

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
						1		2		3		4	
						10:00 am	News & views	10:00 am	News & Views	10:00 am	Music Melodies	10:00 am	Livestream Mass
						11:00 am	Choir	11:00 am	Trivia	11:00 am	Coffee & Chat	11:00 am	Pampering
						1:15 pm 2:00 pm	Zumba Gold Bingo	2:00pm 3:00 pm	Dance Therapy Happy Hour	1:30 pm	Garden Walks	2:00 pm	Afternoon Movie
5		6		7		8		9		10		11 Share & care concerts	
10:15 am	News & Views	10:15 am	News & Views	10:00 am	Music Therapy	10:00 am	News & Views	10:00 am	News & Views	10:00 am	Music Melodies	10:00 am	Livestream Mass
11:00 am	In chair Exercise	11:00 am	Trivia YouTube	1030 am	News & Views	11:00 am	Choir	11:00 am	Trivia	11:00 am	Coffee & Chat	11:00 am	Pampering
2:00 pm	Café Visits	2:00 om 3:30 pm	Knitting Group Yoga	2:00 pm	MasterChef	1:15 pm 2:00 pm	Zumba Gold Bingo	2:00pm 3:00 pm	Dance Therapy Happy Hour	2:00 pm	Garden Walks	2:00 pm	Share & care Concert
12 Melbourne Musical		13 Magic show		14 Food Focus Meeting		15		16		17		18	
10:15 am	News & views	10:15 am	News & Views	10:00 am	Food Meeting	10:15 am	Intergenerational Program Choir	10:00 am	News & Views	10:00 am	Music Melodies	10:00 am	Livestream Mass
11:00 am	Melbourne G Musical	11:00 am	Trivia YouTube	10:30 am	News & Views	11:00 am		11:00 am	Trivia	11:00 am	Coffee & Chat	11:00 am	Pampering
2:00 pm	Book Club	1:30 pm 3:30 pm	Magic show L2 Yoga	2:00 pm	MasterChef	1:15 pm 2:00 pm	Zumba Gold Bingo	2:00 pm 3:00 pm	Singalongs Happy Hour	2:00 pm	Garden Walks	2:00 pm	Afternoon Movie
19 Octoberfest		20		21 Flower Arranging		22		23		24		25	
10:15 am	Word Games	10:00 am	News & Views	10:00 am	Music Therapy	10:00 am	News & Views	10:00 am	News & views	10:00 am	Music Melodies	10:00 am	Livestream Mass
11:00 am	In-Chair Exercises	11:00 am	Trivia YouTube	11:00 am	News & Views	11:00 am	Choir	11:00 am	Trivia	11:00 am	Coffee & Chat	11:00 am	Pampering
2:00 pm	Octoberfest Celebrations	2:00pm 3:30 pm	Knitting Group Yoga	2:00 pm	Flower arranging	1:15 pm 2:00 pm	Zumba Gold Bingo	2:00pm 3:00 pm	Singalongs Happy Hour	2:00 pm	Garden Walks	2:00 pm	Afternoon Movie
26		27		28 Buddy Holly		29		30		31			
10:15 am	News & views	10:00 am	News & Views	10:00	Music Therapy	10:15 am	Intergenerational Program	10:00 am	News & views	10:00 am	Musical Melodies		
11:00 am	In chair	11:00 am	Trivia YouTube	11:00 am	News & views	11:00 am	Choir	11:00 am	Trivia	11:00 am	Coffee & chat		
2:00 pm	Café Visits	3:30 pm	Yoga	1:30 pm 2 :30 pm	Buddy H L4 MasterChef	1:15 pm 2:00 pm	Zumba Gold Bingo	2:00 pm 3:00 pm	Singalongs Happy Hour	2:00 pm	Garden Walks		
Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
		2:00 pm	Gardening	11:00 am	Choir (L2)	11:00 am	Choir (L3)						
11:00 am	Katani Music Therapy H3	2:45 pm	Yoga L1	1:30 pm	Kimberly's Art Therapy (LM)	2:00 pm	Walking Group All Levels	3:00 pm	Happy Hour			2:00 pm	Share & Care concerts (L3
1:30 pm	Violetta H3 Singalongs	3 :30 pm	Yoga I3	2:00 pm	Afternoon Tea L2 16th	2:00 pm	Men's Group Cinema	3:15 pm	Friday Fiesta Level 4				
Bus Trips					Church Services					Special Experiences			
7 th of October Picnic Bus -21 st of October Emerald Hotel 13 th of October Sacred Heart 27 th of October Morning Melodies 20 th of October Hydrotherapy pool Sessions (MSAC)					1 st of October at 10:30 am Anglican Mass (Cinema) 7 th of October at 10:30 am Greek Mass (1-1 Room Service) 8 th of October at 10:30 am Catholic Mass Holy Communion Every Thursday's (1-1 Room Service)					14 th & 28 th at 4:00 pm Oyster Bar (Boardroom) 19 th Japanese Experience (Boardroom) 13 th of October Max the Magician 1:30 pm (L2) 28 th of October Buddy Holly concert Level 4 11 th of October Share & Care Concert (L3)			