December 2026 **Lifestyle Calendar** **Level 4**

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
		1		**2**		**3**		**4**		**5**		**6**	
		10:00 am 11:00 am 2 :00 pm	News & views 9 Letter word Games Bingo	10:00 am 11:00 am 2:00 pm	News & views 9 Letter word Game MasterChef L2	9 :30 am 11:00 am 2:00 pm	Exercises 9 Letter word Game Zumba Gold	10:00 am 11:00 am 3:00 pm 3:15 pm	Music Therapy 9 Letter word games Happy Hour Friday Fiesta	10:00 am 11:00 am 2 :00 pm	Music Melodies Coffee & chat Garden Walks	10:00 am 11:00 am 2:00 pm	Livestream Mass Pampering Afternoon Movie
7		**8**		**9 Christmas Party**		**10**		**11**		**12**		**13**	
10:15 am 11:00 am 2:00 pm	News & Views 9 Letter word Games Seated Dance Exercises	10:00 am 11:00 am 2:00 pm	News & views 9 Letter word Game Bingo	10:00 am 11:00 am 2:00 pm	News & Views 9 Letter Word Game Christmas Party	9:30 am 11:00 am 2:00 pm	Exercises 9 Letter Word Game Zumba Gold	10:00 am 11:00 am 3:00 pm	Music Therapy 9 Letter Word Game Happy Hour	10:00 am 11:00 am 2:00 pm	Music Melodies Coffee & Chat Garden Walks	10:00 am 11:00 am 2:00 pm	Livestream Mass Pampering Afternoon Movie
14		**15**		**16**		**17**		**18**		**19**		**20**	
10:15 am 11:00 am 2:00 pm	News & Views 9 Letter Word Game Parachute Games	10:00 am 11:00 am 2:00 pm	News & Views 9 Letter Word Game Bingo	10:00 am 11:00 am 2:00 pm	News & Views 9 Letter Word Game MasterChef L2	09:30 am 11:00 am 2 :00 pm	Exercises 9 Letter Word Game Zumba Gold	10:00 am 11:00 am 3 :00 pm 3:15 pm	Music Therapy 9 Letter Word Game Happy Hour Friday Fiesta	10:00 am 11:00 am 2:00 pm	Music Melodies Coffee & Chat Garden Walks	10:00 am 11:00 am 2:00 pm	Livestream Mass Pampering Afternoon Movie
21		**22**		**23 Classical Composer**		**24**		**25 Christmas Day**		**26 Boxing Day**		**27**	
10:15 am 11:00 am 2:00 pm	News & Views 9 Letter Word Game In-Chair Pilates	10:00 am 11:00 am 2:00 pm	News & Views 9 Letter Word Game Bingo	10:00 am 11:00 am 2:00 pm	News & Views 9 Letter Word Game Classical Composer	9:30 am 11:00 am 2:00 pm	Exercises 9 Letter Word Game Zumba Gold	10:00 am 11:00 am 3:00 pm	Christmas Carols Garden walks Happy Hour	10:00 am 11:00 am 2:00 pm	Music Melodies Coffee & Chat Garden Walks	10:00 am 11:00 am 2:00 pm	Livestream Mass Pampering Afternoon Movie
28	**Public Holiday**	**29**		**30**		**31 New Year's Eve**							
10:15 am	Morning tv shows	10:00 am	News & Views	10:00 am	News & views	10:00 am	News & Views						
11:00 am	Garden walks	11:00 am	9 Letter Word Game	11:00 am	9 Letter Word Game	11:00 am	9 letter words Game						
2:00 pm	Coffee & chat	2:00 pm	Bingo	2:00 pm	Trivia	1:30 pm 2:00 pm	New Years concert L2 Zumba Gold						

Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
11:00 am 1 :00 pm 1:30 pm	Katani Music Library Time Cinema Violetta H3 Singalongs	2:00 pm 2:45 pm 3:30 pm	Gardening Yoga L 1 Yoga L 3	11:00 am 1:30 pm 2:00 pm	Choir (L2) Kimberly's Art Therapy (LM) Singalongs L 1	11:00 am 2 :00 pm	Choir (L3) Men's Group Cinema	3:00 pm 3:15 pm	Happy Hour All Levels Friday Fiesta		

Bus Trip
Lochlan bus trip 2nd of December
Milica's bus trip 8th of December
Lochlan Bus Trip 16th of December
Milica's bus trip 22nd of December
All stay on Bus Trips

Church Services
4th of December at 10:30 am Anglican Mass (Cinema)
2nd of December at 10:30 am Greek Mass (1-1 Room Service
10th of December at 10:30 am Catholic Mass
Holy Communion Every Thursday's (1-1 Room Service)

Special Experiences

9th of December Resident and relative Christmas parties
31st of December New year's Concert Level 2 at 1:30 pm