December 2026 **Lifestyle Calendar** **Level 2**

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
		1		**2**		**3**		**4**		**5**		**6**	
		10:00 am	Exercises	10:15 am	Zumba Gold	10:00 am	Exercises	10:00 am	News & views	10:00 am	Musical Melodies	10:00 am	Livestream Mass
		11:00 am	News & views	11:00 am	Choir	11:00 am	News & views & word games	11:00 am	Singalongs	11:00 am	Coffee & chat	11:00 am	Pampering
		2:00 pm	Walking /Gardening Group	2:00 pm	MasterChef	2:00 pm	Pampering/knitting	2:00 pm 3:00 pm	Zumba Gold Happy Hour	2:00 pm	Garden walks	2:00 pm	Afternoon Movies
7		**8**		**9 Christmas Party**		**10**		**11**		**12**		**13**	
10:30 am	News & views	10:00 am	Exercises	10:15 am	Zumba Gold	10:00 am	Exercises	10:00 am	News & Views	10:00 am	Music Melodies	10:00 am	Livestream Mass
11:00 am	Seated Dance	11:00 am	News & views	11:00 am	Choir	11:00 am	News & Views & word games	11:00 am	Singalongs	11:00 am	Coffee & chat	11:00 am	Pampering
2:00 pm	Music Therapy	2:00 pm	Walking/Gardening Group	2:00 pm	Christmas Party L3	2:00 pm	Pampering/Knitting	2:00 pm 3:00 pm	Zumba Gold Happy Hour	2:00 pm	Garden Walks	2:00 pm	Afternoon Movies
14		**15**		**16**		**17**		**18**		**19**		**20**	
10:30 am	News & views	10:00 am	Exercises	10:15 am	Zumba Gold	10:00 am	Exercises	10:00 am	News & Views	10:00 am	Music Melodies	10:00 am	Livestream Mass
11:00 am	In chair Pilates	11:00 am	News & views	11:00 am	Choir	11:00 am	News & Views & word games	11:00 am	Singalongs	11:00 am	Coffee & chat	11:00 am	Pampering
2:00 pm	Songwriting	2:00 pm	Walking/ Gardening Group	2:00 pm	MasterChef	2:00 pm	Pampering /knitting	2:00 pm 3:00 pm	Zumba Gold Happy Hour	2:00 pm	Garden Walks	2:00 pm	Afternoon Movies
21		**22**		**23**		**24**		**25 Christmas Day**		**26 Boxing Day**		**27**	
10:30 am	News & views	10:00 am	Exercises	10:15 am	Zumba Gold	10:00 am	Exercises	10:00 am	Christmas Carols	10:00 am	Music Melodies	10:00 am	Livestream Mass
11:00 am	In chair yoga	11:00 am	News & views	11:00 am	Choir	11:00 am	News & Views & word games	11:00 am	Coffee & Chat	11:00 am	Coffee & chat	11:00 am	Pampering
2:00 pm	Music Therapy	2:00 pm	Walking /Gardening Group	2:00 pm	MasterChef	2:00 pm	Pampering/Knitting	3:00 pm	Happy Hour	2:00 pm	Garden Walks	2:00 pm	Afternoon Movies
28 Public Holiday		**29**		**30**		**31 New year concert**							
10:30 am	Morning Melodies	10:00 am	Exercises	10;15 am	Zumba Gold	10 :00 am	Exercises						
11:00 am	Garden Walks	11:00 am	News & views	11:00 am	Choir	11:00 am	News & Views & word games						
2:00 pm	Afternoon Movies	2:00 pm	Walking/Gardening Group	1:30 pm	MasterChef	1:30 pm	New Year's Concert L2						

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
11:00 am	Katani Music Therapy H3			11:00 am	Choir (L2)	11:00 am	Choir (L3)						
1:00 pm	Library Time Cinema	2:00 pm	Gardening Group	1:30 pm	Kimberly's Art Therapy (LM)	2:00 pm	Men's Group Cinema						
		2:45 pm	Yoga L1					3:00 pm	Happy Hour				
1:30 pm	Violetta H3 Singalongs	3:30 pm	Yoga L3					3:15 pm	Friday Fiesta (L4)				

Stay on Bus Trips

Lochlan bus trip 2nd of December

Milica's bus trip 8th of December

Lochlan Bus Trip 16th of December

Milica's bus trip 22nd of December

Church Services

4th of December at 10:30 am Anglican Mass (Cinema)
2nd of December at 10:30 am Greek Mass (1-1 Room Service
10th of December at 10:30 am Catholic Mass
Holy Communion Every Thursday's (1-1 Room Service)

Special Experiences

9th of December Resident and relative Christmas parties
31st of December New year's Concert Level 2 at 1:30 pm