December 2026 **Lifestyle Calendar** **South Port**

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
		1		**2 Puppets Alive**		**3**		**4**		**5**		**6**	
		10:00 am 11:00 am	Exercises Singalongs	10:00 am 11:00 am	Exercises Memory Games	10:00 am 11:00 am	Story sharing In Chair exercises	10:00 am 11:00 am	Intergenerational Program Zumba	10:00 am 11:00 am	Reminiscing Music Pampering	11:00 am 11:00 am	Garden Walks Coffee Garden Walks
		1:30 pm 2:30 pm	Tai Chi Bingo	2:15 pm 3:00 pm	Puppets Alive Sensory play	1:30 pm	Bus Trip	2:00 pm 3:00 pm	Happy Hour Music Therapy	2:00 pm	Table Games	2:00 pm	Coffee & chat
7		**8**		**9 Catholic Mass**		**10**		**11 Christmas Party**		**12**		**13**	
10:00 am 11:00 am 2 :00 pm	Musical Melodies Pampering Greek Group	10:00 am 11:00 am 1:30 pm 2:30 pm	Exercises Singalongs Tai Chi Bingo	10:00 am 11:00 am 2 :00 pm 3:00 pm	Exercises Memory Games Catholic Mass MasterChef	10:00 am 11:00 am 1:30 pm	Balloon Therapy In chair exercises Bus Trip	10:00 am 11:00 am 2 :00 pm	Floor Games Zumba Gold Christmas Party	10:00 am 11:00 am 2:00 pm	Reminiscing Music Pampering Floor Games	10:00 am 11:00 am 2:00 pm	Livestream Mass Garden Walks Coffee & Chat
14		**15**		**16**		**17**		**18**		**19**		**20**	
10:00 am 11:00 am 2:00 pm	Musical Melodies Pampering Greek Group	10:00 am 11:00 am 1:30 pm 2:30 pm	Exercises Singalongs Tai chi Bingo	10:00 am 11:00 am 2:00 pm	Exercises Memory Games Sensory Play	10:00 am 11:00 am 1:30 pm	Story Sharing In chair exercises Bus Trip	10:00 am 11:00 am 2:00 pm 3:00 pm	Floor Games Zumba Gold Happy Hour Music Therapy	10:00 am 11:00 am 2:00 pm	Reminiscing Music Pampering Table Games	10:00 am 11:00 am 2:00 pm	Livestream Mass Garden Walks Coffee & Chat
21		**22**		**23 Greek Mass**		**24**		**25 Christmas Day**		**26 Boxing Day**		**27**	
10:00 am 11:00 am 2:00 pm	Music Melodies Pampering Greek Group	10:00 am 11:00 am 1:30 pm 2:30 pm	Exercises Singalongs Tai Chi Bingo	10:00 am 10 :30 am 10:30 am 2:00 pm	Exercises Greek Mass Memory Games MasterChef	10:00 am 11:00 am 1:30 pm	Balloon Therapy In chair exercises Bus Trip	10:00 am 11:00 am 2:00 pm	Christmas Carols Garden Walks Happy Hour	10:00 am 11:00 am 3:00 pm	Reminiscing Music Pampering Floor Games	10:00 am 11:00 am 2:00 pm	Livestream Mass Garden Walks Coffee & Chat
28 Public Holiday		**29**		**30**		**31 New Year's concert**							
10:00 am 11:00 am 2:00 pm	Music Melodies Pampering Garden Walks	10:00 am 11:00 am 1:30 pm 2:30 pm	Exercises Singalongs Tai Chi Bingo	10:00 am 10:30 am 2 :00 pm	Exercises Greek Mass Creative arts	10:00 am 11:00 am 1:30 pm 3:00 pm	Balloon Therapy In chair exercises Bus trip New year's Concert						

Bus Trips
Every Thursday's stay on Scenic bus trips

Church Services
9th of December at 2 pm Catholic Mass
23rd of December 10:30 am Greek Mass

Special Experiences
11th of December Residents and Relative Christmas party
31st of December New year's concert at 3:15 pm