November 2026 **Lifestyle Calendar** **South Port**

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
30												**1**	
10:00 am 11:00 am 3 :00 pm	Musical Melodies Pampering Greek Group											10:00 am 11:00 am 2:00 pm	Livestream Mass Garden Walks Coffee & Chat
2 Melbourne Cup Sweep		**3 Melbourne Cup Day Public Holiday**		**4**		**5**		**6 Spring Carnival Concert**		**7**		**8**	
10:00 am 11:00 am 3:00 pm	Musical Melodies Pampering Melbourne Cup Sweep	10:00 am 11:00 am 3:00 pm	Reminiscing Music Coffee & chat Melbourne Cup racers	10:00 am 11:00 am 2 :15 pm	Exercises Memory Games Puppets Alive	10:00 am 11:00 am 1:30 pm	Intergenerational Program In-Chair Yoga Bus Trip	10:00 am 11:00 am 1:30 pm 3:00 pm	Intergenerational Program Zumba Gold Golden Girls Happy Hour	10:00 am 11:00 am 2:00 pm	Reminiscing Music Pampering Floor Games	10:00 am 11:00 am 2:00 pm	Livestream Mass Garden Walks Coffee & Chat
9		**10**		**11 Catholic Mass/Meeting**		**12**		**13**		**14**		**15**	
10:00 am 11:00 am 2:00 pm 3:00 pm	Musical Melodies Pampering Greek Group	10:00 am 11:00 am 1:30 pm 2:30 pm	Exercises Singalongs Tai chi Bingo	10:00 am 11:00 am 1:30 pm 3:00 pm	Exercises Memory Games Resident Meeting Catholic Mass	10:00 am 11:00 am 1:30 pm	Balloon Therapy Seated Dance Bus Trip	10:00 am 11:00 am 2:00 pm 3:00 pm	Intergenerational Program Zumba Gold Happy Hour Music Therapy	10:00 am 11:00 am 2:00 pm	Reminiscing Music Pampering Table Games	10:00 am 11:00 am 2:00 pm	Livestream Mass Garden Walks Coffee & Chat
16		**17**		**18**		**19 AGM MEETING**		**20 VEC VOTING E/H**		**21**		**22**	
10:00 am 11:00 am 2:00 pm	Music Melodies Pampering Greek Group	10:00 am 11:00 am 1:30 pm 2:30 pm	Exercises Singalongs Tai Chi Bingo	10:00 am 10:30 am 2:00 pm	Exercises Memory Games MasterChef	10:00 am 11:00 am 1:30 pm 3:00 PM	Intergenerational Program Music & Instruments Bus Trip AGM T/Hall	10:00 am 11:00 am 2:00 pm 3:00 pm	Intergenerational Program Zumba Gold Happy Hour Music Therapy	10:00 am 11:00 am 3:00 pm	Reminiscing Music Pampering Floor Games	10:00 am 11:00 am 2:00 pm	Livestream Mass Garden Walks Coffee & Chat
23		**24**		**25 Greek Mass / Concert**		**26**		**27**		**28**		29	
10:00 am 11:00 am 2:00 pm	Music Melodies Pampering Greek Group	10:00 am 11:00 am 1:30 pm 2:30 pm	Exercises Singalongs Tai Chi Bingo	10:00 am 10:30 am 3:00 pm	Exercises Greek Mass Ron in concert	10:00 am 11:00 am 1:30 pm	Balloon Therapy Seated Dance Bus Trip	10:00 am 11:00 am 2:00 pm 3:00 pm	Intergenerational Program Zumba Gold Happy Hour Music Therapy	10:00 am 11:00 am 3:00 pm	Reminiscing Music Pampering Table Games	10:00 am 11:00 am 2:00 pm	Livestream Mass Garden Walks Coffee & chat

Bus Trips
Every Thursday's stay on Scenic bus trips

Church Services
11th of November 3 pm Catholic Mass
5th of November 10:30 am Greek Mass

Special Experiences
6th of November Spring Carnival Concert 3 pm
11th of November Resident and Relative meeting
20th of November VEC voting booth 10am to 12pm -1 pm to 4 pm Emerald Hill
19th of November AGM Meeting Temperence Hall 3 pm