vassanova Choir	2:00 pm	MasterChef	2:00 pm	Pampering/Knitting	2:00 pm	Zumba Gold Happy Hour	2:00 pm	Garden Walks	2:00 pm	TV Footy Match
14 Don Mc Queen Poet		15		16	Afternoon Tea	17		18		19		20	
10:30 am	News & views	10:00 am	Exercises	10:15 am	Zumba Gold	10:00 am	Exercises	10:00 am	News & Views	10:00 am	Music Melodies	10:00 am	Livestream Mass
11:00 am	In chair Pilates	11:00 am	News & views Bingo (L4)	11:00 am	Choir	11:00 am	News & Views	11:00 am	Singalongs	11:00 am	Coffee & Chat	11:00 am	Pampering
2:00 pm	Don Mc Poetry			2:00 pm	Afternoon Tea	2:00 pm	Pampering/Knitting	2:00 pm 3:00 pm	Zumba Gold Happy Hour	2:00 pm	Garden Walks	2:00 pm	TV Footy Match
21		22		23		24		25 PUBLIC HOLIDAY		26	AFL GRAND FINAL	27	
10:30 am	News & views	10:00 am	Exercises	10:15 am	Zumba Gold	10:00 am	Exercises	10:00 am	Morning Tv Shows	10:00 am	Music Melodies	10:00 am	Livestream Mass
11:00 am	In chair yoga	11:00 am	News & views	11:00 am	Choir	11:00 am	News & Views	11:00 am	Music Melodies	11:00 am	Coffee & Chat	11:00 am	Pampering
2:00 pm	Songwriting	2:00 pm	Bingo (L4)	2:00 pm	MasterChef	2:00 pm	Pampering/Knitting	2:00 pm 3:00 pm	Zumba Gold Happy Hour	3:00 pm	AFL Match TV	2:00 pm	TV Footy Match
28		29		30									
10:30 am	News & views	10:00 am	News & views	10;15 am	Zumba Gold								
11:00 am	In chair Tai Chi	11:00 am	News & views	11:00 am	Choir								
2:00 pm	Footy Celebrations L4	2:00 pm	Songwriting	2:00 pm	MasterChef								
Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
				11:00 am	Choir (L2)	11:00 am	Choir (L3)						
		2:00 pm	Gardening Group	1:30 pm	Kimberly's Art Therapy (LM)								
11:00 am	Katani Music Therapy H3	2:45 pm	Yoga L1	2:00 pm	Community Visits	2:00 pm	Walking Group All Levels	3:00 pm	Happy Hour				
1:30 pm	Violetta H3 Singalongs	3:30 pm	Yoga L3	2:00 pm	Afternoon Tea L2 16 th								

Bus Trips	Church Services	Special Experiences
1 st September Half Moon Bay 15 th of September Tesselaar Tulip Festival 17 th of September MSAC Hydrotherapy session 29 th of September Cartier Exhibition	4 th September at 10:30 am Anglican Mass (Cinema) 2 nd September at 10:30 am Greek Mass (1-1 Room Service10 th of September at 10:30 am Catholic Mass Holy Communion Every Thursday's (1-1 Room Service)	30 th of September Oyster Bar (Boardroom) 3 rd of September Albert Park Musical Matinee 3:45 pm 14 th of September Don Mc Queen Poet L2 5 th of September Father's Day concert L3