December 2026 **Lifestyle Calendar** **Level 1 – House 3**

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
		1		**2**		**3**		**4**		**5**		**6**	
		10:00 am 11:00 am 2 :00 pm	Balloon Therapy Music & instruments MasterChef	9:30 am 11:00 am 1:00 pm 2:00 pm	Sensory Connections Zumba Puppets Alive Singalongs H1	09:30 am 10:30 am 11:15 am 2:00 pm	Sensory Connections Art Therapy Zumba Gold Music therapy	9:00 am 11:00 am 1:30 pm 3:00 pm	Balloon Therapy Walking /Gardening Bus Trip Happy Hour	10:00 am 11:00 am 2:00 pm	Musical Melodies Coffee & chat Garden Walks	10:00 am 11:00 am 2:00 pm	Livestream Mass Pampering Documentary
7		**8**		**9 Christmas Party**		**10**		**11**		**12**		**13**	
10:00 am 11:00 am 1:30 pm	Music & movement Katani Music Singalong's	10:00 am 11:00 am 2:00 pm	Balloon Therapy Music & instruments MasterChef	09:30 am 11:00 am 2:00 pm	Sensory Connections Zumba Gold Christmas Party	09:30 am 11:15 am 2:00 pm	Sensory Connections Zumba Gold Kimberly's Art Therapy	9:30 am 11:00 am 1:30 pm 3:00 pm	Balloon Therapy Walking /Gardening Bus Trip Happy Hour	10:00 am 11:00 am 2:00 pm	Musical Melodies Coffee & Chat Garden Walks	10:00 am 11:00 am 2:00 pm	Livestream Mass Pampering Armchair Travel
14		**15**		**16**		**17**		**18**		**19**		**20**	
10:00 am 11:00 am 1:30 pm	Seated Dance Katani Music Singalongs	10:00 am 11:00 am 1:30 pm	Balloon Therapy Music & instruments MasterChef	09:30 am 11:00 am 2:00 pm	Sensory Connections Zumba Gold Singalongs H1	09:30 am 11:15 am 2:00 pm	Sensory connections Zumba Gold Kimberly's Art Therapy	9:30 am 11:00 am 1:30 pm 3:00 pm	Balloon Therapy Walking / Gardening Bus Trip Happy Hour	10:00 am 11:00 am 2:00 pm	Musical Melodies Coffee & Chat Garden Walks	10:00 am 11:00 am 2:00 pm	Livestream Mass Pampering Documentary
21		**22**		**23**		**24**		**25 Christmas Day**		**26 Boxing Day**		**27**	
10:00 am 11:00 am 1:30 pm	Music & movement Katani Music Singalongs	10:00 am 11:00 am 2:00 pm	Balloon Therapy Music & instruments MasterChef	09:30 am 11:00 am 2:00 pm	Sensory Connections Zumba Gold Singalongs H1	09:30 am 11:15 am 2:00 pm	Sensory Connections Zumba Gold Kimberly's Art Therapy	10:15 am 11:00 am 3:00 pm	Christmas carols Garden Walks Happy Hour	10:00 am 11:00 am 3:00 pm	Musical Melodies Coffee & Chat Garden Walks	10:00 am 11:00 am 2:00 pm	Livestream Mass Pampering Armchair Travel
28 Public Holiday		**29**		**30**		**31 New Years Concert**							
10:00 am 11:00 am 1 :30 pm	Musical Melodies Garden Walks Afternoon Movies	10:00 am 11:00 am 2:00 pm	Balloon Therapy Music instruments MasterChef	09:30 am 11:00 am 2:00 pm	Sensory Connections Zumba Gold Singalongs H1	09:30 am 11:15 am 2:00 pm	Sensory Connections Zumba Gold Kimberly's Art Therapy						

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
11:00 am 1:00 pm 1:30 pm	Katani Music H3 Library Time Cinema Violetta singalongs (H3)	2:00 pm 2:45 pm 3:30 pm	Gardening Group Yoga (L1) Yoga (L3)	11:00 am 1:30 pm	Choir (L2) Kimberly's Art Therapy (LM)	11:00 am 1:30 pm 2 :00 pm	Choir (L3) New Years Concert L2 Men's Group Cinema	3:00 pm 3:15 pm	Happy Hour Friday Fiesta (L4)				

Stay on Bus Trips

Lochlan bus trip 2nd of December

Milica's bus trip 8th of December

Lochlan Bus Trip 16th of December
Milica's bus trip 22nd of December

Church Services

4th of December at 10:30 am Anglican Mass (Cinema)
2nd of December at 10:30 am Greek Mass (1-1 Room Service

10th of December at 10:30 am Catholic Mass
Holy Communion Every Thursday's (1-1 Room Service

Special Experiences

9th of December Resident and relative Christmas parties
31st of December New year's Concert Level 2 at 1:30 pm